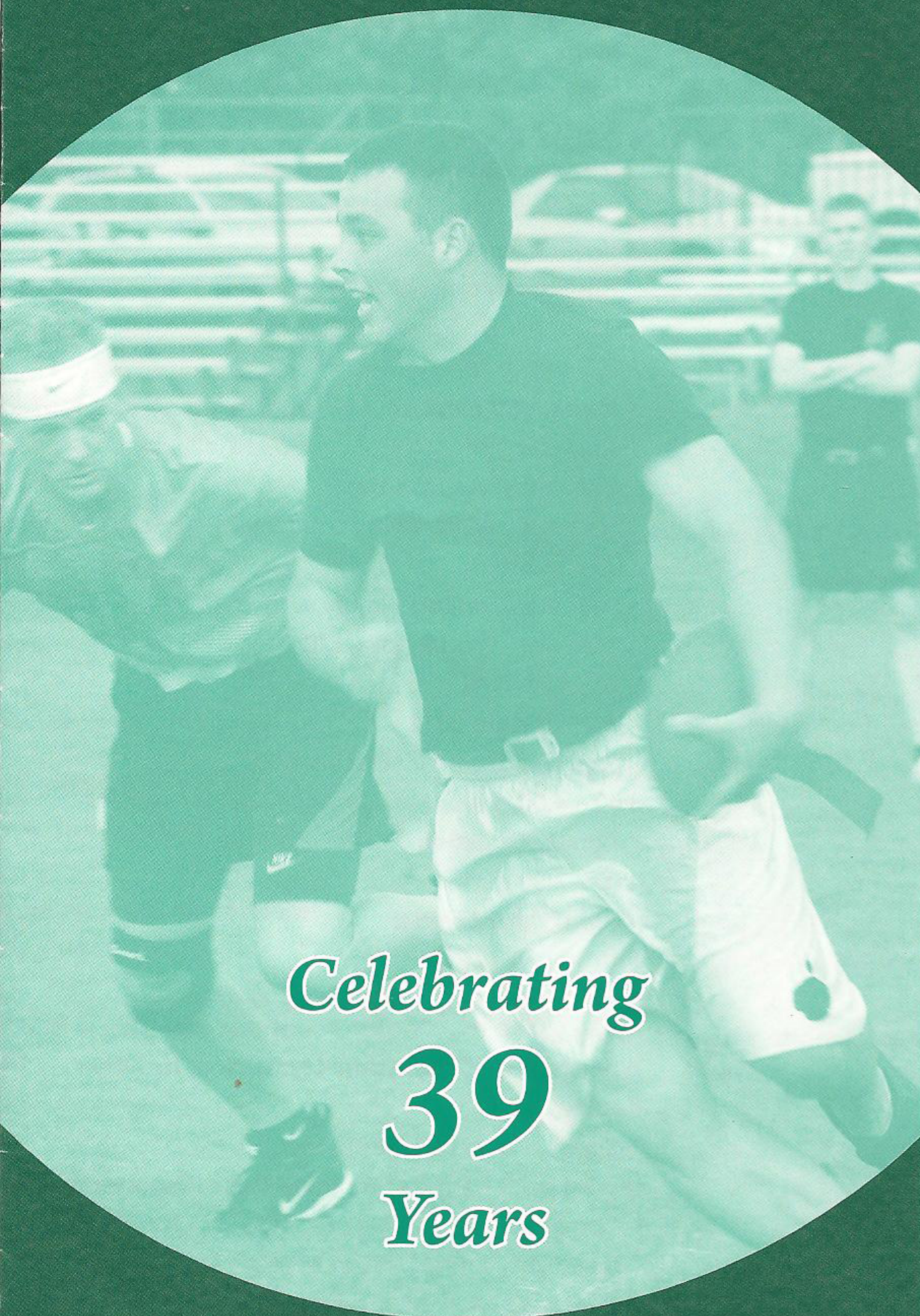


**39TH ANNUAL SYMPOSIUM ON
SPORTS MEDICINE**

JANUARY 26-28, 2012

**MARRIOTT PLAZA SAN ANTONIO
SAN ANTONIO, TEXAS**



Celebrating
39
Years

SPONSORED BY

**THE UNIVERSITY OF TEXAS AT AUSTIN
DEPARTMENT OF ATHLETICS**

&

**UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS**

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine, head, neck and spinal column; shoulder and upper extremity; the leg, foot and ankle; pediatric sports injury; rehabilitation; and the knee. The format includes lectures, panels and discussion. In addition, there will be special workshops on cutting-edge topics including "Concussions: Legislation, Liability, Reality," "Sports Medicine Case Conference," "The Female Athlete, and "Rehabilitation Update." This year's anatomy dissection demonstrations focus on the knee, foot and ankle. Participants are encouraged to bring problem cases for discussion by the faculty during the question and answer periods. Exhibits by a number of sports related companies will be featured.

