

**CELEBRATING**  
**35**  
**YEARS**

**35TH ANNUAL SYMPOSIUM ON**  
**SPORTS MEDICINE**  
**JANUARY 10-12, 2008**



**SPONSORED BY**

**THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER**  
**AT SAN ANTONIO - SCHOOL OF MEDICINE**  
**DEPARTMENT OF ORTHOPAEDICS**  
**&**  
**THE UNIVERSITY OF TEXAS AT AUSTIN**  
**ATHLETICS DEPARTMENT**

<http://cme.uthscsa.edu>  
<http://utsportsmedsymposium.com>

**MAIN AUDITORIUM**

## **COURSE DESCRIPTION**

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Care of the injured athlete demands the full attention and concern of the entire Sports Medicine Team: the coach, trainer, physical therapist, and physician. Foremost in the minds of this team approach should be the prevention of injuries, followed by appropriate treatment and rehabilitation of the athlete. This course provides a forum for the Sports Medicine Team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on preventing injury by conditioning and the use of proper equipment. This year's symposia include: general sports medicine; head, neck and spinal column; shoulder and upper extremity; rehabilitation; and the leg, foot and ankle, and the knee. The format will include lectures, panels, and discussions. In addition, there will be special workshops on cutting-edge topics including "AED and Sudden Death in Athletes", "Problems In Rehabilitation", "The Female Athlete", and "Sports Medicine Case Conference". This year's anatomy dissection demonstrations focus on "The Shoulder" and "The Elbow and Hand". Participants are encouraged to bring problem cases and situations for discussion by the faculty during the question-and answer periods. Exhibits by a number of companies will be featured.

## **TARGET AUDIENCE**

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The 35th Annual Symposium on Sports Medicine is designed for physicians, physician assistants, physical therapists, nurses, LVNs, athletic trainers and coaches.

## **LEARNING OBJECTIVES:**

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- Develop a concept of one's position on the Sports Medicine Team
- Develop logical approaches to the prevention of injury by conditioning and utilization of proper protective equipment.
- Diagnose commonly occurring injuries and advise athletes regarding their treatment.
- Initiate logical primary treatment following injury.
- Develop comprehensive rehabilitation regimens following injuries to athletes.

## **CPR RECERTIFICATION**

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A recertification course in cardiopulmonary resuscitation will be held on Thursday, January 10, 2008. Please note that this is a recertification course for those who have previously been certified in CPR. Separate registration is required for the workshop which is available for an additional fee. See registration form or our Web site <http://cme.uthscsa.edu> for details.

## **LOCATION**

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The 35th Annual Symposium on Sports Medicine will take place on The UT Health Science Center Main Campus, 7703 Floyd Curl Drive, San Antonio, Texas 78229. Both the Symposium and the CPR Recertification Course will be held in the Main Auditorium

## **CONTINUING EDUCATION STATEMENTS**

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CME: The University of Texas Health Science Center at San Antonio School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Texas Health Science Center at San Antonio School of Medicine designates this educational activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity

**PT and PTA:** Application has been made to The Texas Physical Therapy Association for continuing education for PTs and PTAs.

**ATC:** The University of Texas Health Science Center at San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 16.0 hours of continuing education for certified athletic trainers.

**LAT:** The University of Texas Health Science Center at San Antonio School of Medicine (500795) is approved and registered by the Texas State Board for Educator Certification (SBECE) as a continuing education provider. Athletic Trainers can receive a maximum of 19.0 continuing education credits as described by the Advisory Board of Athletic Trainers of the Texas Department of State Health.

## **HOTEL INFORMATION**

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The following hotels are within 5 miles of The University of Texas Health Science Center. Please contact the hotel of your choice for room rates and availability. The conference will not provide shuttle service to/from the hotels. Please inquire about shuttle service directly with the hotel. Please make your own reservation directly with the hotel of your choice and indicate that you are attending the Sports Medicine Symposium to receive the special rate. Room blocks will be held as indicated at each hotel until Monday, December 28, 2007 or until the room block is sold out (whichever occurs first). After that, reservations will be accepted on a space-available basis.

### **AmeriSuites (A Hyatt Hotel)**

4325 Amerisuites Drive  
San Antonio, Texas 78230  
Rate: \$85 Single or Double  
(210) 561-0099

### **Marriott Courtyard**

8585 Courtyard  
San Antonio, Texas 78229  
Rate: \$85 Single or Double  
(210)614-7100

### **Springhill Suites Marriott**

3636 NW Loop 410  
San Antonio, Texas 78201  
Rate: \$93 Single or Double  
(210)737-6086

## **REGISTRATION**

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The registration fee includes access to all sessions and workshop, 1 continental breakfast, 7 beverage breaks, 2 heavy snacks, and 1 lunch; printed syllabus, access to downloadable handout from the UT Health Science Center CME Website. There is a separate registration fee for the Thursday evening CPR course. See the registration form for details.

