

REGISTRATION FORM

Continuing Medical Education 155233

41ST ANNUAL SYMPOSIUM ON SPORTS MEDICINE January 23-25, 2014

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ MI: _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ FAX: _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? Yes No

Federal Tax ID# (If Institution pays fee): _____

Do you have special requirements? Yes No

Do you have special dietary needs? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

FOUR EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu/sportsmedicine2014.asp>

Fax: 210-562-5579 (include this registration form and payments with credit card information)

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education

7703 Floyd Curl Drive – MC 7980

San Antonio, TX 78229-3900

By Phone: 210-567-4491 or 1-866-601-4448

REGISTRATION FEES:

	On or Before Dec. 23, 2013	After Dec. 23, 2013
Physician	\$290	\$315
Others	\$160	\$180
CPR Recertification	\$55	\$60
TOTAL	\$ _____	\$ _____

Check enclosed (please make payable to UTHSCSA CME-155233)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name: _____

(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.

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The University of Texas Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive — MC 7980
San Antonio, Texas 78229 – 3900

UT HEALTH
SCIENCE CENTER
SAN ANTONIO

41ST ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 23-25, 2014



41ST ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 23-25, 2014

MARRIOTT PLAZA SAN ANTONIO
SAN ANTONIO, TEXAS



Celebrating
41
Years

SPONSORED BY

THE UNIVERSITY OF TEXAS AT AUSTIN
DEPARTMENT OF ATHLETICS

&

UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS

<http://cme.uthscsa.edu/sportsmedicine2014.asp>

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head, neck and spinal column, the leg, foot and ankle, pediatric sports injury, the shoulder and upper extremity, rehabilitation and the knee. In addition, there will be special workshops on cutting-edge topics including Rehabilitation Techniques, Cardiac Screening and Sports Medicine Case Conference. This year's anatomy dissection demonstrations focus on the Knee and Foot & Ankle.

TARGET AUDIENCE

The 41st Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 23, 2014. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu/sportsmedicine2014.asp> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 14.25 hours of continuing education for certified athletic trainers.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a

continuing education provider. Athletic Trainers can receive a maximum of 14.25 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$110 for single and double occupancy. Please be sure to reserve your reservation on or before **December 23, 2013**.

To receive the special rate visit, <http://cme.uthscsa.edu/sportsmedicine2014.asp> or contact **(800) 266-9432**. When making your phone reservations, please specify that you will be attending the "Sports Medicine Symposium" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio

555 S. Alamo Street

San Antonio, TX. 78205

PARKING

Please be sure to factor-in time to find parking. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT be available.

There is a separate registration fee for the Thursday evening CPR Re-certification course. See the registration form for details.

If you must cancel, your tuition will be refunded less a \$50 administrative fee, provided notice is received by December 23, 2013. The UTHSCSA Office of Continuing Medical Education reserves the right to limit enrollment or cancel any course no less than a week prior to the start date of the course. Should circumstances make this necessary tuition will be refunded in full. The UTHSCSA Office of Continuing Medical Education is not responsible for parking, transportation or lodging costs. For additional information, call The Continuing Medical Education Office at (210) 567-4491 or toll free at 1-866-601-4448.

SCHEDULE/AGENDA

THURSDAY, JANUARY 23, 2014

5:30 – 7:30 p.m.

Symposium Registration

6:00 – 9:00 p.m.

CPR Re-certification

FRIDAY, JANUARY 24, 2014

7:00 – 7:20 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcoming Remarks

Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 – 7:50 a.m.

The Pre-Participation Physical

Speaker: Jeremy L. Dickerson, MD

7:50 – 8:05 a.m.

Nutrition in Athletics

Speaker: Jorge E. Gomez, MD

8:05 – 8:25 a.m.

Dental & Facial Injuries

Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.

Dermatology in Athletics

Speaker: John C. Browning, MD

8:45 – 9:05 a.m.

Asthma in the Athlete

Speaker: Rodolfo R. Navarro, MD

9:05 – 9:25 a.m.

Diabetes in the Athlete

Speaker: Jorge E. Gomez, MD

9:25 – 9:40 a.m.

Heat Illness

Speaker: Shaylon D. Rettig, MD

9:40 – 9:55 a.m.

Stress Fractures: Vitamin D

Speaker: Annette M. Zaharoff, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break

HEAD, NECK AND SPINAL

COLUMN

Moderator: John R. Seals, MD

10:30 – 10:45 a.m.

Concussion: The National Movement

Speaker: John R. Seals, MD

10:45 – 11:00 a.m.

