

**38TH ANNUAL SYMPOSIUM ON
SPORTS MEDICINE**

JANUARY 13-15, 2011

**HILTON SAN ANTONIO AIRPORT
SAN ANTONIO, TEXAS**



***Celebrating
38
Years***

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**THE UNIVERSITY OF TEXAS AT AUSTIN
DEPARTMENT OF ATHLETICS**

&

**UT HEALTH SCIENCE CENTER SAN ANTONIO
SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS**

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Specialists to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine; head, neck and spinal column; shoulder and upper extremity; the leg, foot, and ankle; pediatric sports injury; and rehabilitation. The format includes lectures, panels and discussions. In addition, there will be special workshops on cutting-edge topics including "AED and Sudden Death in Athletes", "Challenges In Rehabilitation", "The Female Athlete" and "Sports Medicine Case Conference." This year's anatomy dissection demonstrations focus on the hand and shoulder. Participants are encouraged to bring problem cases for discussion by the faculty during the question and answer periods. Exhibits by a number of sports related companies will be featured.

TARGET AUDIENCE

The 38th Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES

- Develop a concept of one's position on a Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by conditioning and utilization of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 13, 2011. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for this workshop which is available for an additional fee. See registration form or our Web site http://cmecourses.uthtscsa.edu/eventinfo_1346.html for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this educational activity for a maximum of **14.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 16.24 hours of continuing education for certified athletic trainers.

LAT:

The University of Texas Health Science Center San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Athletic Trainers can receive

a maximum of 19.60 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

HOTEL INFORMATION

A block of rooms has been reserved at the meeting site, the Hilton San Antonio Airport located at 611 Northwest Loop 410 in San Antonio, Texas.

With a great combination of outstanding service, executive amenities and a central location, the Hilton San Antonio Airport is always in demand. Enjoying inviting guest rooms, spice up the morning with a Tex-Mex breakfast, or stir up ideas in an intimate boardroom. Our meeting staff is the essence of Texas charm and can help you appreciate this city's Southern comforts.

Service & Amenities

- Tex's Grill Restaurant-An authentic ranch house setting serving Texas-styled specialties
- Tex's Sports Bar-Two step into an evening of sports, memorabilia and cocktails
- Outdoor courtyard pool, hot tub and sauna
- Complete fitness center
- Business center with fax, photocopying, computer and Internet access
- Complimentary 24-hour airport shuttle
- Wireless High-speed Internet access

To receive the special rate of \$99, call 1-888-728-3031 or visit http://cmecourses.uthscsa.edu/eventinfo_1346.html on/before Tuesday, December 14, 2010

COURSE LOCATION

Hilton San Antonio Airport
611 Northwest Loop, 410
San Antonio, TX. 78216
Phone: 210-340-6060
Fax: 210-377-4674

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, breaks, and lunch; and access to downloadable handouts from the UT Health Science Center CME Website.

There is a separate registration fee for the Thursday evening CPR course. See the registration form for details.

If you must cancel your registration, tuition will be refunded less a \$50 administrative fee, provided notice is received by December 14, 2010. The UT Health Science Center San Antonio School of Medicine, Continuing Medical Education Office reserves the right to limit enrollment or cancel any course no less than one week prior to the activity. Should circumstances make this action necessary, tuition will be refunded in full.

SCHEDULE/AGENDA

Thursday, January 13, 2011

5:30 – 7:30 p.m.

Conference Registration

6:00 – 9:00 p.m.

CPR Recertification Course

Friday, January 14, 2011

6:30 – 7:30 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcoming Remarks

Jesse C. DeLee, MD

GENERAL SPORTS MEDICINE

Moderator: C. Mark Chassay, MD

7:30 – 7:50 a.m.

On-the-Field Emergencies

Speaker: Jorge E. Gomez, MD

7:50 – 8:05 a.m.

Acute Management of Dental and Facial Injuries

Speaker: Steven B. Buckley, DDS, MD

8:05 – 8:25 a.m.

Eye Injuries

Speaker: Gilberto Aguirre, MD

8:25 – 8:45 a.m.

Asthma & Athletics

Speaker: Shaylon D. Rettig, MD

8:45 – 9:05 a.m.

Break/Visit Exhibits

9:05 – 9:25 a.m.

Nutrition and Dietary Supplements

Speaker: Annette M. Zaharoff, MD

9:25 – 9:40 a.m.

Dermatology Issues in Athletes

Speaker: John C. Browning, MD

9:40 – 9:55 a.m.

The Diabetic Athlete

Speaker: C. Mark Chassay, MD

9:55 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break

HEAD, NECK & SPINAL COLUMN

Moderator: Pablo Vazquez-Seoane, MD

10:30 – 10:45 a.m.

Concussion: What is it?