If you must cancel your registration, tuition will be refunded less a \$50 administrative fee, provided notice is received by January 3, 2008. The UT Health Science Center at San Antonio School of Medicine, Continuing Medical Education Office reserves the right to limit enrollment or cancel any course no less than one week prior to the course. Should circumstances make this action necessary, tuition will be refunded in full.

## SCHEDULE/AGENDA

### **THURSDAY, JANUARY 10, 2008**

**5:30 – 7:30 pm**

CONFERENCE REGISTRATION AND  
MATERIALS PICK-UP

**6:00 – 9:00 pm**

CPR CERTIFICATION

### **FRIDAY, JANUARY 11, 2008**

**10:30 – 11:15 am**

REGISTRATION/VISIT EXHIBITS (SNACK  
PROVIDED)

**11:15 – 11:25 am**

WELCOME, INTRODUCTION &  
OPENING REMARKS

## GENERAL SPORTS MEDICINE

**11:25 – 11:40 am**

*On-the-Field Emergencies*

**C. MARK CHASSAY, MD**

**11:40 – 12:00 noon**

*Acute Management of Dental  
& Facial Injuries*

**STEVEN B. BUCKLEY, DDS, MD**

**12:00 – 12:20 pm**

*Eye Injuries in Sports*

**GILBERTO AGUIRRE, MD**

**12:20 – 12:40 pm**

*Break/Visit Exhibits*

**12:40 – 1:00 pm**

*Dermatological Issues in the Athlete*

**REZA GHOHESTANI, MD, PhD**

**1:00 pm – 1:20 pm**

*Nutrition & Dietary Supplements*

**ANNETTE ZAHAROFF, MD**

**1:20 – 1:40 pm**

*The Diabetic Athlete*

**C. MARK CHASSAY, MD**

**1:40 – 2:00 pm**

*Asthma & Athletics*

**JORGE GOMEZ, M.D.**

**2:00 – 2:15 pm**

*Panel Discussion*

**2:15 – 2:30 pm**

*Break/Visit Exhibits*

## HEAD, NECK & SPINE

**2:30 – 2:50 pm**

*Evaluation of Head Injury & Criteria for  
Return to Play*

**THOMAS A. KINGMAN, MD**

**2:50 – 3:10 pm**  
*Cervical Spine Injuries in Sports*  
**PABLO VAZQUEZ-SEOANE, MD**

**3:10 – 3:30 pm**  
*Brachial Plexus*  
**FRED G. CORLEY, JR., MD**

**3:30 – 3:50 pm**  
*Lumbar & Thoracic Spine Injuries*  
**FRANK KUWAMURA, MD**

**3:50 – 4:10 pm**  
*Panel Discussion*

**4:10 – 4:30 pm**  
*Break/Visit Exhibits*

**4:30 – 6:00 pm**  
**ANATOMY WORKSHOPS**

**Anatomy I - The Shoulder**  
*Philip M. Jacobs, MD*  
*Douglas S. Clouse, MD*  
*Adam Perry, MD*

**Anatomy II - The Elbow & Hand**  
*Fred G. Corley, Jr., MD*  
*John V. Ingari, MD*

**6:00 – 6:30 pm**  
*Snack/Visit Exhibits*

## **LEG, FOOT & ANKLE**

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**6:30 – 6:50 pm**  
*Compartment Syndromes Related to Athletic Activity*  
**MARK M. CASILLAS, MD**

