

## AGENDA

### 49<sup>th</sup> Annual Symposium on Sports Medicine, February 4-6, 2022

#### Day 1: Friday, February 4, 2022

7:30am                    ***Introduction & Welcoming Remarks***  
Jesse C. DeLee, MD  
Katherine Bartush, MD

#### **SYMPOSIUM I: GENERAL SPORTS MEDICINE**

7:35                        Moderator: Jorge Gomez, MD

7:35-7:55                **Pre-participation Examination**  
Speaker: Ken O. Kenneth-Nwosa, MD, CAQSM

7:55-8:15                **Heat Illness**  
Speaker: Ramy Noche, MD

8:15-8:35                **Dental and Facial Injuries**  
Speaker: Susannah Payne, DDS

8:35-8:55                **The Diabetic Athlete**  
Speaker: Rodolfo Navarro, MD

8:55-9:15                **Asthma in the Athlete**  
Speaker: Jorge Gomez, MD

9:15-9:40                ***Panel Discussion***

**9:40-9:55                Break**

#### **SYMPOSIUM II: HEAD AND SPINE IN SPORTS**

9:55                        Moderator: Pablo Vazquez-Seoane, MD

9:55-10:15              **C-Spine Injury**  
Speaker: Christopher Chaput, MD

10:15-10:35	<b>Sports Related Concussions: Treatment Protocol</b> Speaker: Jonathan Santana, DO
10:35-10:55	<b>Chronic Traumatic Encephalopathy</b> Speaker: Jorge Gomez, MD
10:55-11:15	<b>Stingers and Burns</b> Speaker: Travis Burns, MD
11:15-11:35	<b>Lumbar Spine, Stress and Traumatic Injury</b> Speaker: Pablo Vazquez-Seoane, MD
11:35-12:00	<b>Panel Discussion</b>
<b>12:00-1:00</b>	<b>Lunch</b>
<b>ANATOMY WORKSHOPS</b>	
1:00-2:15	Moderator: Jesse C. DeLee, MD
	<b>Anatomy I – Knee</b> Speaker: Katherine Bartush, MD / Jesse DeLee, MD
	<b>Anatomy II – Foot &amp; Ankle</b> Speaker: Mark Casillas, MD
<b>2:15 pm</b>	<b>Adjourn</b>

<b><u>Day 2: Saturday, February 5, 2022</u></b>	
7:30am	<b>Welcoming Remarks</b> Jesse C. DeLee, MD
<b>SYMPOSIUM III: FOOT AND ANKLE</b>	
7:35	Moderator: Mark M. Casillas, MD
7:35-7:55	<b>Mid-Foot Injuries</b> Speaker: Katherine Bartush, MD

7:55-8:15      **Syndesmosis Injury – High Ankle Sprain**

Speaker: Thomas Hand, MD

8:15-8:35      **Achilles Tendon Pathology and Treatment**

Speaker: Mayo J. Galindo, Jr., MD

8:35-8:55      **Stress Fractures of the Lower Extremity**

Speaker: Rose Cortina, MD

8:55-9:15      **Compartment Syndromes: Acute and Chronic**

Speaker: Mark Casillas, MD

9:15-9:40      ***Panel Discussion***

**9:40-9:55      Break**

#### **SYMPOSIUM IV: THE SKELETALLY IMMATURE ATHLETE**

9:55              Moderator: Steven D. Gibbons, MD

9:55-10:15      **Lower Extremity Injuries in the Pediatric Athlete**

Speaker: Steven D. Gibbons, MD

10:15-10:35      **Lumbar Spine Injuries in the Skeletally Immature Athlete**

Speaker: Matt Landrum, MD

10:35-10:55      **Upper Extremity Injuries in the Pediatric Athlete**

Speaker: Steven D. Gibbons, MD

10:55-11:15      ***Panel Discussion***

**11:15-11:45      Lunch**

## SYMPOSIUM V: UPPER EXTREMITY

- 11:45 Moderator: Matthew Murray, MD
- 11:45-12:05 **Examination of the Shoulder**  
Speaker: Michael Loeb, MD
- 12:05-12:25 **Rotator Cuff and Slap Lesions**  
Speaker: Matthew Murray, MD
- 12:25-12:45 **Management of Injuries to the Shoulder Girdle**  
Speaker: Ian Whitney, MD

### 12:45-1:00 Break

- 1:00-1:20 **Instability of the Glenohumeral Joint**  
Speaker: Philip M. Jacobs, MD
- 1:20-1:40 **Hand Injuries in Athletes**  
Speaker: Fred G. Corley, MD
- 1:40-2:00 **Common Elbow Injuries in Athletes**  
Speaker: Bernard Morrey, MD
- 2:00-2:20 ***Panel Discussion***

### 2:20 pm Adjourn

## Day 3: Sunday, February 6, 2022

- 7:30am ***Welcoming Remarks***  
Jesse C. DeLee, MD

## SYMPOSIUM VI: LOWER EXTREMITY

- 7:35 Moderator: Travis Burns, MD
- 7:35-7:55 **Hamstring and Quadriceps Injury**  
Speaker: Caitlyn Mooney, MD

7:55-8:15      **Hip Injuries in the Athlete**  
Speaker: Travis Burns, MD

8:15-8:35      **Occupational Therapy Following Athletic Injuries to the Hand and Upper Extremity**  
Speaker: Leigh Haas, OT, CHT

8:35-8:55      ***Panel Discussion***

### **SYMPOSIUM VII: THE KNEE**

8:55              Moderator: Jesse C. DeLee, MD

8:55-9:15      **MRI of the Knee**  
Speaker: Jennifer Swart, MD

9:15-9:35      **The Meniscus**  
Speaker: W. Randall Schultz, MD, MS

9:35-9:55      **Collateral Ligament Injury**  
Speaker: John C. Pearce, MD

9:55-10:15    **Patellofemoral Joint**  
Speaker: Katherine Bartush, MD

**10:15-10:35    Break**

10:35-10:55   **Posterior Cruciate Ligament**  
Speaker: Matthew Murray, MD

10:55-11:15   **Articular Cartilage Lesions**  
Speaker: Katherine Bartush, MD

11:15-11:35   **ACL Surgery Update**  
Speaker: Brad S. Tolin, MD

11:35-12:00   ***Panel Discussion***

**12:00-12:30**

**Lunch**

**WORKSHOPS**

**12:30-2:00**

**Biomechanics in Rehabilitation**

Speaker: Renee Thiebaud, PhD, PT / Meg Jacobs, PT

**Concussions**

Speaker: Jorge Gomez, MD

Speaker: Jonathan Santana, DO

**Sports Medicine Care**

Speaker: Jesse DeLee, MD

Speaker: Mark Casillas, MD

Speaker: Katherine Bartush, MD

Speaker: John Pearce, MD

**2:00 pm**

**Adjourn**