

REGISTRATION FORM

Continuing Medical Education 153051

40TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 17-19, 2013

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ MI: _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ FAX: _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? Yes No

Federal Tax ID# (If Institution pays fee): _____

Do you have special requirements? Yes No

Do you have special dietary needs? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

FOUR EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu/sportsmedicine2013.asp>

Fax: 210-567-6964 (include this registration form and payments with credit card information)

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education

7703 Floyd Curl Drive – MC 7980

San Antonio, TX 78229-3900

By Phone: 210-567-4491 or 1-866-601-4448

REGISTRATION FEES:

	On or Before Dec. 17, 2012	After Dec. 17, 2012
Physician	\$290	\$315
Others	\$160	\$180
CPR Recertification	\$55	\$60
TOTAL	\$ _____	\$ _____

Check enclosed (please make payable to UTHSCSA CME-153051)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name: _____

(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.

The University of Texas Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive — MC 7980
San Antonio, Texas 78229 – 3900

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SCIENCE CENTER
SAN ANTONIO

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San Antonio, Texas

40TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

JANUARY 17-19, 2013



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JANUARY 17-19, 2013

MARRIOTT PLAZA SAN ANTONIO
SAN ANTONIO, TEXAS



Celebrating
40
Years

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DEPARTMENT OF ATHLETICS

&

UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS

<http://cme.uthscsa.edu/sportsmedicine2013.asp>

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head, neck and spinal column; shoulder and upper extremity; the leg, foot and ankle; pediatric sports injury; rehabilitation; and the knee. The format includes lectures, panels and discussion. In addition, there will be special workshops on cutting-edge topics including Concussion Update, Sports Medicine Case Conference, The Female Athlete, and Rehabilitation. This year's anatomy dissection demonstrations focus on the hand and shoulder. Participants are encouraged to bring problem cases for discussion by the faculty during the question and answer periods. Exhibits by a number of sports related companies will be featured.

TARGET AUDIENCE

The 40th Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 17, 2013. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu/sportsmedicine2013.asp> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 14.25 hours of continuing education for certified athletic trainers.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a

continuing education provider. Athletic Trainers can receive a maximum of 14.25 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$106 for single occupancy, \$106 for double occupancy, \$126 for triple occupancy, \$146 for quadruple occupancy. Please be sure to reserve your reservation on or before **Wednesday, December 19, 2012.**

To receive the special rate visit, <http://cme.uthscsa.edu/sportsmedicine2013.asp> or contact **(800) 266-9432**. When making your phone reservations, please specify that you will be attending the "The UT Health Science Center San Antonio School of Medicine 40th Annual Symposium on Sports Medicine" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio

555 S. Alamo Street

San Antonio, TX. 78216

PARKING

Please be sure to factor-in time to find parking. Guests are responsible for finding an authorized parking space.

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website. Hard copy handouts will NOT be available.

There is a separate registration fee for the Thursday evening CPR course. See the registration form for details.

If you must cancel, your tuition will be refunded less a \$50 administrative fee, provided notice is received by December 17, 2012. The UTHSCSA Office of Continuing Medical Education reserves the right to limit enrollment or cancel any course no less than a week prior to the start date of the course. Should circumstances make this necessary tuition will be refunded in full. The UTHSCSA Office of Continuing Medical Education is not responsible for parking, transportation or lodging costs. For additional information, call The Continuing Medical Education Office at (210) 567-4491 or toll free at 1-866-601-4448.

SCHEDULE/AGENDA

THURSDAY, JANUARY 17, 2013

5:30 – 7:30 p.m.

Conference Registration

6:00 – 9:00 p.m.

CPR Recertification

FRIDAY, JANUARY 18, 2013

7:00 – 7:20 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcoming Remarks

Robert H. Quinn, MD & Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Rodolfo R. Navarro, MD

7:30 – 7:50 a.m.

The Pre-Participation Physical

Speaker: Rodolfo R. Navarro, MD

7:50 – 8:05 a.m.

On-the-Field Emergencies

Speaker: Jorge E. Gomez, MD

8:05 – 8:25 a.m.

Dental & Facial Injuries

Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.

Dermatology in Athletics

Speaker: John C. Browning, MD

8:45 – 9:05 a.m.

Heat Illness

Speaker: Jorge E. Gomez, MD

9:05 – 9:25 a.m.

Asthma in the Athlete

Speaker: Shaylon D. Rettig, MD

9:25 – 9:40 a.m.

Diabetes and Athletics

Speaker: Rodolfo R. Navarro, MD

9:40 – 9:55 a.m.