**6:50 – 7:10 pm**  
*When an Ankle Sprain is Not an Ankle Sprain*  
**MARK CASILLAS, MD**

**7:10 – 7:30 pm**  
*Subtle Cavus Foot in Athletes*  
**MARVIN BROWN, MD**

**7:30 – 7:50 pm**  
*Orthotic Management for Athletic Injuries*  
**MARK A. KIRCHNER, CPO, LPO**

**7:50 – 8:10 pm**  
*Panel Discussion*

## **SATURDAY, JANUARY 12, 2008**

**7:00 – 7:30 am**  
**REGISTRATION/VISIT EXHIBITS (CONTINENTAL BREAKFAST PROVIDED)**

## **SHOULDER & UPPER EXTREMITY**

**7:30 – 7:50 am**  
*Physician Examination of the Shoulder*  
**CHARLES A. ROCKWOOD, JR., MD**

**7:50 – 8:10 am**

*Anterior & Posterior Instability of the Shoulder*

**PHILIP M. JACOBS, MD**

**8:10 – 8:30 am**

*AC & SC Joint Injuries*

**BRAD S. TOUN, MD**

**8:30 – 8:50 am**

*Rotator Cuff & SLAP Lesions*

**MICHAEL D. LOEB, MD**

**8:50 – 9:10 am**

*BREAK/VISIT EXHIBITS*

**9:10 – 9:30 am**

*The Elbow in Throwing Sports*

**MARK R. BAGG, MD**

**9:30 – 9:50 am**

*Hand Injuries in Sports*

**JOHN V. INGARI, MD**

**9:50 – 10:10am**

*PANEL DISCUSSION*

**10:10 – 10:30 am**

*BREAK/VISIT EXHIBITS*

## **REHABILITATION**

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**10:30 – 10:45 am**

*Sports-Metrics in Training*

**JOHN MALFER, PT, ATC**

**10:45 – 11:00 am**

*Using the Swiss Ball in Rehabilitation*

**K. RENEE THIEBAUD, PT, PhD**

**11:00 – 11:20 am**

*Patellofemoral Rehabilitation in the Athlete*

**RUSSELL PAINE, PT**

**11:20 – 11:35 am**

*NATA Position Statement: Detecting, Treating, and Preventing Eating Disorders in the Athlete*

**CHRISTINE M. BONCI, MS, ATC, LAT**

**11:35 – 11:50 am**

*Strength Training in the Adolescent*

**SHAYLON D. RETTIG, MD**

**11:50 – 12:05 am**

*Transition to Functional Training in the Knee*

**RUSSELL PAINE, PT**

**12:05 – 12:20pm**

*PANEL DISCUSSION*

**12:20 – 1:00 pm**

*LUNCH (PROVIDED)/VISIT EXHIBITS*

## **THE KNEE**

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**1:00 – 1:20 pm**

*The Adolescent Knee (Osgood-Schlatter, OCD, Patellar Pain)*

**JOHN EDEEN, MD**

**1:20 – 1:40 pm**

*Meniscus Injury: An Update*

**E. CAREY WINDLER, MD**

**1:40 – 2:00 pm**

*Medial & Lateral Collateral Ligament Injuries*

**W. RANDALL SCHULTZ, MD**

**2:00 – 2:20 pm**

*PCL Injury: An Update*

**JOHN C. PEARCE, MD**

**2:20 – 2:40 pm**

*BREAK/VISIT EXHIBITS*

**2:40 – 3:00 pm**

*MRI of the Knee*

**JACK CLEMENT, MD, PhD**

**3:00 – 3:20 pm**

*ACL Update*

**JESSE C. DeLEE, MD**

**3:20 – 3:40 pm**

*Principles of Knee Rehab*

**MIMI SCHMITZ, PT**

**3:40 – 4:00 pm**

*PANEL DISCUSSION*

**4:00 – 4:30 pm**

*BREAK/VISIT EXHIBITS*

**4:30 – 6:00 pm**

*WORKSHOPS*

### **Workshop I**

*AED (maintenance, storage, etc.) & Sudden Death in Athletics*

**BRYAN CANNON, MD**

### **Workshop II**

*Sports Medicine Case Conferences*

**JESSE C. DeLEE, MD**

**JOHN C. PEARCE, MD**

**W. RANDALL SCHULTZ, MD**

### **Workshop III**

*Problems In Rehabilitation*

**K. RENEE THIEBAUD, PT, PhD**

### **Workshop IV**

*The Female Athlete*

**LYNANNE J. FOSTER, MD**

## **COURSE DIRECTORS** ◀

### **DANIEL CARLISLE, MD**

*Interim Chair and Residency Program Director  
Department of Orthopaedics  
UT Health Science Center at San Antonio*

### **JESSE C. DELEE, MD**

*Clinical Professor of Orthopaedics  
UT Health Science Center at San Antonio  
The San Antonio Orthopaedic Group, LLC*

## **GUEST FACULTY** ◀

### **MARK R. BAGG, MD**

*The Hand Center of San Antonio*

### **CHRISTINE M. BONCI, MS, ATC, LAT**

*Assistant Director for Sports Medicine/Women's Athletics,  
The University of Texas at Austin  
Austin, Texas*

### **MARVIN R. BROWN, MD**

*General Orthopedist General Orthopedist  
The San Antonio Orthopaedic Group, LLC*

### **STEVEN B. BUCKLEY, DDS, MD**

*Private Practice  
Alamo Maxillofacial Surgical Associates  
San Antonio, Texas*

### **BRYAN CANNON, MD**

*Physician, Pediatric Cardiology  
Texas Children's Hospital  
Houston, Texas*

### **C. MARK CHASSAY, MD**

*Team Physician, Intercollegiate Athletes  
The University of Texas at Austin  
Austin, Texas*

