

AGENDA

48th Annual Symposium on Sports Medicine, January 22-24, 2021

Day 1: Friday, January 22, 2021

7:30am ***Introduction & Welcoming Remarks***
Jesse C. DeLee, MD
Katherine Bartush, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

7:35 Moderator: Jorge E. Gomez, MD

7:35-7:55 **The Pre-participation Exam**
Jeremy L. Dickerson, MD

7:55-8:15 **Heat Illness**
Kenneth O. Kenneth-Nwosa, MD

8:15-8:35 **Dental and Facial Injuries**
Susannah Payne, DDS

8:35-8:55 **Sudden Cardiac Death**
Jorge E. Gomez, MD

8:55-9:15 **Injuries "That Are Not"**
Rajiv Rajani, MD

9:15-9:40 ***Panel Discussion***

9:40-9:55 Break

SYMPOSIUM: HEAD AND SPINE IN SPORTS

9:55 Moderator: John R. Seals, MD

9:55-10:15 **Chronic Traumatic Encephalopathy**
John R. Seals, MD

10:15-10:35	The Concussion Protocol Caitlyn Mooney, MD
10:35-10:55	Cervical Spine Injury Pablo Vazquez-Seoane, MD
10:55-11:15	Stingers and Burners Travis Burns, MD
11:15-11:35	Lumbar Spine: Stress and Traumatic Lesions in The Adult Christopher Chaput, MD
11:35-12:00	<i>Panel Discussion</i>
12:00-1:00	Lunch

ANATOMY WORKSHOPS

1:00-2:15	Moderator: Jesse C. DeLee, MD Anatomy I – Shoulder Philip M. Jacobs, MD Anatomy II - Hand & Elbow Fred G. Corley, MD
2:15 pm	Adjourn

Day 2: Saturday, January 23, 2021

7:30am	<i>Welcoming Remarks</i> Jesse C. DeLee, MD
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SYMPOSIUM: FOOT AND ANKLE

7:35	Moderator: Mark M. Casillas, MD
7:35-7:55	Syndesmosis Injuries: Are We Getting it Right? Katherine Bartush, MD

7:55-8:15 **Diagnosis and Treatment of Mid Foot Injuries**
Rose Cortina, MD

8:15-8:35 **Achilles Tendon Issues in the Athlete**
Mayo J. Galindo, Jr., MD

8:35-8:55 **Compartment Syndrome in Athletes**
Mark M. Casillas, MD

8:55-9:15 **Lower Extremity Stress Fracture**
Thomas Hand, MD

9:15-9:40 ***Panel Discussion***

9:40-9:55 Break

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

9:55 Moderator: Steven D. Gibbons, MD

9:55-10:15 **Knee Injuries in the Immature Athlete**
Steven D. Gibbons, MD

10:15-10:35 **Lumbar Spine Injuries in the Immature Athlete**
Matt Landrum, MD

10:35-10:55 **Foot and Ankle Injuries in the Immature Athlete**
Steven D. Gibbons, MD

10:55-11:15 ***Panel Discussion***

11:15-11:45 Lunch

SYMPOSIUM: UPPER EXTREMITY

11:45 Moderator: Matthew Murray, MD

11:45-12:05 **Examination of the Shoulder**
Philip M. Jacobs, MD

12:05-12:25 **Rotator Cuff & Slap Lesions**
Michael Loeb, MD

12:25-12:45 **AC, SC and Clavicle Injuries**
Ian Whitney, MD

12:45-1:00 Break

1:00-1:20 **Shoulder Instability**
Matthew Murray, MD

1:20-1:40 **Common Hand Injuries in Athletes**
Fred G. Corley, MD

1:40-2:00 **Elbow Injury in Sports**
Bernard Morrey, MD

2:00-2:20 ***Panel Discussion***

2:20 pm Adjourn

Day 3: Sunday, January 24, 2021

7:30am ***Welcoming Remarks***
Jesse C. DeLee, MD

SYMPOSIUM: LOWER EXTREMITY

7:35 Moderator: Jeremy Dickerson, MD

7:35-7:55 **Hamstring and Quadriceps Injury**
Jeremy Dickerson, MD

7:55-8:15 **Hip Injuries in the Athlete**
Travis Burns, MD

8:15-8:35 **Lower Extremity Biomechanics and Rehabilitation**
Marie Charpentier, PT
Nik Turner, ATC

8:35-8:55 ***Panel Discussion***

SYMPOSIUM: THE KNEE

8:55 Moderator: Jesse C. DeLee, MD

8:55-9:15 **Knee Imaging**
Jennifer E. Swart, MD

9:15-9:35 **Meniscal Injury and Repair**
John Pearce, MD

9:35-9:55 **Collateral Ligament Injury**
Peter Indelicato, MD

9:55-10:15 **Biologics in Knee Surgery**
Randall Schultz, MD

10:15-10:35 Break

10:35-10:55 **The Patellofemoral Joint**
Katherine Bartush, MD

10:55-11:15 **Posterior Cruciate Ligament**
Brad Tolin, MD

11:15-11:35 **ACL Surgery: Current Update**
Jesse C. DeLee, MD

11:35-12:00 ***Panel Discussion***

12:00-12:30 Lunch

WORKSHOPS

12:30-2:00

Biomechanics in Rehabilitation

K. Renee Thiebaud, DPT

Meg Jacobs, PT

Concussions

John R. Seals, MD

Rodolfo Navarro, MD

Sports Medicine Care

Jesse C. DeLee, MD

Mark M. Casillas, MD

John Pearce, MD

Katherine Bartush, MD

2:00 pm

Adjourn