

CELEBRATING

36

YEARS

**36TH ANNUAL SYMPOSIUM
ON SPORTS MEDICINE
JANUARY 15-17, 2009**

SPONSORED BY

THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER
AT SAN ANTONIO - SCHOOL OF MEDICINE
DEPARTMENT OF ORTHOPAEDICS

&

THE UNIVERSITY OF TEXAS AT AUSTIN
ATHLETICS DEPARTMENT

<http://cme.uthscsa.edu>
<http://utsportsmedsymposium.com>

SCHEDULE/AGENDA

Thursday, January 15, 2009

5:30 – 7:30 p.m.

Conference Registration

6:00 – 9:00 p.m.

CPR Certification

Friday, January 16, 2009

7:00 – 7:20 a.m.

Registration & Continental Breakfast

7:20 – 7:30 a.m.

Introduction & Welcoming Remarks

Speaker: Daniel W. Carlisle, MD

GENERAL SPORTS MEDICINE

Moderator: C. Mark Chassay, MD

7:30 – 7:50 a.m.

On-the-Field Emergencies

Speaker: C. Mark Chassay, MD

7:50 – 8:10 a.m.

Acute Management of Dental and Facial Injuries

Speaker: Steven B. Buckley, DDS, MD

8:10 – 8:30 a.m.

Eye Injuries

Speaker: David Shulman, MD

8:30 – 8:50 a.m.

Dermatologic Issues in Athletes

Speaker: John Browning, MD

8:50 – 9:05 a.m.

Break/Visit Exhibits

9:05 – 9:25 a.m.

The Effects of Exercise on the Immune System

Speaker: Alexander Hutchison, PhD

9:25 – 9:45 a.m.

Nutrition and Dietary Supplements

Speaker: Annette M. Zaharoff, MD

9:45 – 10:00 a.m.

Asthma and Athletics

Speaker: C. Mark Chassay, MD

10:00 – 10:15 a.m.

Panel Discussion

10:15 – 10:30 a.m.

Break

HEAD, NECK, AND SPINAL COLUMN

Moderator: Pablo Vazquez-Seoane, MD

10:30 – 10:50 a.m.

Evaluation of Head Injury and Criteria to Return To Play

Speaker: Thomas A. Kingman, MD

10:50 – 11:10 a.m.

Cervical Spine Injuries in Sports including Cold Therapy

Speaker: Pablo Vazquez-Seoane, MD

11:10 – 11:25 a.m.

Brachial Plexus Injuries

Speaker: John V. Ingari, MD

11:25 – 11:45 a.m.

Lumbar and Thoracic Spine Injuries

Speaker: Ajeya Joshi, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

THE LEG, FOOT, AND ANKLE

Moderator: Mark M. Casillas, MD

1:00 – 1:20 p.m.

Compartment Syndromes in Athletics

Speaker: Fred G. Corley, Jr., MD

1:20 – 1:40 p.m.

Lateral Ankle Sprains

Speaker: Jonathan P. Cornelius, MD

1:40 – 2:00 p.m.

Foot and Ankle Orthoses in Athletics

Speaker: Mark A. Kirchner, CPO, LPO

2:00 – 2:20 p.m.

Turf Toe and Other Mid-Foot Sprains

Speaker: Mark M. Casillas, MD

2:20 – 2:40 p.m.

Break

2:40 – 3:00 p.m.

Syndesmosis Injuries

Speaker: Mark M. Casillas, MD

3:00 – 3:20 p.m.

Stress Fractures of Leg, Foot, and Ankle

Speaker: Mark M. Casillas, MD

3:20 – 3:40 p.m.

Panel Discussion

3:40 – 4:00 p.m.

Break

4:00 – 5:30 p.m.

ANATOMY WORKSHOPS

Anatomy I - THE KNEE

Jesse C. DeLee, MD

Philip M. Jacobs, MD

Eric Stehley, MD

Anatomy II - THE FOOT AND ANKLE

Mark M. Casillas, MD

Jonathan P. Cornelius, MD

Saturday, January 17, 2009

7:00 – 7:30 a.m.