Concussion: Return to Play Criteria

Speaker: Thomas A. Kingman, MD

11:00 – 11:15 a.m.

Cervical Spine Injury

Speaker: Pablo Vazquez-Seoane, MD

11:15 – 11:30 a.m.

Lumbar Spine Injury

Speaker: Ajeya P. Joshi, MD

11:30 – 11:45 a.m.

Brachial Plexus Injury

Speaker: Mark R. Bagg, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch

THE LEG, FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Ankle Sprains: High & Lateral

Speaker: Mark M. Casillas, MD

1:20 – 1:40 p.m.

Stress Fractures: Lower Extremity

Speaker: Mark A. Foreman, MD

1:40 – 2:00 p.m.

Mid-Foot Sprains

Speaker: Mark M. Casillas, MD

2:00 – 2:20 p.m.

Orthoses of the Foot and Ankle

Speaker: Mark A. Kirchner, CPO, LPO

2:20 – 2:40 p.m.

Panel Discussion

2:40 – 3:00 p.m.

Break/Visit Exhibits

PEDIATRIC SPORTS INJURY

Moderator: Travis N. Murray, MD

3:00 – 3:20 p.m.

Knee Injuries in the Pediatric Athlete

Speaker: Travis N. Murray, MD

3:20 – 3:40 p.m.

Foot and Ankle Injuries in the Pediatric Athlete

Speaker: Kaye E. Wilkins, DVM, MD

3:40 – 3:55 p.m.

The Spine in the Pediatric Athlete

Speaker: Earl A. Stanley, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I – Anatomy of the Knee

Speaker: Jesse C. DeLee, MD

Speaker: Philip M. Jacobs, MD

Anatomy II – Anatomy of the Foot & Ankle

Speaker: Mark M. Casillas, MD

Speaker: Jeremy L. Dickerson, MD

SATURDAY, JANUARY 25, 2014

7:00 – 7:30 a.m.

Continental Breakfast

THE SHOULDER & UPPER

EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Anil K. Dutta, MD

7:50 – 8:10 a.m.

Instability of the Shoulder

Speaker: Philip M. Jacobs, MD

8:10 – 8:30 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Michael D. Loeb, MD

8:30 – 8:50 a.m.

AC and SC Injuries

Speaker: Matthew C. Murray, MD

8:50 – 9:10 a.m.

The Hand in Athletics

Speaker: Fred G. Corley, MD

9:10 – 9:30 a.m.

Elbow Injuries in the Athlete

Speaker: Bernard F. Morrey, MD

9:30 – 9:50 a.m.

Panel Discussion

9:50 – 10:10 a.m.

Break

REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 10:25 a.m.

The Theory of Core Strengthening

Speaker: Julie B. Barnett, PT, DPT, MTC

10:25 – 10:40 a.m.

Functional Movement Assessment

Speaker: Emille Castillo-Garcia, PT

10:40 – 11:00 a.m.

Rehabilitation of the Foot and Ankle

Speaker: Margaret A. Jacobs, PT

11:00 – 11:15 a.m.

Patellofemoral Joint: Therapy, Bracing,

& Daily Activities

Speaker: Manuel C. Sanchez, PT, LAT, ATC

11:15 – 11:30 a.m.

Shoulder Rehabilitation

Speaker: Sheri D. Fossler, PT, OCS

11:30 – 11:45 a.m.

Spinal Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m.

Meniscal Injury

Speaker: John C. Pearce, MD

1:40 – 2:00 p.m.

Collateral Ligament Injury

Speaker: Brad S. Tolin, MD

2:00 – 2:20 p.m.

The Patellofemoral Joint

Speaker: Douglas Elenz, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

Stem Cell Therapy: Update

Speaker: W. Randall Schultz, MD

3:00 – 3:20 p.m.

PCL

Speaker: Matthew C. Murray, MD

3:20 – 3:40 p.m.

The ACL: Update

Speaker: Jesse C. DeLee, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Rehabilitation Techniques

Speaker: K. Renee Thiebaud, PhD, PT

Speaker: Jim Murphy, ATC, PT

Workshop II – Cardiac Screening

Speaker: Arnold Fenrich, MD

Workshop III- Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: Matthew C. Murray, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

Visiting & Guest Faculty

Mark R. Bagg, MD

Orthopaedic Hand Surgeon
The Hand Center of San Antonio
San Antonio, Texas

Steven B. Buckley, DDS, MD

Private Practice
Alamo Maxillofacial Surgical Associates, P.A.
San Antonio, Texas

