

32nd ANNUAL SYMPOSIUM ON SPORTS MEDICINE

February 10-12, 2005

Location: The University of Texas Health Science Center at San Antonio, Medical School Auditorium

Please print or type:

Name _____

ME or License # _____

Office Phone _____ Fax _____

Profession: MD DO Coach Trainer PT
 PT-A RN OT EMT LVN
 Other _____

Specialty _____

Address _____

City, State, Zip _____

Email _____

Federal Tax ID# _____ (if company pays fee)

Check here for optional activities:

Thursday, Feb. 10 CPR Recert Course (\$35 fee) Yes No

I have special requirements. (A staff person will contact you to see how we can assist.)

I will drive to campus. (Parking is very limited and distant.)

I will take the bus from hotel to campus.

WORKSHOPS: Workshops are 45 minutes each, and you may attend both. Assignments will NOT be made if selections are not given. Workshops may be limited in attendance.

- Workshop I: Medicolegal Aspects of Sports Medicine
- Workshop II: Sports Medicine Case Conference
- I will not be attending workshops

FEES: (early/late—after February 3, 2005)

- _____ \$215/245 Physicians
- _____ \$140/160 Coaches, Nurses, Physical Therapists, Trainers, EMTs, Residents
- _____ \$35 CPR Recertification

\$_____ TOTAL ENCLOSED

Make checks payable to "UTHSCSA-CME" (Continuing Medical Education) or

Charge to: VISA MasterCard Discover American Express

Card Number _____ Expiration _____

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Signature _____

Mail to: UTHSCSA Continuing Medical Education—MSC 7980
 7703 Floyd Curl Drive
 San Antonio, Texas 78229-3900
 PHONE (210) 567-4446 • FAX (210) 567-6964

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The University of Texas Health Science Center at San Antonio
 Continuing Medical Education—MSC 7980
 7703 Floyd Curl Drive
 San Antonio, Texas 78229-3900

SPORTS MEDICINE SYMPOSIUM

FEBRUARY 10 - 12, 2005

32ND ANNUAL SYMPOSIUM

FEBRUARY 2005						
S	M	T	W	Th	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	
26	27	28				

CELEBRATING 32 YEARS

32ND ANNUAL SYMPOSIUM ON SPORTS MEDICINE



FEBRUARY 10-12, 2005

THE UNIVERSITY OF TEXAS
 HEALTH SCIENCE CENTER
 AT SAN ANTONIO
 MEDICAL SCHOOL AUDITORIUM

Sponsored by
 The University of Texas
 Health Science Center at San Antonio
 and
 The University of Texas at Austin

CONCEPT

Care of the injured athlete demands the full attention and concern of the entire Sports Medicine Team: the coach, trainer, physical therapist, and physician. Foremost in the minds of this team approach should be the prevention of injuries, followed by appropriate treatment and rehabilitation of the athlete. This course provides a forum for the Sports Medicine Team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on preventing injury by conditioning and the use of proper equipment. This year's symposia include: general sports medicine; head and spinal column; shoulder and upper extremity; rehabilitation; and the foot and knee. The format will include lectures, panels, and discussions. Special workshops will include "Medicolegal Aspects of Sports Medicine" and "Sports Medicine Case Conference", as well as anatomy dissections of "The Knee" and "The Foot and Ankle". Exhibits by a number of companies will be featured. Participants are encouraged to bring problem cases and situations for discussion by the faculty during the question-and-answer periods. A recertification course in cardiopulmonary resuscitation will be offered on Thursday evening.

SPECIAL FEATURE

Cardiopulmonary Resuscitation Recertification

A recertification course in cardiopulmonary resuscitation will be included in this year's program. **Please note that this is a recertification course for those who have previously been certified in CPR.** Please indicate on the registration form whether you wish to participate in this course. (**Additional fee charged.**)

Thursday, February 10, 2005
 UTHSCSA Auditorium
 6:00 - 10:00 PM CPR Recertification
 *actual length will vary depending on the number of those attending.

GENERAL INFORMATION

OBJECTIVES

By the end of this course, participants should be able to:

- Develop their concept of one's position on the Sports Medicine Team.
- Develop logical approaches to the prevention of injury by conditioning and utilization of proper protective equipment.
- Diagnose commonly occurring injuries and advise the athletes regarding their treatment.
- Initiate logical primary treatment following injury.
- Develop comprehensive rehabilitation regimens following injuries to athletes.

CREDIT

The University of Texas Health Science Center at San Antonio Medical School is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Texas Health Science Center at San Antonio Medical School designates this continuing medical education activity for a maximum of 13.75 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association.

The University of Texas Health Science Center at San Antonio will issue a maximum of 1.38 CEUs (Continuing Education Units) for completion of this course.

Application has been made to The Texas Board of Physical Therapy Examiners for continuing education for PTs and PTAs.

The University of Texas Health Science Center at San Antonio (P469) is recognized by the Board of Certification, Inc., to offer 13.75 hours of continuing education for certified athletic trainers.

Application has been made to the State Board for Educator Certification for State provider registration.

AMA category 1 credit is acceptable for EMS and EMT credit and for Nursing Type 2 Credit.

Application has been made to the Advisory Board of Athletic Trainers of the Texas Department of State Health Services for 16.5 hours.

Please contact the Office of Continuing Medical Education Services at The University of Texas Health Science Center at San Antonio for information about other professional

specialty credits which will be available at (210) 567-4446.

HOTEL INFORMATION

Rooms have been reserved at two hotels close to the Health Science Center. All offer complimentary transportation to and from the Health Science Center. Please make your own reservation directly with the hotel of your choice and indicate that you are attending the Sports Medicine Symposium to receive the special rate. Room blocks will be held as indicated at each hotel. After that date, reservations will be accepted on a space-available basis.