TARGET AUDIENCE

The 39th Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by condition and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 26, 2012. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu/sportsmedicine2012.asp> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this live activity for a maximum of **14.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 16.24 hours of continuing education for certified athletic trainers.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500795) is approved and registered by

the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Athletic Trainers can receive a maximum of 19.60 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Marriott Plaza San Antonio located at 555 S. Alamo Street San Antonio, Texas.

Surrounded by sun-bathed courtyards, sparkling fountains and lush gardens complete with free-roaming pheasants and peacocks, the Marriott Plaza San Antonio Hotel, provides a resort style oasis of tranquility in the heart of downtown San Antonio, the perfect hotel for your leisure, business or meeting needs. As part of the experience of San Antonio we are surrounded by restaurants like: Azuca, Mi Tierra, The Hard Rock Café, and the Little Rhine Steakhouse.

A block of rooms has been reserved at the special rate of \$106 for single occupancy, \$106 for double occupancy, \$126 for triple occupancy, \$146 for quadruple occupancy. Please be sure to reserve your reservation on or before **Wednesday, December 28, 2011.**

To receive the special rate visit, <http://cme.uthscsa.edu/sportsmedicine2012.asp> or contact **(800) 266-9432**. When making your phone reservations, please specify that you will be attending the "The UT Health Science Center San Antonio School of Medicine 39th Annual Symposium on Sports Medicine" to qualify for the group rate.

COURSE LOCATION

Marriott Plaza San Antonio
555 S. Alamo Street
San Antonio, TX. 78216

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks and lunch; and access to downloadable handouts from the UT Health Science Center CME website.

There is a separate registration fee for the Thursday evening CPR course. See the registration form for details.

If you must cancel, your tuition will be refunded less a \$50 administrative fee, provided notice is received by December 26, 2011. The UTHSCSA Office of Continuing Medical Education reserves the right to limit enrollment or cancel any course no less than a week prior to the start date of the course. Should circumstances make this necessary tuition will be refunded in full. The UTHSCSA Office of Continuing Medical Education is not responsible for transportation or lodging costs. For additional information, call The Continuing (include a space) Medical Education Office at (210) 567-4446 or toll free at 1-866-601-4448.

SCHEDULE/AGENDA

THURSDAY, JANUARY 26, 2012

5:30 – 7:30 p.m.

Conference Registration

6:00 – 9:00 p.m.

CPR Recertification Course

FRIDAY, JANUARY 27, 2012

7:00 – 7:20 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcoming Remarks

Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: Rudy Navarro, MD

7:30 – 7:50 a.m.

Skin Diseases in Athletics

Speaker: Robert T. Gilson, MD

7:50 – 8:05 a.m.

The Pre-Participation Physical

Speaker: Rudy Navarro, MD, CAQSM

8:05 – 8:25 a.m.

Management of Dental and Facial Injuries

Speaker: Steven B. Buckley, DDS, MD

8:25 – 8:45 a.m.

Asthma and Athletics

Speaker: C. Mark Chassay, MD

8:45 – 9:05 a.m.

Break/Visit Exhibits

9:05 – 9:25 a.m.

On-the-Field Emergencies

Speaker: Jorge E. Gomez, MD

9:25 – 9:40 a.m.

Diabetes and Athletics

Speaker: Shaylon D. Rettig, MD

9:40 – 9:55 a.m.

Heat, Fluid, and Electrolytes

Speaker: Jorge E. Gomez, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break/Visit Exhibits

HEAD, NECK AND SPINAL COLUMN

Moderator: John R. Seals, MD

10:30 – 10:45 a.m.

Concussion: Diagnosis and Physiology

Speaker: John R. Seals, MD

10:45 – 11:00 a.m.

Head Injury: Return-to-Play Criteria

Speaker: Thomas A. Kingman, MD

11:00 – 11:15 a.m.

Cervical Spine Injury

Speaker: Frank K. Kuwamura, III, MD

11:15 – 11:30 a.m.

Lumbar Spine Injury

Speaker: Pablo Vasquez-Seoane, MD

11:30 – 11:45 a.m.