Vitamin D and Stress Fractures

Speaker: Joseph R. Becker, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break

HEAD, NECK AND SPINAL COLUMN

Moderator: John R. Seals, MD

10:30 – 10:45 a.m.

Concussion: Current Status

Speaker: John R. Seals, MD

10:45 – 11:00 a.m.

Concussion: Return to Play

Speaker: Thomas A. Kingman, MD

11:00 – 11:15 a.m.

Cervical Spine Injury: Acute Management

Speaker: Pablo Vazquez-Seoane, MD

11:15 – 11:30 a.m.

Lumbar Spine Injury

Speaker: Ajeya P. Joshi, MD

11:30 – 11:45 a.m.

Brachial Plexus Injury

Speaker: Fred G. Corley, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch

THE LEG, FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Ankle Sprains: Lateral and High Sprains

Speaker: Mark M. Casillas, MD

1:20 – 1:40 p.m.

Stress Fractures of the Lower Extremity

Speaker: Mark A. Foreman, MD

1:40 – 2:00 p.m.

Turf Toe and Mid-Foot Sprains

Speaker: Mark M. Casillas, MD

2:00 – 2:20 p.m.

Orthoses of the Foot and Ankle

Speaker: Mark A. Kirchner, CPO, LPO

2:20 – 2:40 p.m.

Panel Discussion

2:40 – 3:00 p.m.

Break

PEDIATRIC SPORTS INJURY

Moderator: Earl A. Stanley, MD

3:00 – 3:20 p.m.

The Spine in the Pediatric Athlete

Speaker: Earl A. Stanley, MD

3:20 – 3:40 p.m.

Knee Injuries in the Pediatric Athlete

Speaker: Travis N. Murray, MD

3:40 – 3:55 p.m.

Foot and Ankle Injuries in the Pediatric Athlete

Speaker: Kaye E. Wilkins, DVM, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I – Anatomy of the Hand

Speaker: Fred G. Corley, MD

Speaker: Zachary S. Stinson, MD

Anatomy II – Anatomy of the Shoulder

Speaker: Philip M. Jacobs, MD

Speaker: Joel A. Horning, MD

SATURDAY, JANUARY 19, 2013

7:00 – 7:30 a.m.

Continental Breakfast

THE SHOULDER & UPPER EXTREMITY

Moderator: Philip M. Jacobs, MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Philip M. Jacobs, MD

7:50 – 8:10 a.m.

Instability of the Shoulder

Speaker: John W. Hinchey, MD

8:10 – 8:30 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Anil K. Dutta, MD

8:30 – 8:50 a.m.

AC and SC Injuries

Speaker: Michael D. Loeb, MD

8:50 – 9:10 a.m.

The Hand in Athletics

Speaker: Mark R. Bagg, MD

9:10 – 9:30 a.m.

The Elbow in Throwing Sports

Speaker: Bernard F. Morrey, MD

9:30 – 9:50 a.m.

Panel Discussion

9:50 – 10:10 a.m.

Break

REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 10:25 a.m.

Core Strengthening

Speaker: K. Renee Thiebaud, PhD, PT

10:25 – 10:40 a.m.

Proprioceptive Training

Speaker: Margaret Jacobs, PT

10:40 – 11:00 a.m.

Rehabilitation of the Foot and Ankle

Speaker: Julie B. Barnett, PT

11:00 – 11:15 a.m.

Shoulder Rehabilitation Techniques

Speaker: Manuel C. Sanchez, PT, LAT, ATC

11:15 – 11:30 a.m.

Patellofemoral Joint: Therapy, Lifestyle, and Bracing

Speaker: John Malfer, PT, ATC

11:30 – 11:45 a.m.

Status of PRP

Speaker: Annette M. Zaharoff, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m.

Meniscus Injury

Speaker: John C. Pearce, MD

1:40 – 2:00 p.m.

Collateral Ligament Injury

Speaker: Matthew C. Murray, MD

2:00 – 2:20 p.m.

The Patellofemoral Joint

Speaker: Brad S. Tolin, MD

2:20 – 2:40 p.m.

Break

2:40 – 3:00 p.m.

The PCL: An Update

Speaker: David J. Drez, MD

3:00 – 3:20 p.m.

Articular Cartilage

Speaker: W. Randall Schultz, MD

3:20 – 3:40 p.m.

The ACL: Today

Speaker: David J. Drez, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Concussion Update

Speaker: John R. Seals, MD

Workshop II – Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: Matthew C. Murray, MD

Speaker: Mark M. Casillas, MD

Workshop III- The Female Athlete

Speaker: Christine M. Bonci, MS, ATC, LAT

Workshop IV – Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

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