REGISTRATION FORM

42ND ANNUAL SYMPOSIUM ON SPORTS MEDICINE January 22-24, 2015

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE:]	[NSTITU	TIONS R	EGISTER	ING MC	RE THAN	ONE P	ERSON	MUST	FILL
OUT A SE	PARATE	REGISTR	ATION F	ORM F	OR EACH	PERSON	٧.		

OUT A SEPARATE REGISTRA	ATION FORM FOR EACH P.	ERSON.						
FIRST NAME:		MI:						
LAST NAME:								
CREDENTIALS: (select								
□MD □DO □PT □PTA □ATC □LAT □OT □RN								
□LVN □ Coach □ Other								
INCOMPANION.								
INSTITUTION:								
ADDRESS:								
CITY, STATE, ZIP:								
EMAIL:								
UT Health Science Center San Antonio Alumni? ☐ Yes ☐ No								
Do you have special requ	uirements? ☐ Yes ☐ N	Jo						
Do you have special diet								
If yes, a CME Staff person will contact you to see how we can assist.								
THREE EASY WAYS	TO REGISTER:							
Online: http://cme.uthscsa.edu/sportsmedicine2015.asp								
☐ Fax: 210-562-5579 (include this registration form and payment with								
credit card information)								
☐ Mail: Send Registration Form and payment to:								
UT Health Science Center at San Antonio								
Continuing Medical Education								
7703 Floyd Curl Drive – MC 7980								
San Antonio, TX 78229-3900								
By Phone: 210-567-4491 or 1-866-601-4448								
REGISTRATION FEES:								
	Before Dec. 24, 2014							
Physician	\$290	\$315						
Others CDD Described action	\$160	\$180 \$60						
CPR Recertification	\$55 \$	•						
TOTAL	Φ	\$						
☐ Check enclosed (please make payable to UTHSCSA CME-156245)								
☐ Please charge my: ☐ Y	Visa 🗖 Mastercard 🗖	Discover AMEX						
Card number:	E	Exp. Date:						
Cardholder name:(I	Print as it appears on ca	rd)						
Signature								
Confirmation: All registrations are confirmed in writing. If you do not								
receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.								

201 24, 22-JANUARY 42ND

42ND ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 22-24, 2015

MARRIOTT PLAZA SAN ANTONIO SAN ANTONIO, TEXAS



UT HEALTH SCIENCE CENTER SAN ANTONIO SCHOOL OF MEDICINE **DEPARTMENT OF ORTHOPAEDICS**

http://cme.uthscsa.edu/sportsmedicine2015.asp

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head and neck, foot and ankle, injuries in the skeletally immature athlete, upper extremity, rehabilitation and the knee. In addition, there will be special workshops on cutting-edge topics including Rehabilitation Techniques, Cardiac Screening and Sports Medicine Case Conference. This year's anatomy dissection demonstrations focus on the Shoulder and Hand & Wrist.

TARGET AUDIENCE

The 42nd Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 22, 2015. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site http://cme.uthscsa.edu/ sportsmedicine2015.asp for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.0** AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 14.0 hours of continuing education for certified athletic trainers.

The University of Texas Health Science Center San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a

continuing education provider. Athletic Trainers can receive a maximum of 14.0 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$110 for single and double occupancy. Please be sure to reserve your reservation on or before **December 24, 2014**.

To receive the special rate visit, http://cme.uthscsa.edu/ sportsmedicine2015.asp or contact (800) 228-9290. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio 555 S. Alamo Street San Antonio, TX. 78205

Please be sure to factor-in time to find parking. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes <u>access</u> to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT be available.

There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details.

The Office of Continuing Medical Education reserves the right to limit enrollment and cancel any course no less than one week prior to the activity. Should circumstances make this necessary, your registration fee would be refunded in full. If you must cancel, the registration fee will be refunded less a \$50 handling charge if notice is received by December 24, 2014. Cancellations received after December 24, 2014 will not be refunded. For additional information, call the office of Continuing Medical Education at (210) 567-4491 or 1-866-601-4448.

SCHEDULE/AGENDA

THURSDAY, JANUARY 22, 2015

5:30 - 7:30 p.m. **Conference Registration**

6:00 – 9:00 p.m. **CPR Re-certification**

FRIDAY, JANUARY 23, 2015

7:00 - 7:20 a.m.

Registration & Continental Breakfast

7:20 - 7:30 a.m.

Introduction & Welcoming Remarks Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Jeremy L. Dickerson, MD

7:30 – 7:50 a.m.