Mark M. Casillas, MD

Owner/Orthopaedic Surgeon
Foot & Ankle of South Texas
San Antonio, Texas

Emille Castillo-Garcia, PT

Physical Therapist
The Orthopaedic Store
San Antonio, Texas

Jeremy L. Dickerson, MD

Foot & Ankle of South Texas
San Antonio, Texas

Douglas Elenz, MD

Orthopaedic Surgeon
Austin Sports Medicine
Austin, Texas

Arnold Fenrich, MD

Pediatric Cardiologist
Dell Children’s Medical Center of
Central Texas
Austin, Texas

Jorge E. Gomez, MD

Associate Professor/Assistant Team Physician
Texas Children’s Hospital/University of Houston
Houston, Texas

Margaret (Meg) Jacobs, PT

Physical Therapist
Momentum Physical Therapy and
Sports Rehab
San Antonio, Texas

Philip M. Jacobs, MD

Orthopaedic Surgeon
The San Antonio Orthopaedic Group
San Antonio, Texas

Ajeya P. Joshi, MD

Spinal Surgeon
South Texas Spinal Clinic, P.A.
San Antonio, Texas

Thomas A. Kingman, MD

Owner/Neurosurgeon
Private Practice
San Antonio, Texas

Mark A. Kirchner, CPO, LPO

Founder/Practitioner
MK Prosthetic and Orthotic Services
San Antonio, Texas

Michael D. Loeb, MD

Orthopaedic Surgeon
Texas Orthopedics, Sports &
Rehabilitation Associates
Austin, Texas

Jim Murphy, ATC, PT

Director of Sports Medicine
McNeese Athletics
Lake Charles, Louisiana

John C. Pearce, MD

Orthopaedic Surgeon
Austin Bone & Joint Clinic
Austin, Texas

Shaylon D. Rettig, MD

Owner
Champion Sports Medicine
San Antonio, Texas

Manuel C. Sanchez, PT, LAT, ATC

Owner/Physical Therapist/Athletic Trainer
Castroville Physical Therapy & Sports Medicine
Rehabilitation
Castroville, Texas

W. Randall Schultz, MD

Orthopaedic Surgeon
Texas Orthopedics, Sports & Rehabilitation
Associates
Austin, Texas

John R. Seals, MD

Pediatric Neurologist
Private Practice
San Antonio, Texas

Jennifer E. Swart, MD

Orthopaedic Imaging/Musculoskeletal
Radiology
South Texas Radiology Imaging Centers
(STRIC)
San Antonio, Texas

K. Renee Thiebaud, PhD, PT

Director of Physical Therapy
The Orthopaedic Store
San Antonio, Texas

Brad S. Tolin, MD

Orthopedic Surgeon
The San Antonio Orthopaedic Group
San Antonio, Texas

Pablo Vazquez-Seoane, MD

Orthopedic Surgeon
South Texas Spinal Clinic, P.A.
San Antonio, Texas

Annette M. Zaharoff, MD

Owner/Physiatrist
The Non-Surgical Center of Texas
San Antonio, Texas

UT Health Science Center

San Antonio Faculty

Jesse C. DeLee, MD, Course Director

Clinical Professor
Sports Medicine and Hip & Knee
Reconstruction
Department of Orthopaedic Surgery
UT Health Science Center San Antonio
San Antonio, Texas

Julie B. Barnett, PT, DPT, MTC

Clinical Assistant Professor
Department of Physical Therapy

John C. Browning, MD

Chief, Pediatric Dermatology
Department of Pediatrics and Dermatology

Fred G. Corley, MD

Professor, Hand Service
Department of Orthopaedics

Anil K. Dutta, MD

Assistant Professor, Shoulder and
Elbow Surgery
Department of Orthopaedics

Mark A. Foreman, MD

Assistant Professor, Trauma and Post-trauma
Reconstruction
Department of Orthopaedics

Sheri D. Fossler, PT, OCS

Director of Physical Therapy
Department of Orthopaedics

Bernard F. Morrey, MD

Clinical Professor, Total Joint Arthroplasty
Department of Orthopaedics

Matthew C. Murray, MD

Assistant Professor, Sports Medicine
Department of Orthopaedics

Travis N. Murray, MD

Assistant Professor, Pediatric Orthopaedics
Department of Orthopaedics

Rodolfo R. Navarro, MD

Assistant Professor
Department of Family & Community Medicine
Department of Orthopaedics

Robert H. Quinn, MD

Professor and Chairman
Residency Program Director
John J. Hinchey M.D. and Kathryn Hinchey
Chair in Orthopaedic Surgery
Orthopaedic Oncology