Brachial Plexus

Speaker: Mark R. Bagg, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch/Visit Exhibits

THE LEG, FOOT AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Lateral Ankle and High Ankle Sprains

Speaker: Mark M. Casillas, MD

1:20 – 1:40 p.m.

Stress Fractures of the Lower Extremity

Speaker: S. Josh Bell, MD

1:40 – 2:00 p.m.

Orthoses in the Foot and Ankle in Athletes

Speaker: Mark A. Kirchner, CPO, LPO

2:00 – 2:20 p.m.

Turf Toe and Midfoot Sprains

Speaker: Mark M. Casillas, MD

2:20 – 2:40 p.m.

Panel Discussion

2:40 – 3:00 p.m.

Break/Visit Exhibits

PEDIATRIC SPORTS INJURY

Moderator: Earl A. Stanley, MD

3:00 – 3:20 p.m.

Knee Problems in the Pediatric Athlete

Speaker: Travis Murray, MD

3:20 – 3:40 p.m.

Growth Plate: Role in Pediatric Sports Medicine

Speaker: William Koeck, MD

3:40 – 3:55 p.m.

The Spine in Pediatric Athletes

Speaker: Earl A. Stanley, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break/Visit Exhibits

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I – Anatomy of the Knee

Speaker: Jesse C. DeLee, MD

Speaker: Philip M. Jacobs, MD

Speaker: Michael Vrana, MD

Anatomy II – Anatomy of the Foot and Ankle

Speaker: Mark M. Casillas, MD

Speaker: Nolan Malthesen, MD

SATURDAY, JANUARY 28, 2012

7:00 – 7:30 a.m.

Continental Breakfast

THE SHOULDER AND UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Charles A. Rockwood, Jr., MD

7:50 – 8:10 a.m.

Shoulder Instability

Speaker: Philip M. Jacobs, MD

8:10 – 8:30 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Michael D. Loeb, MD

8:30 – 8:50 a.m.

AC and SC Joint Injuries

Speaker: Anil K. Dutta, MD

8:50 – 9:10 a.m.

The Elbow in Throwing Sports

Speaker: Bernard Morrey, MD

9:10 – 9:30 a.m.

Hand Injury

Speaker: Fred G. Corley, MD

9:30 – 9:50 a.m.

Panel Discussion

9:50 – 10:10 a.m.

Break/Visit Exhibits

REHABILITATION

Moderator: K. Renee Thiebaud, PT, PhD

10:10 – 10:25 a.m.

Nutrition, Vitamins and Dietary Supplements

Speaker: Annette M. Zaharoff, MD

10:25 – 10:40 a.m.

Core Strengthening

Speaker: John Malfer, PT, ATC

10:40 – 11:00 a.m.

Proprioceptive Training

Speaker: Manuel C. Sanchez, PT, LAT, ATC

11:00 – 11:15 a.m.

Sportmetrics

Speaker: Meg Jacobs, PT

11:15 – 11:30 a.m.

Rehabilitation of the Spine

Speaker: Julie Barnett, PT, DPT, MTC

11:30 – 11:45 a.m.

Rehabilitation, Education and Bracing of the Patellofemoral Joint

Speaker: K. Renee Thiebaud, PT, PhD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1 p.m.

Lunch/Visit Exhibits

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m.

Meniscus Injury

Speaker: Matthew C. Murray, MD

1:40 – 2:00 p.m.

Medial and Lateral Collateral Ligament Injuries

Speaker: John C. Pearce, MD

2:00 – 2:20 p.m.

The Patellofemoral Joint

Speaker: Douglas R. Elenz, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

PCL Injury: An Update

Speaker: W. Randall Schultz, MD

3:00 – 3:20 p.m.

Articular Cartilage Injury

Speaker: Brad S. Tolin, MD

3:20 – 3:40 p.m.

