



45th Annual Symposium on Sports Medicine

**Marriott Plaza San Antonio
San Antonio, Texas
January 18-20, 2018**

Sponsored by:



**Joe R. & Teresa Lozano Long School of Medicine
Department of Orthopaedics**

UT-SportsSymposium.org

COURSE INFORMATION

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head & neck in sports, foot and ankle, the skeletally immature athlete, upper extremity, lower extremity biomechanics and rehabilitation, and the knee. In addition, there will be special workshops on cutting-edge topics: Biomechanics in Rehabilitation, Cardiac Screening and Sports Medicine. This year's anatomy dissection demonstrations focus on the Knee and Foot and Ankle.

■ TARGET AUDIENCE

The 45th Annual Symposium on Sports Medicine is designed for orthopedic surgeons, physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

■ LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team
- Diagnose commonly occurring injuries and advise athletes regarding their treatment
- Initiate logical primary treatment following injuries to athletes
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment

■ CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation (CPR) will be held on Thursday, January 18, 2018. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site www.UT-SportsSymposium.org for details.

■ CONTINUING EDUCATION STATEMENTS

CME:

The Long School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Long School of Medicine designates this live activity for a maximum of 14.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs. Pending review/approval.

ATC:

The Long School of Medicine (BOC AP#: P469) is approved by the Board of Certification, Inc. to provide continuing education to Certified Athletic Trainers. This program is eligible for a maximum of 14.0 Category A hours/CEUs.

LAT:

The Long School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.



PROGRAM FACULTY

UT HEALTH SAN ANTONIO FACULTY LIST

Julie B. Barnett, PT, DPT, MTC

Clinical Assistant Professor
Department of Physical
Therapy

Fred G. Corley, MD

Professor, Hand Service
Department of Orthopaedics

Jesse C. DeLee, MD

Clinical Professor
Sports Medicine and Hip &
Knee Reconstruction
Department of Orthopaedic
Surgery

John R. Green, III, MD

Professor and Chief of Sports
Medicine
Sports Medicine Fellowship
Program Director
Department of Orthopaedics

Grant D. Hogue, MD

Assistant Professor
Chief of Pediatric Orthopaedics
and Spinal Deformity
Dielmann Endowed Chair in
Pediatric Orthopaedic Surgery
Department of Orthopedics

Philip M. Jacobs, MD

Assistant Professor
Department of Orthopaedics

Ravi A. Karia, MD

Associate Professor
Vice Chairman Clinical Affairs
Trauma and Post-trauma
Reconstruction
Department of Orthopaedics

Robert H. Quinn, MD

Chair and Professor
John J. Hinchey M.D. and
Kathryn Hinchey Chair in
Orthopaedics
Department of Orthopaedics
Musculoskeletal Oncology

VISITING & GUEST FACULTY

Steven B. Buckley, DDS, MD

Private Practice
Alamo Maxillofacial Surgical
Associates, P.A.
San Antonio, Texas

David M. Bush, MD, PhD

Pediatric Cardiologist
Pediatric Cardiology Associates
San Antonio, Texas

Mark M. Casillas, MD

Orthopaedic Foot & Ankle
Surgeon
The Orthopaedic Specialists of
South Texas
San Antonio, Texas

Jeremy L. Dickerson, MD

Sports Medicine
The Orthopaedic Specialists of
South Texas
San Antonio, Texas

Doug Elenz, MD

Orthopedic Surgeon
Austin Sports Medicine
Orthopedic Team Physician
University of Texas Athletics
Austin, Texas

Mark A. Foreman MD

Assistant Professor
Dept. of Orthopedic Surgery
and Rehabilitation
University of Texas Medical
Branch – Galveston
Galveston, Texas

Jorge E. Gomez, MD

Associate Professor
Adolescent Medicine &
Sports Medicine
Texas Children's Hospital/
Baylor College of Medicine
Houston, Texas

Margaret A. (Meg) Jacobs, PT

Staff Physical Therapist
Momentum Physical Therapy
and Sports Rehab, PLLC
San Antonio, Texas

