

47TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

UT Health San Antonio (Main Campus), San Antonio, Texas
January 24-25, 2020

COURSE LOCATION

UT Health San Antonio (Main Campus) Holly Auditorium
7703 Floyd Curl Drive
San Antonio, Texas 78229

REGISTRATION

Registration is available online at UT-SportsSymposium.org. If you are unable to register online, please download the registration form online at UT-SportsSymposium.org.

REGISTRATION FEES	On or before 12/27/19	After 12/27/19
CPR Recertification (held 1/23/20)	\$60	\$65
Physicians	\$330	\$350
Other Healthcare Professionals	\$180	\$200

The registration fee includes access to all sessions, anatomy labs, and workshops; breakfast, breaks and lunch for both days; and access to downloadable handouts from the UT Health San Antonio CME website. Hard copy handouts will not be available. There is a separate registration fee for the Thursday evening, January 23, 2020 CPR Re-certification course.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 27, 2019. Cancellations received after December 27, 2019 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

HOTEL INFORMATION

A block of rooms has been reserved at several hotels in the Medical Center area at special rates. A complete list of participating hotels is listed in the website: UT-SportsSymposium.org.

Early reservations are encouraged; sleeping rooms will be available until the room blocks are full. When making phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the special rates.



UT Health San Antonio
Continuing Medical Education
7703 Floyd Curl Drive, MC 7980
San Antonio, Texas 78229-3900

47th Annual Symposium on Sports Medicine

January 24-25, 2020

UT-SportsSymposium.org

47th Annual Symposium on Sports Medicine


UT Health San Antonio (Main Campus)
Holly Auditorium
San Antonio, Texas
January 24-25, 2020

UT-SportsSymposium.org



IN MEMORIAM:
J. Pat Evans, MD
1st Sports Medicine
Physician In Texas

Sponsored by: Department of Orthopaedics

 **UT Health**
San Antonio
Joe R. & Teresa Lozano Long
School of Medicine

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head & neck in sports, foot and ankle, the skeletally immature athlete, upper extremity, lower extremity and the knee.

ANATOMY DISSECTION DEMONSTRATION

This year's anatomy dissection demonstrations focus on the Knee and Foot & Ankle.

WORKSHOPS

In addition, there will be special workshops on cutting-edge topics: Biomechanics in Rehabilitation, Concussions, and Sports Medicine Care.

TARGET AUDIENCE

The 47th Annual Symposium on Sports Medicine is designed for orthopedic surgeons, primary care physicians, physician assistants, nurse practitioners, physical therapists, athletic trainers, and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team
- Diagnose commonly occurring injuries and advise athletes regarding their treatment
- Initiate logical primary treatment following injuries to athletes
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation (CPR) will be held on Thursday, January 23, 2020. Please note that this is a recertification course for those who have previously been certified in

CPR. Separate registration is required for this course which is available for an additional fee. See registration form or our Web site www.UT-SportsSymposium.org for details.

CONTINUING EDUCATION STATEMENTS

CME:

The Long School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Long School of Medicine designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs. Pending review/approval.

ATC:

The Long School of Medicine (BOC AP#: P469) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 14.0 Category A hours/CEUs.

LAT:

The Long School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.



FACULTY LIST

UT HEALTH SAN ANTONIO FACULTY

Fred G. Corley, MD
Professor of Orthopaedics
Department of Orthopaedics

Jesse C. DeLee, MD
Clinical Professor
Sports Medicine and Hip & Knee Reconstruction
Department of Orthopaedic Surgery

Mayo J. Galindo Jr., MD
Associate Professor
Department of Orthopaedic Surgery

Steve Gibbons, MD
Assistant Professor
Department of Orthopaedic Surgery

John R. (Trey) Green, III, MD
Professor and Chief of Sports Medicine
Department of Orthopaedics

Grant D. Hogue, MD
Assistant Professor
Chief of Pediatric Orthopaedics and Spinal Deformity
President's Council / Dielmann Endowed Chair in Pediatric Orthopaedic Surgery
Department of Orthopedics

Philip M. Jacobs, MD
Assistant Professor
Department of Orthopaedics

VISITING & GUEST FACULTY

Steven B. Buckley, DDS, MD
Oral & Maxillofacial Surgeon
Alamo Maxillofacial Surgical Associates
San Antonio, TX

Travis Burns, MD
Orthopaedic Surgeon
Ortho San Antonio
San Antonio, TX

Mark M. Casillas, MD
Orthopaedic Surgeon
Methodist Physicians | Orthopedic Specialists
San Antonio, TX

Jeremy L. Dickerson, MD
Physician
Methodist Physicians | Orthopedic Specialists
San Antonio, TX

Clark C. Duchene, MD
Orthopedic Surgeon
Black Hills Orthopedic and Spine Center
Rapid City, SD

Arnold L. Fenrich, Jr., MD
Pediatric Cardiology/Electrophysiology
Pediatric and Congenital Cardiology Associates of Texas
Austin, TX