ACL Update 2012

Speaker: Jesse C. DeLee, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Concussion: Legislation, Liability, Reality

Speaker: John R. Seals, MD

Workshop II – Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: John C. Pearce, MD

Speaker: Mark M. Casillas, MD

Workshop III- The Female Athlete

Speaker: Christine M. Bonci, MS, ATC, LAT

Workshop IV – Rehabilitation Update

Speaker: K. Renee Thiebaud, PT, PhD

Course Director

Jesse C. DeLee, MD

Content Reviewer

Professor

Department of Orthopaedic Surgery
UT Health Science Center San Antonio
San Antonio, TX

Visiting & Guest Faculty

Mark R. Bagg, MD

Orthopaedic Hand Surgeon
The Hand Center of San Antonio
San Antonio, TX

S. Josh Bell, MD

Orthopaedic Surgeon
The San Antonio Orthopaedic Group, LLC
San Antonio, TX

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Co-Director
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Medicine, Intercollegiate Athletics
The University of Texas at Austin
Austin, TX

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Alamo Maxillofacial Surgical Associates
San Antonio, TX

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Owner/Orthopaedic Surgeon
Foot & Ankle of South Texas
San Antonio, TX

C. Mark Chassay, MD

Head Team Physician
Division of Athletic Training/Sports Medicine,
Intercollegiate Athletics
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Orthopaedic Surgeon
Austin Sports Medicine
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Meg Jacobs, PT

Physical Therapist
Momentum Physical Therapy and
Sports Rehab
San Antonio, TX

Philip M. Jacobs, MD

Orthopaedic Surgeon
The San Antonio Orthopaedic Group, LLC
San Antonio, TX

Mark A. Kirchner, CPO, LPO

Owner/Practitioner
MK Prosthetic and Orthotic Services
San Antonio, TX

William Koeck, MD

Private Practice
San Antonio, TX

Frank K. Kuwamura, III, MD

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South Texas Spinal Clinic
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Orthopaedic Surgeon
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Owner/Physical Therapy/Athletic Trainer
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San Antonio, TX

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South TX Radiology Group
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PT Director
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San Antonio, TX

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Orthopaedic Surgeon
The San Antonio Orthopaedic Group, LLC
San Antonio, TX

Pablo Vasquez-Seoane, MD

Orthopaedic Surgeon
The San Antonio Orthopaedic Group, LLC
San Antonio, TX

Annette M. Zaharoff, MD

Medical Director
The Non Surgical Center of Texas
San Antonio, TX

UT Health Science Center San Antonio Speakers

Julie Barnett, PT, DPT, MTC

Assistant Professor
Department of Physical Therapy

Fred G. Corley, MD

Professor of Plastic Surgery/Professor of
Orthopaedics
Division of Plastic Surgery
Department of Orthopaedics

Anil K. Dutta, MD

Assistant Professor/Deputy
Residency Program
Department of Orthopaedics

Robert T. Gilson, MD

Dermatologist
Cancer Therapy Research Center (CTRC)

Jorge E. Gomez, MD

Clinical Professor/Director
of Athletic Medicine
Department of Pediatrics

Thomas A. Kingman, MD

Clinical Assistant/Professor
of Surgery/Neurosurgery
Department of Neurosurgery

Nolan Malthesen, MD

Sports Medicine Orthopaedic Fellow
Department of Orthopaedic

Bernard Morrey, MD

Clinical Professor
Department of Orthopaedics

Matthew C. Murray, MD

Assistant Professor
Department of Orthopaedics

Travis Murray, MD

Assistant Professor
Department of Orthopaedics

Rudy Navarro, MD, CAQSM

Associate Professor/Clinical
Department of Family & Community
Medicine
Department of Orthopedics

Charles A. Rockwood, Jr., MD

Professor and Chair Emeritus
Department of Orthopaedics

Earl A. Stanley, MD

Associate Professor/Clinical
Department of Orthopaedics

Michael Vrana, MD

Sports Medicine Orthopaedic Fellow
Department of Orthopaedics

REGISTRATION FORM

Continuing Medical Education 151292

39TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 26-28, 2012

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ MI: _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ FAX: _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? Yes No

Federal Tax ID# (If Institution pays fee): _____

Do you have special requirements? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

FOUR EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu/sportsmedicine2012.asp>

Fax: 210-567-6964 (include this registration form and payments with credit card information)

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education

7703 Floyd Curl Drive – MC 7980

San Antonio, TX 78229-3900

By Phone: 210-567-4491 or 1-866-601-4448

REGISTRATION FEES:

Early Registration	Before Dec. 26, 2011	After Dec. 26, 2011
Physician	\$275	\$300
Others	\$150	\$170
CPR Recertification	\$50	\$55
TOTAL	\$ _____	\$ _____

Check enclosed (please make payable to UTHSCSA CME-151292)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name: _____
(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4491 or 1-866-601-4448 or cme@uthscsa.edu.



**UT HEALTH
SCIENCE CENTER**

SAN ANTONIO

The University of Texas Health Science Center at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive — MC 7980
San Antonio, Texas 78229 — 3900

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JANUARY 26-28, 2012