Thomas A. Kingman, MD

Owner/Neurosurgeon
Thomas A. Kingman, MD
San Antonio, Texas

Michael D. Loeb, MD

Orthopedic Surgeon
Texas Orthopedics, Sports &
Rehabilitation Associates
Austin, Texas

Bernard Morrey, MD

Professor of Orthopaedics
UT Health San Antonio
Professor of Orthopaedics
Mayo Clinic
Rochester, Minnesota

Matthew C. Murray, MD

Ortho San Antonio
Sports Medicine/Arthroscopy
San Antonio, Texas

Rodolfo R. Navarro, MD

Ortho San Antonio
CHRISTUS Orthopedics &
Sports Medicine
San Antonio, Texas

John C. Pearce, MD

Orthopedic Surgeon
Austin Bone & Joint Clinic
Austin, Texas

Justin Pfaff, CP

Certified Prosthetist/Orthotist
Area Clinic Manager
Hanger Clinic: Prosthetics &
Orthotics
San Antonio, Texas

Shaylon D. Rettig, MD, MBA

Section Chief, Sports Medicine
Children's Hospital of
San Antonio
Baylor College of Medicine
San Antonio, Texas

Scott Rippentrop, PT, DPT, SCS

Orthopedic and Sports
Physical Therapist
CHRISTUS Santa Rosa Health
System
San Antonio, Texas

MAJ Jeremy K. Rush, MD

FAAP
Chief of Pediatric Orthopaedics
San Antonio Military Medical
Center
Ft. Sam Houston, Texas
Assistant Professor
F. Edward Hébert School of
Medicine
Uniformed Services University
of the Health Sciences
Bethesda, Maryland

Manuel C. Sanchez, PT, MPT, ATC, LAT

Owner/Physical Therapist/
Athletic Trainer
Castroville Physical Therapy &
Sports Medicine Rehabilitation
Castroville, Texas

W. Randall Schultz, MD, MS

Orthopedic Surgeon
Texas Orthopedics, Sports &
Rehabilitation Associates
Austin, Texas

John R. Seals, MD

Pediatric Neurologists
Private Practice
San Antonio, Texas

Zachary Stinson, MD

Pediatric Orthopaedics and
Sports Medicine
Nemours Children's Hospital
Orlando, Florida

Jennifer E. Swart, MD

Orthopaedic Imaging/
Musculoskeletal Radiology
South Texas Radiology
Imaging Centers (STRIC)
San Antonio, Texas

K. Renee Thiebaud, PhD, PT

Director of Physical Therapy
The Orthopedic Store
San Antonio, Texas

Brad S. Tolin, MD

Orthopedic Surgeon
The San Antonio Orthopaedic
Group
San Antonio, Texas

Pablo Vazquez-Seoane, MD

Orthopedic Surgeon
South Texas Spinal Clinic, P.A.
San Antonio, Texas

Annette M. Zaharoff, MD

Sports Medicine, Board
Certified Physical Medicine
and Rehabilitation Director,
The Non-Surgical Center of
Texas
San Antonio, Texas

SCHEDULE

THURSDAY JANUARY 18, 2018

4:00 – 6:30 p.m.
Conference Registration

6:00 – 10:00 p.m.
CPR Re-Certification

FRIDAY JANUARY 19, 2018

7:00 – 7:20 a.m.
Registration &
Continental Breakfast

7:20 – 7:30 a.m.
Introduction &
Welcoming Remarks
Speaker:
Robert H. Quinn, MD
Jesse C. DeLee, MD

**SYMPOSIUM: General
Sports Medicine**
Moderator:
Rodolfo R. Navarro, MD

7:30 – 7:50 a.m.
Pre-participation Physical
Speaker:
Rodolfo R. Navarro, MD

7:50 – 8:05 a.m.
The Role of Regenerative
Therapies in
Musculoskeletal Injuries
Speaker:
Annette M. Zaharoff, MD

8:05 – 8:25 a.m.
Facial & Dental Injuries
Speaker:
Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.
Diabetes in Athletes
Speaker:
Jeremy L. Dickerson, MD