Continental Breakfast

THE SHOULDER AND UPPER EXTREMITY

Moderator: Fred G. Corley, Jr., MD

7:30 – 7:50 a.m.

Physical Examination of the Shoulder

Speaker: Michael D. Loeb, MD

7:50 – 8:10 a.m.

Anterior and Posterior Instability of the Shoulder

Speaker: Brad S. Tolin, MD

8:10 – 8:30 a.m.

AC and SC Joint Injuries

Speaker: Jason Rabenold, MD

8:30 – 8:50 a.m.

Rotator Cuff and SLAP Lesions

Speaker: Phillip M. Jacobs, MD

8:50 – 9:10 a.m.

The Elbow in Throwing Sports

Speaker: Mark R. Bagg, MD

9:10 – 9:30 a.m.

Hand Injuries in Sports

Speaker: Fred G. Corley, Jr., MD

9:30 – 9:50 a.m.

Panel Discussion

9:50 – 10:10 a.m.

Break

REHABILITATION

Moderator: John Malfer, PT, ATC

10:10 – 10:25 a.m.

The Importance of Core Stabilization

Speaker: John Malfer, PT, ATC

10:25 – 10:40 a.m.

Patellofemoral Education and Rehabilitation

Speaker: K. Renee Thiebaud, PhD, PT

10:40 – 11:00 a.m.

Biometric Training in the Young Athlete

Speaker: Jorge E. Gomez, MD

11:00 – 11:15 a.m.

Stress Injuries of the Soft Tissue

Speaker: Shaylon D. Rettig, MD

11:15 – 11:30 a.m.

Proprioceptive Training

Speaker: Manuel C. Sanchez, PT, LAT

11:30 – 11:45 a.m.

Strength Training in the Adolescent Athlete

Speaker: John Edeen, MD

11:45 – 12:00 p.m.

Panel Discussion

12:00 – 1:00 p.m.

Lunch

THE KNEE

Moderator: Jesse C. DeLee, MD

1:00 – 1:15 p.m.

The Adolescent Knee

Speaker: William Koeck, MD

1:15 – 1:35 p.m.

Meniscus Injury, Repair, Transplant

Speaker: W. Randall Schultz, MD

1:35 – 1:50 p.m.

Medial and Lateral Collateral Ligament

Speaker: John C. Pearce, MD

1:50 – 2:05 p.m.

PCL Injury Update

Speaker: Casey Tabor, MD, PhD

2:05 – 2:25 p.m.

MRI of the Knee

Speaker: Jack Clement, MD, PhD

2:25 – 2:40 p.m.

Break/Visit Exhibits

2:40 – 3:00 p.m.

Articular Cartilage Lesions

Speaker: E. Carey Windler, MD

3:00 – 3:20 p.m.

ACL Update

Speaker: Jesse C. DeLee, MD

3:20 – 3:40 p.m.

Principles of Knee Rehabilitation

Speaker: Meme C. Schmitz, PT

3:40 – 4:00 p.m.

Panel Discussion

4:00 – 4:30 p.m.

Break/Visit Exhibits

4:30 – 6:00 p.m.

WORKSHOPS

Workshop I - AED (Maintenance, Storage, etc.) and Sudden Death in Athletes

Bryan Cannon, MD

Workshop II - Sports Medicine Case Conference

Jesse C. DeLee, MD

John C. Pearce, MD

W. Randall Schultz, MD

Workshop III - Challenges in Rehabilitation

K. Renee Thiebaud, PhD, PT

Kay Harrell, PhD

Workshop IV - The Female Athlete

Christine M. Bonci, MS, ATC, LAT

maximum of 19.0 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

LOCATION

The Symposium will take place at the Hilton San Antonio Airport hotel conveniently located just 1.9 miles from San Antonio International Airport (SAT) and across the highway from the celebrated North Star Mall. All of the major attractions of San Antonio, TX, including the world famous River Walk, the Alamo, Sea World, Six Flags Fiesta Texas and the San Antonio Zoo, are minutes away.