The Pre-Participation Physical

Speaker: Rodolfo R. Navarro, MD

7:50 - 8:05 a.m.

Vitamins & Supplements

Speaker: Jeremy L. Dickerson, MD

8:05 – 8:25 a.m.

Nutrition

Speaker: Jorge E. Gomez, MD

8:25 – 8:45 a.m.

Dental Injuries & Injuries of the

Tempomandibular Joint

Speaker: Steven B. Buckley, DDS, MD

8:45 - 9:05 a.m.

Heat Illness

Speaker: Shaylon D. Rettig, MD

9:05 - 9:25 a.m.

Diabetes in the Athlete

Speaker: Rodolfo R. Navarro, MD

9:25 - 9:40 a.m.

Asthma in the Athlete

Speaker: Jorge E. Gomez, MD

9:40 - 9:55 a.m.

Status of the Joint Injection Therapy

Speaker: Annette M. Zaharoff, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 - 10:30 a.m.

Break

HEAD AND NECK

Moderator: John R. Seals, MD

10:30 - 10:50 a.m.

Concussion: Evaluation & Return to Play

Speaker: John R. Seals, MD

10:50 – 11:10 a.m.

Cervical Spine Injury

Speaker: Thomas A. Kingman, MD

11:10 – 11:30 a.m.

Lumbar Spine Injury

Speaker: Pablo Vazauez-Seoane, MD

11:30 – 11:45 a.m.

Brachial Plexus Injury

Speaker: Mark R. Bagg, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

High Ankle Sprains and Syndesmosis Injury

Speaker: Mark M. Casillas, MD

1:20 - 1:40 p.m.

Stress Fractures and Vitamin D

Speaker: Jeremy L. Dickerson, MD

1:40 - 2:00 p.m. **Turf Toe**

Speaker: Mark M. Casillas, MD

2:00 - 2:20 p.m.

Exercise Induced Compartment Syndrome

Speaker: Mark A. Foreman, MD

2:20 – 2:40 p.m. **Panel Discussion**

2:40 - 3:00 p.m.

Break/Visit Exhibits

INJURIES IN THE SKELETALLY **IMMATURE ATHLETE**

Moderator: Travis N. Murray, MD

3:00 – 3:20 p.m.

Knee Injuries in the Skeletally

Immature Athlete

Speaker: Travis N. Murray, MD

3:20 – 3:40 p.m.

Foot and Ankle Injuries in the Pediatric Athlete

Speaker: John R. Faust, MD

3:40 – 3:55 p.m.

Shoulder and Elbow Injuries in the

Pediatric Athlete

Speaker: Sekinat K. McCormick, MD

3:55 - 4:10 p.m.

Panel Discussion

4:10 - 4:30 p.m.

Break

ANATOMY WORKSHOPS

4:30 - 5:45 p.m.

Anatomy I - Anatomy of the Shoulder

Speaker: Matthew C. Murray, MD

Anatomy II – Anatomy of the Hand and Wrist

Fred G. Corley, MD

SATURDAY, JANUARY 24, 2015

7:00 – 7:30 a.m. **Continental Breakfast**

UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 - 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Charles A. Rockwood, Jr., MD

7:50 - 8:10 a.m.

Instability of the Shoulder

Speaker: Matthew C. Murray, MD

8:10 - 8:30 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Philip M. Jacobs, MD

8:30 - 8:50 a.m.

AC. SC and Clavicle Fractures

Speaker: Michael D. Loeb, MD

8:50 - 9:10 a.m.

The Hand in Athletics

Speaker: Fred G. Corley, MD

9:10 - 9:30 a.m. **Elbow Injuries in the Athlete**

Speaker: Bernard F. Morrey, MD

9:30 - 9:50 a.m.

Panel Discussion 9:50 - 10:10 a.m.

Break

REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 - 11:45 a.m.

Trunk and Lower Extremity Biomechanics &

Rehabilitation Speakers: K. Renee Thiebaud, PhD, PT

> Julie B. Barnett, PT, DPT, MTC Manuel C. Sanchez, PT, LAT, ATC

Margaret (Meg) Jacobs, PT 11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m. **Meniscal Injury**

Speaker: Benjamin G. Thomasson, DO

1:40 - 2:00 p.m.

Collateral Ligament Injury

Speaker: W. Randall Schultz, MD

2:00 – 2:20 p.m.

The Patellofemoral Joint

Speaker: Matthew C. Murray, MD

2:20 - 2:40 p.m.

Break/Visit Exhibits 2:40 – 3:00 p.m.