Jorge E. Gomez, MD
Associate Professor
Adolescent Medicine & Sports Medicine
Texas Children's Hospital/Baylor College of Medicine
Houston, TX

Joel Horning, MD
Orthopedic Associates of Lancaster, Ltd.
Lancaster, PA

Margaret (Meg) Jacobs, PT
Physical Therapist
Momentum Physical Therapy and Sports Medicine
San Antonio, TX

Ajeya P. Joshi, MD
Orthopedic Spine Surgeon
South Texas Spinal Clinic
San Antonio, TX

Michael D. Loeb, MD
Orthopedic Surgeon
Texas Orthopedics, Sports & Rehabilitation Associates
Austin, TX

Nolan Malthesen, MD
Waco Orthopedics and Sports Medicine
Waco, TX

Bernard Morrey, MD
Professor of Orthopaedics, UT Health San Antonio
Emeritus Chair of Orthopaedics, Mayo Clinic
Rochester, MN

Matthew C. Murray, MD
Ortho San Antonio
Sports Medicine/Arthroscopy
San Antonio, TX

Rudy R. Navarro, MD, CAQSM
Fellowship Director
Christus Santa Rosa Primary Care Sports Medicine
Fellowship
San Antonio, TX

D. Jason Oberste, MD
Orthopedic Surgeon
FSU Team Physician
Tallahassee Ortho Clinic
Tallahassee, FL

John C. Pearce, MD
Orthopedic Surgeon
Orthopaedic Associates of Central Texas
Austin, TX

Scott Rippentrop, PT, DPT, SCS
Christus Santa Rosa/Ortho San Antonio
San Antonio, TX

Manuel C. Sanchez, PT, MPT, ATC, LAT
Owner/Physical Therapist/Athletic Trainer
Castroville Physical Therapy & Sports Medicine
Rehabilitation
Castroville, TX

Michael D. Sander, MD
Assistant Professor of Surgery
Director of Division of Orthopedic Surgery
University of Texas Rio Grande Valley School of Medicine
Harlingen, TX

Patrick W. Sander, MD
Orthopedic Surgeon
Edinburg, TX

John R. Seals, MD
Pediatric Neurologist
Private Practice
San Antonio, TX

Zach Stinson, MD
Pediatric Orthopedic Sports Medicine Surgeon
Nemours Children's Hospital
Orlando, FL

Jennifer Swart, MD
Orthopedic imaging
South Texas Radiology Imaging Centers
San Antonio, TX

K. Renee Thiebaud, PhD, PT
Director of Physical Therapy
The Orthopedic Store Physical Therapy
San Antonio, TX

Benjamin G. Thomasson, MD
Orthopaedic Surgeon
Florida Orthopaedic Associates
Lake Mary, FL

Brad S. Tolin, MD
Orthopedic Surgeon
TSAOG Orthopaedics
San Antonio, TX

Pablo Vazquez-Seoane, MD
Orthopedic Surgeon
South Texas Spinal Clinic, P.A.
San Antonio, TX

Andrew Wong, MD
Associate Professor
FSU College of Medicine
Tallahassee, FL

AGENDA

THURSDAY JANUARY 23, 2020

6:00 – 10:00 p.m.
CPR Re-Certification

FRIDAY JANUARY 24, 2020

7:00 – 7:15 a.m.
Registration & Breakfast

7:15 – 7:20 a.m.
Introduction & Welcoming
Remarks

Jesse C. DeLee, MD
John R. Green, III, MD

7:20 – 7:30 a.m.
The Father of Sports Medicine:
Dr. J. Pat Evans
Jesse C. DeLee, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE

Moderator:
Jorge E. Gomez, MD

7:30 – 7:50 a.m.
The Pre-participation Physical
Speaker:
Jorge E. Gomez, MD

7:50 – 8:10 a.m.
Heat Illness
Speaker:
Jeremy L. Dickerson, MD

8:10 – 8:30 a.m.
Dental and Facial Injuries
Speaker:
Steven B. Buckley, DDS, MD

8:30 – 8:50 a.m.
Sudden Cardiac Death
Speaker:
Rodolfo R. Navarro, MD

8:50 – 9:10 a.m.
ECG Screening Controversy
Speaker:
Arnold L. Fenrich, Jr., MD

9:10 – 9:30 a.m.
Panel Discussion

9:30 – 9:50 a.m.
Break/Visit Exhibits

SYMPOSIUM: HEAD AND NECK IN SPORTS

Moderator:
John R. Seals, MD

9:50 – 10:10 a.m.
Chronic Traumatic
Encephalopathy
Speaker:
John R. Seals, MD

10:10 – 10:30 a.m.
Concussion: Diagnosis and
Criteria to "Return to Play"
Speaker:
Rodolfo R. Navarro, MD

10:30 – 10:50 a.m.
Cervical Spine Injury
Speaker:
Pablo Vazquez-Seoane, MD

10:50 – 11:10 a.m.
Stingers and Burners
Speaker:
Fred G. Corley, MD

11:10 – 11:30 a.m.
Lumbar Spine: Stress and
Traumatic Lesions
Speaker:
Ajeya P. Joshi, MD