HOTEL INFORMATION

Hilton San Antonio Airport
611 NW Loop 410
San Antonio, TX 78216
210-340-6060
www.sanantonioairport.hilton.com

RESERVATIONS

Make reservations online at www.hilton.com or by contacting the hotel directly at 210-340-6060.

TIPS FOR MAKING YOUR HOTEL RESERVATION:

- 1) Fill in Check in/Check-out dates, Click on Go
- 2) Scroll down to Special Account Section
- 3) Under Group/Convention Code, type in SPT

REGISTRATION

The registration fee includes access to all sessions and workshops; continental breakfast, beverage/snack breaks, and lunch; and access to downloadable handouts from the UT Health Science Center CME Website.

There is a separate registration fee for the Thursday evening CPR course. See the registration form for details.

If you must cancel your registration, tuition will be refunded less a \$50 administrative fee, provided notice is received by January 3, 2009. The UT Health Science Center at San Antonio School of Medicine, Continuing Medical Education Office reserves the right to limit enrollment or cancel any course no less than one week prior to the activity. Should circumstances make this action necessary, tuition will be refunded in full.

COURSE DESCRIPTION

This course provides a forum for Sports Medicine Teams to discuss problems and concepts related to preventing, treating and rehabilitating injured athletes. The Symposium topics will include: general sports medicine; head, neck and spinal column; shoulder and upper extremity; the leg, foot, ankle; the knee; and rehabilitation. The format includes lectures, panels and discussions. In addition, there will be special workshops on cutting-edge topics including "AED and Sudden Death in Athletes", "Challenges In Rehabilitation", "The Female Athlete" and "Sports Medicine Case Conference". This year's anatomy dissection demonstrations focus on the knee, the foot and the ankle. Participants are encouraged to bring problem cases for discussion by the faculty during the question and answer periods. Exhibits by a number of sports related companies will be featured.

TARGET AUDIENCE

The 36th Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, athletic trainers and coaches.

LEARNING OBJECTIVES:

- Develop a concept of one's position on Sports Medicine Team.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injuries to athletes.
- Develop logical approaches to the prevention of injury by conditioning and utilizing of proper protective equipment.

CPR RECERTIFICATION

A recertification course in cardiopulmonary resuscitation(CPR) will be held on Thursday, January 15, 2009. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for the workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu> for details.

CONTINUING EDUCATION STATEMENTS

CME:

The UT Health Science Center San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The UT Health Science Center San Antonio School of Medicine designates this educational activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PT and PTA:

Application has been made to the Texas Physical Therapy Association for continuing education for PTs and PTAs.

ATC:

The University of Texas Health Science Center at San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 16.0 hours of continuing education for certified athletic trainers.

LAT:

The University of Texas Health Science Center at San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBEC) as a continuing education provider. Athletic Trainers can receive a

REGISTRATION FORM

Continuing Medical Education 126452

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UT HEALTH SCIENCE CENTER AT SAN ANTONIO

NOTE: INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: _____ MI: _____

LAST NAME: _____

CREDENTIALS: (select all that apply)

MD DO PT PTA ATC LAT OT RN

LVN Coach Other _____

INSTITUTION: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ FAX: _____

EMAIL: _____

Federal Tax ID# (If Institution pays fee): _____

Do you have special requirements? Yes No

If yes, a CME Staff person will contact you to see how we can assist.

FOUR EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu/coursecatolog>

Mail: Send Registration Form and payment to:

UT Health Science Center at San Antonio

Continuing Medical Education

MSC 7980 - 7703 Floyd Curl Drive

San Antonio, TX 78229-3900

Phone: (210) 567-4446, or toll free 1-866-601-4448 (have credit card info ready)

REGISTRATION FEES:

On or before January 3, 2009

After January 3, 2009

Physician \$235 \$265

Others \$140 \$160

CPR Recertification \$40 \$45

TOTAL \$ \$

Check enclosed (please make payable to UTHSCSA CME-126452)

Please charge my: Visa Mastercard Discover AMEX

Card number: _____ Exp. Date: _____

Cardholder name: _____

(Print as it appears on card)

Signature _____

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4446 or 1-866-601-4448.