

REGISTRATION FORM

Continuing Medical Education 157815

43RD ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 21-23, 2016

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ MI: _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ FAX: _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? Yes No

Do you have special requirements? Yes No

Do you have special dietary needs? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

THREE EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu/sportsmedicine2016.asp>

Fax: 210-562-5579 (include this registration form and payment with credit card information)

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education
7703 Floyd Curl Drive – MC 7980
San Antonio, TX 78229-3900

REGISTRATION FEES:

	On or Before Dec. 18, 2015	After Dec. 18, 2015
Physician	\$310	\$335
Others	\$180	\$200
CPR Recertification	\$60	\$65
TOTAL	\$ _____	\$ _____

Check enclosed (please make payable to UTHSCSA CME-157815)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name: _____
(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.

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San Antonio, Texas

The University of Texas Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive — MC 7980
San Antonio, Texas 78229 – 3900

UT HEALTH
SCIENCE CENTER
SAN ANTONIO

43RD ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 21-23, 2016



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JANUARY 21-23, 2016

MARRIOTT PLAZA SAN ANTONIO
SAN ANTONIO, TEXAS



SPONSORED BY

UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS

<http://cme.uthscsa.edu/sportsmedicine2016.asp>

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head and neck in sports, foot and ankle, the skeletally immature athlete, upper extremity, upper extremity biomechanics and rehabilitation, and the knee. In addition, there will be special workshops on cutting-edge topics including Biomechanics in Rehabilitation, Cardiac Screening and Sports Medicine Case Conference. This year's anatomy dissection demonstrations focus on the Knee and Foot & Ankle.

TARGET AUDIENCE

The 43rd Annual Symposium on Sports Medicine is designed for orthopedic surgeons, physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 21, 2016. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu/sportsmedicine2016.asp> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers. Application has been made for continuing education for ATCs.

The 43rd Annual Symposium on Sports Medicine is not a BOC Approved EBP Program.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500796) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Application has been made for continuing education for LATs.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$115 for single and double occupancy. Please be sure to reserve your reservation on or before **January 7, 2016**.

To receive the special rate visit, <http://cme.uthscsa.edu/sportsmedicine2016.asp> or contact **(800) 266-9432**. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio
555 S. Alamo Street
San Antonio, TX. 78205

PARKING

The Marriott Plaza San Antonio offers all Symposium attendees and registered guests with valet parking at a discounted rate based on the below scale. The Hotel no longer offers self-parking. Please be sure to factor-in time to find parking. Due to the nature of downtown, parking is limited, including handicapped spaces. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT be available.

There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 18, 2015. Cancellations received after December 18, 2015 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

SCHEDULE

THURSDAY, JANUARY 21, 2016

4:00 – 6:30 p.m.

Conference Registration

6:00 – 10:00 p.m.

CPR Re-certification

FRIDAY, JANUARY 22, 2016

7:00 – 7:20 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcome Remarks

Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 – 7:50 a.m.

The Pre-Participation Physical

Speaker: Rodolfo R. Navarro, MD

7:50 – 8:05 a.m.

Nutritional Supplements

Speaker: Jorge E. Gomez, MD

8:05 – 8:25 a.m.

Facial & Dental Injuries

Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.

Diabetes in the Athlete

Speaker: Jeremy L. Dickerson, MD

8:45 – 9:05 a.m.

Sudden Cardiac Death

Speaker: Rodolfo R. Navarro, MD

9:05 – 9:25 a.m.

Heat Illness

Speaker: Jeremy L. Dickerson, MD

9:25 – 9:40 a.m.

Update on Regenerative Medicine

Speaker: Annette M. Zaharoff, MD

9:40 – 9:55 a.m.

Skin Lesions in Athletes

Speaker: Shaylon D. Rettig, MD, MBA

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break/Visit Exhibits

HEAD & NECK IN SPORTS

Moderator: John R. Seals, MD

10:30 – 10:50 a.m.

Concussion Evaluation: Return to Play

Speaker: John R. Seals, MD

10:50 – 11:10 a.m.

Concussion: Return to Learn

Speaker: Shaylon D. Rettig, MD, MBA

11:10 – 11:30 a.m.

Cervical Spine Injury

Speaker: Thomas A. Kingman, MD

11:30 – 11:45 a.m.

Lumbar Spine Injury

Speaker: Pablo Vazquez-Seoane, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch/Visit Exhibits

FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Ankle Sprains & Syndesmosis Diagnosis & Treatment

Speaker: Mark M. Casillas, MD

1:20 – 1:40 p.m.

Stress Fractures in the Lower Extremities

Speaker: Mark A. Foreman, MD

1:40 – 2:00 p.m.

Compartment Syndrome in Athletes

Speaker: Mark M. Casillas, MD

2:00 – 2:20 p.m.

Orthotics and Bracing

Speaker: Justin Pfaff, CP

2:20 – 2:40 p.m.

Panel Discussion

2:40 – 3:00 p.m.

Break/Visit Exhibits

THE SKELETALLY IMMATURE

ATHLETE

Moderator: Zachary Stinson, MD

3:00 – 3:20 p.m.

Shoulder & Elbow in the Skeletally Immature

Athlete

Speaker: John R. Faust, MD

3:20 – 3:40 p.m.

Knee Injuries in the Skeletally Immature

Athlete

Speaker: Zachary Stinson, MD

3:40 – 3:55 p.m.

Foot and Ankle Injuries in the Immature

Athlete

Speaker: Grant Hogue, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break/Visit Exhibits

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I - Knee

Speaker: Matthew C. Murray, MD

Anatomy II – Foot and Ankle

Speaker: Mark M. Casillas, MD

SATURDAY, JANUARY 23, 2016

7:00 – 7:30 a.m.