Principles of Articular Cartilage Injury

Management

Speaker: John C. Pearce, MD 3:00 – 3:20 p.m.

PCL

Speaker: Brad S. Tolin, MD

3:20 – 3:40 p.m. The ACL: Update

Speaker: Jesse C. DeLee, MD

3:40 - 4:00 p.m. **Panel Discussion**

4:00 - 4:30 p.m. **Break/Visit Exhibits**

WORKSHOPS

4:30 - 6:00 p.m. Workshop I – Rehabilitation Techniques

Speaker: K. Renee Thiebaud, PhD, PT Speaker: Manuel C. Sanchez, PT, LAT, ATC

Workshop II - Cardiac Screening Speaker: Daniel P. Shmorhun, MD

Workshop III- Sports Medicine Case Conference Speaker: Jesse C. DeLee, MD Speaker: Matthew C. Murray, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

UT Health Science Center San Antonio Faculty

Julie B. Barnett, PT, DPT, MTC

Clinical Assistant Professor Department of Physical Therapy

Fred G. Corley, MD

Professor, Hand Service Department of Orthopaedics

Jesse C. DeLee, MD

Sports Medicine and Hip & Knee Department of Orthopaedic Surgery

John R. Faust, MD

Pediatric Orthopaedic Surgery

Mark A. Foreman, MD

Department of Orthopaedics

Sekinat McCormick, MD

Assistant Professor, Pediatric Orthpaedic Surgery Department of Orthopaedic Surgery

Clinical Professor, Total Joint Arthroplasty

Bernard F. Morrey, MD

Department of Orthopaedics Matthew C. Murray, MD

Department of Orthopaedics

Travis N. Murray, MD Department of Orthopaedics

Rodolfo R. Navarro, MD Assistant Professor Department of Family & Community Medicin Department of Orthopaedics

Robert H. Quinn, MD

Charles A. Rockwood, Jr., MD

Department of Orthopaedics

Professor and Chairman Residency Program Director Orthopaedic Oncology

Visiting & Guest Faculty

Mark R. Bagg, MD

Orthopaedic Hand Surgeon The Hand Center of San Antonio

Steven B. Buckley, DDS, MD

Alamo Maxillofacial Surgical Associates, P.A. San Antonio, Texas

Mark M. Casillas, MD

Orthopaedic Foot & Ankle Surgeon The Orthopaedic Specialists of San Antonio San Antonio, Texas

Jeremy L. Dickerson, MD

The Orthopaedic Specialists of San Antonio San Antonio, Texas

Jorge E. Gomez, MD

Associate Professor/Assistant Team Physician Texas Children's Hospital/University of Houston Houston, Texas

Margaret (Meg) A. Jacobs, PT

Physical Therapist Rehab

Philip M. Jacobs, MD

Orthopaedic Surgeon The San Antonio Orthopaedic Group San Antonio, Texas

Thomas A. Kingman, MD

San Antonio, Texas

Orthopedic Surgeon Texas Orthopedics, Sports &

Austin, Texas

Austin, Texas

Michael D. Loeb. MD

John C. Pearce, MD Orthopedic Surgeon Austin Bone & Joint Clinic

Shaylon D. Rettig, MD

Owner Champion Sports Medicine San Antonio, Texas

Manuel C. Sanchez, PT. LAT. ATC

Owner/Physical Therapist/Athletic Trainer Castroville Physical Therapy & Sports Medicine Castroville, Texas

W. Randall Schultz, MD

Orthopedic Surgeon Texas Orthopedics, Sports & Rehabilitation Austin, Texas

John R. Seals, MD Pediatric Neurologists

San Antonio, Texas

Daniel P. Shmorhun, MD

Pediatric Cardiologist Children's Cardiology Associates Austin, Texas

Jennifer E. Swart, MD

Orthopaedic Imaging/Musculoskeletal South Texas Radiology Imaging Centers

K. Renee Thiebaud, PhD, PT

Director of Physical Therapy The Orthopaedic Store San Antonio, Texas

Benjamin G. Thomasson, DO

Orthopaedic Surgeon Regional Medical Center South New Jersey Vineland, New Jersey

Brad S. Tolin, MD Orthopedic Surgeon

San Antonio, Texas

Pablo Vazquez-Seoane, MD Orthopedic Surgeon South Texas Spinal Clinic, P.A. San Antonio, Texas

Annette M. Zaharoff, MD

Owner/Physiatrist The Non-Surgical Center of Texas San Antonio, Texas