Speaker: John R. Seals, MD

10:45 – 11:00 a.m.

On-the-Field Evaluation of Head Injury

Speaker: Thomas A. Kingman, MD

11:00 – 11:15 a.m.

Cervical Spine Injuries

Speaker: Pablo Vazquez-Seoane, MD

11:15 – 11:30 a.m.

Lumbar and Thoracic Spine Injury

Speaker: Frank K. Kuwamura, III, MD

11:30 – 11:45 a.m.

Brachial Plexus

Speaker: Fred G. Corley, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

THE LEG, FOOT & ANKLE

Moderator: Jerome Benavides, MD

1:00 – 1:20 p.m.

Lateral Ankle Sprains

Speaker: Jerome Benavides, MD

1:20 – 1:40 p.m.

Turf Toe and Mid-foot Sprains

Speaker: Mark M. Casillas, MD

1:40 – 2:00 p.m.

Foot and Ankle Orthoses in the Athlete

Speaker: Mark A. Kirchner, CPO, LPO

2:00 – 2:20 p.m.

Syndesmosis Injuries

Speaker: Mark M. Casillas, MD

2:20 – 2:40 p.m.

Stress Fractures of the Leg, Ankle and Foot

Speaker: Jerome Benavides, MD

2:40 – 3:00 p.m.

Break/Visit Exhibits

PEDIATRIC SPORTS INJURIES

Moderator: Earl A. Stanley, MD

3:00 – 3:20 p.m.

Knee Injuries in the Pediatric Athlete

Speaker: Travis Murray, MD

3:20 – 3:40 p.m.

Growth Plate Injuries in Pediatric Athletes

Speaker: Earl A. Stanley, MD

3:40 – 3:55 p.m.

Strength Training in the Pediatric Athlete

Speaker: William Koeck, MD

3:55 – 4:10 p.m.

Panel Discussion

4:10 – 4:30 p.m.

Break

ANATOMY WORKSHOPS

4:30 – 5:45 p.m.

Anatomy I – Anatomy of the Hand

Speaker: Fred G. Corley, MD

Speaker: Hank Wallace, MD

Anatomy II – Anatomy of the Shoulder

Speaker: Philip M. Jacobs, MD

Saturday, January 15, 2011

7:00 – 7:30 a.m.

Continental Breakfast

THE SHOULDER AND UPPER EXTREMITY

Moderator: Fred G. Corley, MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Charles A. Rockwood, Jr., MD

7:50 – 8:10 a.m.

Anterior and Posterior Instability

Speaker: Michael D. Loeb, MD

8:10 – 8:30 a.m.

AC and SC Joint Injuries

Speaker: Anil K. Dutta, MD

8:30 – 8:50 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Philip M. Jacobs, MD

8:50 – 9:10 a.m.

The Elbow in Throwing Sports

Speaker: Bernie Morrey, MD

9:10 – 9:30 a.m.

Hand Injuries in Sports

Speaker: Mark R. Bagg, MD

9:30 – 9:50 a.m.

Panel Discussion

9:50 – 10:10 a.m.

Break

REHABILITATION

Moderator: K. Renee Thiebaud, PhD, PT

10:10 – 10:25 a.m.

Core Strengthening

Speaker: Manuel C. Sanchez, PT, LAT, ATC

10:25 – 10:40 a.m.

Patellofemoral Education and Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

10:40 – 11:00 a.m.

Rehabilitation Techniques for the Foot and Ankle

Speaker: Meg Jacobs, PT

11:00 – 11:15 a.m.

Techniques for Proprioceptive Training

Speaker: Chad Elms, PT, ATC

11:15 – 11:30 a.m.

Techniques in Rehabilitation of the Spine

Speaker: Julie Barnett, PT, DPT, MTC

11:30 – 11:45 a.m.

Shoulder Rehabilitation Techniques

Speaker: Charles A. Oliver, DC, MPT, OCS

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

REHABILITATION

Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m.

Knee Imaging

Speaker: Jack C. Clements, MD, PhD

1:20 – 1:40 p.m.

Meniscus Injury

Speaker: Douglas R. Elenz, MD

1:40 – 2:00 p.m.

Medial and Lateral Collateral Ligament Injuries

Speaker: W. Randall Schultz, MD

2:00 – 2:20 p.m.

Patellofemoral Injuries

Speaker: John C. Pearce, MD

2:20 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

PCL Injury: An Update

Speaker: Brad S. Tolin, MD

3:00 – 3:20 p.m.

Articular Cartilage Injuries

Speaker: Casey Taber, MD

3:20 – 3:40 p.m.

ACL Update

Speaker: Jesse C. DeLee, MD

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Sudden Death in Athletes & AED

(Maintenance, storage, etc.)