8:45 – 9:05 a.m.
Sudden Cardiac Death
Speaker:
Jorge E. Gomez, MD

9:05 – 9:25 a.m.
Heat Illness
Speaker:
Rodolfo R. Navarro, MD

9:25 – 9:40 a.m.
Asthma in Athletes
Speaker:
Jorge E. Gomez, MD

9:40 – 9:55 a.m.
Skin Lesions in Athletes
Speaker:
Shaylon D. Rettig, MD, MBA

9:55 – 10:15 a.m.
Panel Discussion

10:15 – 10:30 a.m.
Break

**SYMPOSIUM: Head & Neck
In Sports**
Moderator:
John R. Seals, MD

10:30 – 10:50 a.m.
Chronic Traumatic
Encephalopathy, Fact
vs. Fiction
Speaker:
John R. Seals, MD

10:50 – 11:10 a.m.
Concussion: Return to Play
Speaker:
Jeremy L. Dickerson, MD

11:10 – 11:30 a.m.
Cervical Spine Injury
Speaker:
Thomas A. Kingman, MD

11:30 – 11:45 a.m.
Lumbar Spine Injury
Speaker:
Pablo Vazquez-Seoane, MD

11:45 – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

**SYMPOSIUM: Foot
and Ankle**
Moderator:
Mark M. Casillas, MD

1:00 – 1:15 p.m.
Ankle Sprains and
Syndesmosis Diagnosis
and Treatment
Speaker:
Mark M. Casillas, MD

1:15 – 1:30 p.m.
Orthotics in Athletes
Speaker: Justin Pfaff, CP

1:30 – 1:50 p.m.
Mid-foot Injuries in Athletes
Speaker:
Mark M. Casillas, MD

1:50 – 2:10 p.m.
Compartment Syndrome
in Athletes
Speaker: Ravi A. Karia, MD

2:10 – 2:30 p.m.
Common Hand Injuries
in Athletes
Speaker: Fred G. Corley, MD

2:30 – 2:40 p.m.
Panel Discussion

2:40 – 3:00 p.m.
Break/Visit Exhibits

**SYMPOSIUM: The Skeletally
Immature Athlete**
Moderator:
Grant D. Hogue, MD

3:00 – 3:20 p.m.
Shoulder & Elbow Injuries
in the Skeletally
Immature Athlete
Speaker:
Grant D. Hogue, MD

3:20 – 3:40 p.m.
Knee Injuries in the
Skeletally Immature Athlete
Speaker:
Zachary Stinson, MD

3:40 – 3:55 p.m.
Foot and Ankle Injuries
in the Immature Athlete
Speaker:
Jeremy K. Rush, MD

3:55 – 4:10 p.m.
Panel Discussion

4:10 – 4:30 p.m.
Break

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.
Anatomy I – Knee
Speaker:
John R. Green, III, MD

Anatomy II – Foot and Ankle
Speaker:
Mark M. Casillas, MD

SATURDAY JANUARY 20, 2018

7:00 – 7:30 a.m.
Continental Breakfast

**SYMPOSIUM:
Upper Extremity**
Moderator:
Fred G. Corley, MD

7:30 – 7:50 a.m.
Physical Exam of
the Shoulder
Speaker:
John R. Green, III, MD

7:50 – 8:10 a.m.
Rotator Cuff & Slap Lesions
Speaker:
Matthew C. Murray, MD

8:10 – 8:30 a.m.
AC, SC and Clavicle
Speaker:
Philip M. Jacobs, MD

8:30 – 8:50 a.m.
Stress Fracture in the
Lower Extremities
Speaker:
Mark A. Foreman, MD

8:50 – 9:10 a.m.
Elbow Injuries in Athletes
Speaker:
Bernard Morrey, MD

9:10 – 9:30 a.m.
Shoulder Instability
Speaker:
Michael D. Loeb, MD

9:30 – 9:50 a.m.
Panel Discussion

9:50 – 10:10 a.m.
Break

**SYMPOSIUM: Lower
Extremity Biomechanics
and Rehabilitation**
**Moderator: K. Renee
Thiebaud, PhD, PT**

10:10 – 11:45 a.m.
Lower Extremity
Biomechanics
and Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Julie B. Barnett, PT, DPT,
MTC
Manuel C. Sanchez, PT,
MPT, ATC, LAT
Margaret A. (Meg) Jacobs,
PT
Scott Rippentrop, PT, DPT,
SCS