### **JACK CLEMENT, MD, PHD**

*South Texas Radiology Group  
San Antonio, Texas*

### **JOHN EDEEN, MD**

*Pediatric Orthopedic Associates  
San Antonio, TX*

### **JOHN V. INGARI, MD**

*The Hand Center of San Antonio*

### **MARK A. KIRCHNER, CPO, LPO**

*MK Prosthetic and Orthotic Services  
San Antonio, TX*

### **FRANK K. KUWAMURA, III, MD**

*The San Antonio Orthopaedic Group, LLP*

### **MICHAEL D. LOEB, MD**

*Private Practice  
The Orthopaedic Group  
Austin, TX*

### **JOHN MALFER, PT, ATC**

*Momentum Physical Therapy  
San Antonio, Texas*

### **RUSSELL PAINE, PT**

*Director, Sports Rehab Centers of Houston  
Houston, Texas*



**SHAYLON D. RETTIG, MD**

*President, CATZ Sports San Antonio, and  
Youth Sports Treatment and Fitness*

**MIMI SCHMITZ, PT**

*Director, Physical Therapy Services  
The Orthopaedic Group  
Austin, Texas*

**W. RANDALL SCHULTZ, MD**

*Private Practice  
The Orthopaedic Group  
Austin, Texas*

**K. RENEE THIEBAUD, PT, PHD**

*Director of Physical Therapy  
The Orthopedic Store  
San Antonio, Texas*

**ANNETTE M. ZAHAROFF, MD**

*Private Practice  
Physical Medicine/Sports Medicine  
San Antonio, Texas*

**UTHSCSA SCHOOL OF MEDICINE FACULTY**

**GILBERTO AGUIRRE, MD**

*Clinical Professor of Ophthalmology*

**MARK M. CASILLAS, MD**

*Clinical Professor of Orthopaedics*

**FRED G. CORLEY, JR., MD**

*Professor of Orthopaedics, Hand Surgery*

**DOUGLAS S. CLOUSE, MD**

*Orthopaedics Sports Medicine Fellow*

**LYNANNE J. FOSTER, MD**

*Assistant Professor of Orthopaedics*

**REZA F. GHOHESTANI, MD, PHD**

*Assistant Professor of Medicine, and  
Division Chief, Dermatology and Cutaneous Surgery*

**JORGE E. GOMEZ, MD**

*Clinical Professor of Pediatrics*

**PHILIP M. JACOBS, MD**

*Clinical Assistant Professor of Orthopaedics*

**THOMAS A. KINGMAN, MD**

*Clinical Assistant Professor of Surgery/Neurosurgery*

**JOHN C. PEARCE, MD**

*Clinical Assistant Professor of Orthopaedics*

**ADAM PERRY, MD**

*Orthopaedics Sports Medicine Fellow*

**CHARLES A. ROCKWOOD, JR., MD**

*Professor of Orthopaedics*

**BRAD S. TOLIN, MD**

*Clinical Assistant Professor of Orthopaedics*

**PABLO VAZQUEZ-SEOANE, MD**

*Clinical Assistant Professor of Orthopaedics*

**E. CAREY WINDLER, MD**

*Clinical Associate Professor of Orthopaedics*

# REGISTRATION FORM

Continuing Medical Education 124311

## 35TH ANNUAL SYMPOSIUM ON SPORTS MEDICINE January 10 -12, 2008

UT HEALTH SCIENCE CENTER AT SAN ANTONIO - MAIN AUDITORIUM

**NOTE:** INSTITUTIONS REGISTERING MORE THAN ONE PERSON MUST FILL OUT A SEPARATE REGISTRATION FORM FOR EACH PERSON.

FIRST NAME: \_\_\_\_\_ MI: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

CREDENTIALS: (select all that apply)

MD  DO  PT  PTA  ATC  LAT  OT  RN

LVN  Coach  Other \_\_\_\_\_

INSTITUTION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Federal Tax ID# (If Institution pays fee): \_\_\_\_\_

Do you have special requirements?  Yes  No.

If yes, a CME Staff person will contact you to see how we can assist.

### FOUR EASY WAYS TO REGISTER:

Online: <http://cme.uthscsa.edu>

Fax: (210) 567-6964 (include this registration form with credit card information)

Mail: Send Registration Form and payment to:

**UT Health Science Center at San Antonio**

Continuing Medical Education

MSC 7980 - 7703 Floyd Curl Drive

San Antonio, TX 78229-3900

Phone: (210) 567-4446, or toll free 1-866-601-4448 (have credit card info ready)

### REGISTRATION FEES:

	On or before January 3, 2008	After January 3, 2008
Physician	\$235	\$265
Others:	\$140	\$160
CPR Recertification	\$40	\$45
TOTAL	\$	\$

Check enclosed (please make payable to UTHSCSA CME-124311)

Please charge my:  Visa  Mastercard  Discover  AMEX

Card number \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Cardholder name: \_\_\_\_\_

(Print as it appears on card)

Signature \_\_\_\_\_

Confirmation: All registrations are confirmed in writing. If you do not receive a confirmation within 2 weeks of registering, please contact us at (210) 567-4446 or 1-866-601-4448