Speaker: Arnold Fenrich, MD

Workshop II – Sports Medicine Case Conference

Speaker: Jesse C. DeLee, MD

Speaker: John C. Pearce, MD

Speaker: Jerome Benavides, MD

Workshop III – What's New in Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

Workshop IV – The Female Athlete

Speaker: Christine M. Bonci, MS, ATC, LAT

Course Director

Jesse C. DeLee, MD
Professor
Department of Orthopaedic Surgery
UT Health Science Center San Antonio
San Antonio, TX

Visiting & Guest Faculty

Gilberto Aguirre, MD
Chief, Section of Ophthalmology
South Texas Veterans Health Care System
Clinical Professor
Department of Ophthalmology
UT Health Science Center San Antonio
San Antonio, TX

Mark R. Bagg, MD
Orthopaedic Hand Surgeon
The Hand Center of San Antonio
San Antonio, TX

Julie Barnett, PT, DPT, MTC
Clinical Assistant Professor
UT Health Science Center San Antonio
San Antonio, TX

Jerome Benavides, MD
Orthopaedic Foot and Ankle Specialist
Foot & Ankle Center of South Texas
San Antonio, TX

Christine M. Bonci, MS, ATC, LAT
Co-Director; Division of Athletic Training/
Sports Medicine, Intercollegiate Athletics
The University of Texas at Austin
Austin, TX

John C. Browning, MD
Assistant Professor
UT Health Science Center San Antonio
San Antonio, TX

Steven B. Buckley, DDS, MD
Private Practice
Alamo Maxillofacial Surgical Associates
San Antonio, TX

Mark M. Casillas, MD
Owner/Orthopaedic Surgeon
Foot & Ankle of South Texas
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C. Mark Chassay, MD
Head Team Physician, Division
of Athletic Training/Sports
Medicine, Intercollegiate Athletics
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Jack C. Clements, MD, PhD
Musculoskeletal Radiologist
South Texas Radiology Imaging Centers
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Fred G. Corley, MD
Professor of Plastic Surgery/
Professor of Orthopaedics
UT Health Science Center San Antonio
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Anil K. Dutta, MD
Assistant Professor/
Deputy Residency Program
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Douglas R. Elenz, MD
Orthopaedic Surgery
Austin Sports Medicine
Austin, TX

Chad Elms, PT, ATC
Co-Owner/Chairman of the Board
Kinematic Concepts and Momentum
Physical Therapy and Sports Rehab
Helotes, TX

Arnold Fenrich, MD
Electrophysiologist
Children's Cardiology Associates
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Jorge E. Gomez, MD
Clinical Professor/Director of Athletic Medicine
Department of Pediatrics
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Meg Jacobs, PT
San Antonio, TX

Philip M. Jacobs, MD
Orthopaedic Surgeon
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Thomas A. Kingman, MD
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Department of Neurology
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Mark A. Kirchner, CPO, LPO
MK Prosthetic and Orthotic Services
Owner/Practitioner
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Orthopaedic Surgeon
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& Rehabilitation Associates
Austin, TX

Bernie Morrey, MD
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Travis Murray, MD
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Charles A. Oliver, DC, MPT, OCS
Comprehensive Chiropractic
and Physical Therapy
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John C. Pearce, MD
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Austin Bone & Joint Clinic
Austin, TX

Shaylon D. Rettig, MD
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CATZ Sports San Antonio &
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Hank Wallace, MD
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Annette M. Zaharoff, MD
Private Practice
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REGISTRATION FORM

Continuing Medical Education 131205

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January 13-15, 2011

UT HEALTH SCIENCE CENTER SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ **MI:** _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ **FAX:** _____

EMAIL: _____

UT Health Science Center San Antonio Alumni? Yes No

Federal Tax ID# (If Institution pays fee): _____

Do you have special requirements? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

FOUR EASY WAYS TO REGISTER:

Online: http://cmecourses.uthscsa.edu/eventinfo_1346.html

Fax: 210-567-6964 (include this registration form and payments with credit card information)

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education
MC 7980 – 7703 Floyd Curl Drive
San Antonio, TX 78229-3900

By Phone: 210-567-4446 or 1-866-601-4448

REGISTRATION FEES:

Early Registration	Before Dec. 14, 2010	After Dec. 14, 2010
Physician	\$240	\$270
Others	\$140	\$160
CPR Recertification	\$40	\$45
TOTAL	\$	\$

Check enclosed (please make payable to UTHSCSA CME-131205)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ **Exp. Date:** _____

Cardholder name: _____
(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4446 or 1-866-601-4448 or cme@uthscsa.edu.



The University of Texas Health Science Center at San Antonio
Continuing Medical Education — MC 7980
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San Antonio, Texas 78229 – 3900

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