Continental Breakfast

UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.

Physical Exam of the Shoulder

Speaker: Michael D. Loeb, MD

7:50 – 8:10 a.m.

Rotator Cuff & Slap Lesions

Speaker: Anil K. Dutta, MD

8:10 – 8:30 a.m.

The Hand in Athletics

Speaker: Fred G. Corley, MD

8:30 – 8:50 a.m.

AC, SC, and Clavicle

Speaker: Anil K. Dutta, MD

8:50 – 9:10 a.m.

Elbow Injuries in the Athlete

Speaker: Matthew C. Murray, MD

9:10 – 9:30 a.m.

Panel Discussion

9:30– 9:50 a.m.

Break/Visit Exhibits

FEATURED SPEAKER

9:50 – 10:10 a.m.

The Chain of Command in Athletic Medicine

Speaker: Peter Indelicato, MD

UPPER EXTREMITY BIOMECHANICS AND REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 11:45 a.m.

Upper Extremity Biomechanics & Rehabilitation

Speakers: K. Renee Thiebaud, PhD, PT

Julie B. Barnett, PT, DPT, MTC

Manuel C. Sanchez, PT, LAT, ATC

Margaret (Meg) A. Jacobs, PT

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch/Visit Exhibits

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m.

Meniscal Injury and Repair

Speaker: W. Randall Schultz, MD

1:40 – 2:00 p.m.

Collateral Ligament Injury

Speaker: John C. Pearce, MD

2:00 – 2:20 p.m.

Articular Cartilage Repair

Speaker: Matthew C. Murray, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

The Patellofemoral Joint

Speaker: Douglas R. Elenz, MD

3:00 – 3:20 p.m.

Posterior Cruciate Ligament

Speaker: Brad S. Tolin, MD

3:20 – 3:40 p.m.

ACL Update

Speaker: Peter Indelicato, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Biomechanics in Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

Speaker: Manuel C. Sanchez, PT, LAT, ATC

Workshop II – Cardiac Screening

Speaker: David M. Bush, MD, PhD

Workshop III- Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: Matthew C. Murray, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

UT Health Science Center San Antonio Faculty

Julie B. Barnett, PT, DPT, MTC

Clinical Assistant Professor

Department of Physical Therapy

Fred G. Corley, MD

Professor, Hand Service

Department of Orthopaedics

Jesse C. DeLee, MD

Clinical Professor

Sports Medicine and Hip & Knee

Reconstruction

Department of Orthopaedic Surgery

Anil K. Dutta, MD

Associate Professor

Fred G. Corley, MD Distinguished Professorship

in Orthopaedics

Shoulder and Elbow

Department of Orthopaedic Surgery

John R. Faust, MD

Assistant Professor

Pediatric Orthopaedic Surgery

Mark A. Foreman, MD

Assistant Professor, Trauma and Post-trauma

Reconstruction

Department of Orthopaedics

Grant Hogue, MD

Assistant Professor/Clinical

Pediatric Orthopaedic Surgery

Rodolfo R. Navarro, MD

Assistant Professor

Department of Family & Community Medicine

Department of Orthopaedics

Robert H. Quinn, MD

Professor and Chairman

Residency Program Director

John J. Hinchey M.D. and Kathryn Hinchey

Chair in Orthopaedic Surgery

Orthopaedic Oncology

Visiting & Guest Faculty

Steven B. Buckley, DDS, MD

Private Practice

Alamo Maxillofacial Surgical Associates, P.A.

San Antonio, Texas

David M. Bush, MD, PhD

Pediatric Cardiologist

Pediatric Cardiology Associates

San Antonio, Texas

Mark M. Casillas, MD

Orthopaedic Foot & Ankle Surgeon

The Orthopaedic Specialists of San Antonio

San Antonio, Texas

Jeremy L. Dickerson, MD

Sports Medicine

The Orthopaedic Specialists of San Antonio

San Antonio, Texas

Douglas R. Elenz, MD

Orthopaedic Surgeon

Austin Sports Medicine

Austin, Texas

Jorge E. Gomez, MD

Associate Professor/Assistant Team Physician

Texas Children's Hospital/University of Houston

Houston, Texas

Peter Indelicato, MD

Emeritus Professor of Sports Medicine

Head Team Physician

Department of Orthopedic Surgery

University of Florida

Gainesville, Florida

Margaret (Meg) A. Jacobs, PT

Physical Therapist

Momentum Physical Therapy and

Sports Rehab

San Antonio, Texas

Thomas A. Kingman, MD

Owner/Neurosurgeon

Thomas A. Kingman, MD

San Antonio, Texas

Michael D. Loeb, MD

Orthopedic Surgeon

Texas Orthopedics, Sports & Rehabilitation

Associates

Austin, Texas

Matthew C. Murray, MD

Ortho San Antonio

Sports Medicine/Arthroscopy

San Antonio, Texas

John C. Pearce, MD

Orthopedic Surgeon

Austin Bone & Joint Clinic

Austin, Texas

Justin Pfaff, CP

Licensed Certified Prosthetist/Orthotist

Area Clinic Manager

Hanger Clinic; Prosthetics & Orthotics

San Antonio, Texas

Shaylon D. Rettig, MD, MBA

Section Chief, Sports Medicine

Children's Hospital of San Antonio

Baylor College of Medicine

San Antonio, Texas

Manuel C. Sanchez, PT, LAT, ATC

Owner/Physical Therapist/Athletic Trainer

Castroville Physical Therapy & Sports Medicine

Rehabilitation

Castroville, Texas

W. Randall Schultz, MD

Orthopedic Surgeon

Texas Orthopedics, Sports & Rehabilitation

Associates

Austin, Texas

John R. Seals, MD