11:30 a.m. – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

SYMPOSIUM: FOOT AND ANKLE

Moderator:
Mark M. Casillas, MD

1:00 – 1:15 p.m.
Controversies in High Ankle
Sprains
Speaker:
Mark M. Casillas, MD

1:15 – 1:30 p.m.
Achilles Tendon: Lesions in the
Athlete
Speaker:
Mark M. Casillas, MD

1:30 – 1:50 p.m.
Diagnosis and Treatment of
Mid Foot Injuries
Speaker:
Mayo J. Galindo, Jr., MD

1:50 – 2:10 p.m.
Compartment Syndrome in
Athletes
Speaker:
Nolan Malthesen, MD

2:10 – 2:30 p.m.
Lower Extremity Stress Fracture
Speaker:
Michael Sander, MD

2:30 – 2:45 p.m.
Panel Discussion

2:45 – 3:00 p.m.
Break/Visit Exhibits

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE

Moderator:
Grant D. Hogue, MD

3:00 – 3:20 p.m.
Shoulder & Elbow Injuries
in the Skeletally Immature
Athlete
Speaker:
Steve Gibbons, MD

3:20 – 3:40 p.m.
Acetabular Impingement and
Hip Arthroscopy
Speaker:
Benjamin Thomasson, MD

3:40 – 3:55 p.m.
Foot and Ankle Injuries in the
Immature Athlete
Speaker:
Grant D. Hogue, MD

3:55 – 4:10 p.m.
Panel Discussion

4:10 – 4:30 p.m.
Break

ANATOMY WORKSHOPS

Moderator:
Jesse C. DeLee, MD

4:30 – 5:45 p.m.

Anatomy I – The Knee
Speaker:
Philip M. Jacobs, MD

Anatomy II – Foot & Ankle
Speaker:
Mark M. Casillas, MD

SATURDAY JANUARY 25, 2020

7:00 – 7:30 a.m.
Breakfast

SYMPOSIUM: UPPER EXTREMITY

Moderator:
Philip M. Jacobs, MD

7:30 – 7:50 a.m.
Examination of the Shoulder
Speaker:
Michael D. Loeb, MD

7:50 – 8:10 a.m.
Rotator Cuff & Slap Lesions
Speaker:
Matthew C. Murray, MD

8:10 – 8:30 a.m.
AC and SC Joints and Clavicle
Injuries
Speaker:
D. Jason Oberste, MD

8:30 – 8:50 a.m.
Shoulder Instability
Speaker:
Clark C. Duchene, MD

8:50 – 9:10 a.m.
Common Hand Injuries in
Athletes
Speaker:
Fred G. Corley, MD

9:10 – 9:30 a.m.
Elbow Injury in Sports
Speaker:
Bernard Morrey, MD

9:30 – 9:50 a.m.
Panel Discussion

9:50 – 10:10 a.m.
Break/Visit Exhibits

**SYMPOSIUM: LOWER
EXTREMITY**
Moderator:
Andy Wong

10:10 – 10:30 a.m.
Knee Injuries in the Skeletally
Immature Athlete
Speaker:
Zach Stinson, MD

10:30 – 10:50 a.m.
Limb Alignment and
Osteochondral Grafting
Speaker:
Andy Wong, MD

10:50 – 11:45 a.m.
Lower Extremity Biomechanics
and Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Manuel C. Sanchez, PT, MPT,
ATC, LAT

Scott Rippentrop, PT, DPT, SCS
11:45 a.m. – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

SYMPOSIUM: THE KNEE

Moderator:
Jesse C. DeLee, MD

1:00 – 1:20 p.m.
Knee Imaging
Speaker:
Jennifer E. Swart, MD

1:20 – 1:40 p.m.
Meniscal Injury and Repair
Speaker:
Patrick Sander, MD

1:40 – 2:00 p.m.
Collateral Ligament Injury
Speaker:
John C. Pearce, MD

2:00 – 2:20 p.m.
Biologics in Knee Surgery
Speaker:
Travis Burns, MD

2:20 – 2:40 p.m.
Break/Visit Exhibits

2:40 – 3:00 p.m.
The Patellofemoral Joint
Speaker:
Brad S. Tolin, MD

3:00 – 3:20 p.m.
Posterior Cruciate Ligament
Speaker:
Matthew C. Murray, MD

3:20 – 3:40 p.m.
ACL Surgery: Current Update
Speaker:
John R. (Trey) Green, III, MD

3:40 – 4:00 p.m.
Panel Discussion

4:00 – 4:30 p.m.
Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

**Workshop I – Biomechanics in
Rehabilitation**
Speakers:
K. Renee Thiebaud, PhD, PT
Margaret (Meg) Jacobs, PT
Manuel C. Sanchez, PT, MPT,
ATC, LAT

Workshop II – Concussions
Speakers:
John R. Seals, MD
Rodolfo R. Navarro, MD

**Workshop III – Sports
Medicine Care**
Speakers:
Jesse C. DeLee, MD
John C. Pearce, MD
Mark M. Casillas, MD
Matthew C. Murray, MD