11:45 – 12:00 p.m.
Panel Discussion

12:00 – 1:00 p.m.
Lunch

SYMPOSIUM: The Knee
Moderator:
Jesse C. DeLee, MD

1:00 – 1:20 p.m.
Knee Imaging
Speaker:
Jennifer E. Swart, MD

1:20 – 1:40 p.m.
Meniscal Injury and Repair
Speaker: Brad S. Tolin, MD

1:40 – 2:00 p.m.
Collateral Ligament Injury
Speaker:
John C. Pearce, MD

2:00 – 2:20 p.m.
Articular Cartilage Repair
Speaker: W. Randall
Schultz, MD, MS

2:20 – 2:40 p.m.
Break/Visit Exhibits

2:40 – 3:00 p.m.
The Patellofemoral Joint
Speaker:
Douglas R. Elenz, MD

3:00 – 3:20 p.m.
Posterior Cruciate Ligament
Speaker:
Matthew C. Murray, MD

3:20 – 3:40 p.m.
ACL Reconstruction Using
the Quad Tendon/Pros
and Cons
Speaker:
John R. Green, III, MD

3:40 – 4:00 p.m.
Panel Discussion

4:00 – 4:30 p.m.
Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.
Workshop I: Biomechanics
in Rehabilitation
Speakers:
K. Renee Thiebaud, PhD, PT
Manuel C. Sanchez, PT,
MPT, ATC, LAT

Workshop II:
Cardiac Screening
Speaker:
David M. Bush, MD, PhD

Workshop III:
Sports Medicine
Case Conference
Speakers:
Jesse C. DeLee, MD
Matthew C. Murray, MD
John C. Pearce, MD
Mark M. Casillas, MD

45TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 18-20, 2018, Marriott Plaza, San Antonio

Register online at ut-sportssymposium.org or fill out the form below

HOTEL INFORMATION

Marriott Plaza San Antonio

555 S. Alamo Street
San Antonio, TX 78205

Single/double occupancy: \$124.00

Applicable state and local taxes: 17.51%

A block of rooms has been reserved at the special rate for single and double occupancy. Please be sure to reserve your reservation on or before December 28, 2017. To receive the special rate contact (800) 266-9432 or visit www.UT-SportsSymposium.org. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio
555 S. Alamo Street
San Antonio, TX 78205

PARKING

Due to the nature of downtown, parking is limited, including

handicapped spaces. Guests are responsible for finding and paying for an authorized parking space. The Marriott Plaza San Antonio offers all Symposium attendees and registered guests with standard parking currently at \$25.00 for self-parking and \$30.00 for valet. Please be sure to factor-in time to find parking.

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health San Antonio CME website. Hard copy handouts will NOT be available. There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details. The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 28, 2017. Cancellations received after December 28, 2017 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

REGISTRATION FORM

Continuing Medical Education

45th Annual Symposium on Sports Medicine

January 18-20, 2018

UT Health San Antonio

Note: Institutions registering more than one person must fill out a separate registration form for each person.

First Name: _____ MI: _____

Last Name: _____

Credentials: MD DO PT PTA ATC LAT
 OT Other _____

Institution: _____

Address: _____

City, State, Zip: _____

Phone: _____ Fax: _____

E-mail: _____

Do you have special requirements? Yes No

Do you have special dietary needs? Yes No

TWO EASY WAYS TO REGISTER:

1. Online: www.UT-SportsSymposium.org
2. Mail: Send registration form and payment to:

UT Health San Antonio

Office of Continuing Medical Education

7703 Floyd Curl Drive - MC 7980

San Antonio, Texas 78229-3900

REGISTRATION FEES

	On or before 12/28/17	After 12/28/17
Physician	\$310	\$335
Others	\$180	\$200
CPR Recertification	\$60	\$65
TOTAL	\$ _____	\$ _____

Check enclosed (please make payable to UTHSCSA CME-162349)

Please charge my Visa MasterCard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name (as it appears on card): _____

Signature: _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthealthsa.org



UT Health San Antonio
Continuing Medical Education
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San Antonio, Texas 78229-3900

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