AmeriSuites

(Rooms blocked until Jan 31, 2005)
 4325 Amerisuites Drive
 San Antonio, Texas 78230
 Rate: \$67 Single or Double
 (210) 561-0099
 (includes deluxe continental breakfast)

Oak Hills Medical Center Hotel Suites & Extended Stay

(Rooms blocked until Jan 31, 2005)
 7401 Wurzbach Road
 San Antonio, Texas 78229
 Rate: \$50 Single or \$55 Double
 (210) 614-9900 • 1-800-468-3507
 Web: www.samedcenterhotel.com
 (includes full complimentary breakfast)

COURSE REGISTRATION

Advance registration is requested. Fees are \$215/245 for physicians and \$140/160 for coaches, nurses, physical therapists, trainers, EMTs, and residents. Fee for the CPR course is \$35. Late fees will be applied for those registering after February 3 or at the door. Fees include breaks, continental breakfast, 2 lunches, and course syllabus. Canceled registrations will be refunded if received prior to February 3, 2005. A \$40 handling charge will be deducted. Continuing Medical Education reserves the right to limit registration and cancel any

course no less than one week prior to the course. Should circumstances make this action necessary, tuition will be refunded in full. UTHSCSA is obligated to refund tuition only.



EMERGENCY PHONE NUMBERS

AUDITORIUM:
 (210) 567-1831

UNIVERSITY POLICE:
 (210) 567-2801



PROGRAM

32nd Annual Symposium on Sports Medicine

Thursday, February 10, 2005

5:30 - 7:30 pm	Conference Registration
6:00 - *10:00 pm	CPR Certification (additional fee required) *Actual length will vary depending on the number of those attending.

Friday, February 11, 2005

11:00 - 11:20 am	Registration and Lunch Snack
11:20 - 11:25 am	Introduction Ronald P. Williams, MD
11:25 - 11:30 am	Welcoming Remarks Jesse C. DeLee, MD

Symposium Moderator: General Sports Medicine C. Mark Chassay, MD

11:30 - 11:50 am	On-the-Field Emergencies C. Mark Chassay, MD
11:50 - 12:10 pm	Nutrition in Athletes Annette M. Zaharoff, MD
12:10 - 12:30 pm	MRSA in the Athlete Alan R. Stockard, DO
12:30 - 12:50 pm	Acute Management of Eye Injuries Jason D. Burnharts, MD
12:50 - 1:10 pm	Acute Management of Dental and Facial Injuries Steven B. Buckley, DDS, MD
1:10 - 1:30 pm	Epiphyseal Plate Injury in the Pediatric Athlete Shaylon D. Rettig, MD
1:30 - 1:50 pm	Panel Discussion
1:50 - 2:10 pm	Coffee Break

Symposium Moderator: The Head and Spinal Column Fred G. Corley, Jr., MD

2:10 - 2:30 pm	Head Injury: Evaluation and Criteria for Return to Play Thomas A. Kingman, MD
2:30 - 2:50 pm	Cervical Spine Injury Pablo Vazquez-Seoane, MD
2:50 - 3:10 pm	Brachial Plexus Injury: Diagnosis and Treatment Fred G. Corley, Jr., MD

3:10 - 3:30 pm Lumbar Spine Evaluation and Treatment
Gilbert R. Meadows, MD

3:30 - 3:50 pm Panel Discussion

3:50 - 4:00 pm Break

4:00 - 5:30 pm **ANATOMY WORKSHOPS**
(Note: you will attend both of these workshops which are 45 minutes each)

ANATOMY GROUP I
The Knee
Jesse C. DeLee, MD
Philip M. Jacobs, MD

ANATOMY GROUP II
The Foot and Ankle
Mark M. Casillas, MD

Saturday, February 12, 2005

7:00 - 7:30 pm Continental Breakfast

Symposium Moderator: The Shoulder & Upper Extremity Philip M. Jacobs, MD

7:30 - 7:50 am Physical Examination of the Shoulder
Ralph J. Curtis, MD

7:50 - 8:10 am Instability of the Glenohumeral Joint
Philip M. Jacobs, MD

8:10 - 8:30 am Rotator Cuff Diagnosis & Treatment
Stephen S. Burkhart, MD

8:30 - 8:50 am AC and SC Joint Injuries
Charles A. Rockwood, Jr., MD

8:50 - 9:10 am Hand Injuries in the Athlete
Mark Katz, MD

9:10 - 9:30 am Clavicle & Rib Fractures
Andrew L. Whaley, MD

9:30 - 9:50 am Panel Discussion

9:50 - 10:10 am Coffee Break

Symposium Moderator: Rehabilitation John Malfer, PT, ATC

10:10 - 10:30 am Proprioceptive Training for the Knee
Linda Wells, PT

10:30 - 10:50 am Lumbar Spine Rehabilitation
Renee Thiebaud, PT, PhD

10:50 - 11:10 am Shoulder Rehabilitation: The Texas State Approach
David Gish, MEd, ATC, LAT

11:10 - 11:30 am Plyometric in Rehabilitation
Marion "Mimi" Schmitz, PT

11:30 - 11:45 am Flexibility Training
John Malfer, PT, ATC

11:45 - 12:00 noon Panel Discussion

12:00 - 1:00 pm Lunch

Symposium Moderator: The Foot & Knee Jesse C. DeLee, MD

1:00 - 1:20 pm The Diagnosis and Treatment of Foot and Ankle Sprains
Mark M. Casillas, MD

1:20 - 1:40 pm MRI of the Knee: The Basics
Robert O. Cone, III, MD

1:40 - 2:00 pm Medial & Lateral Collateral Ligament Injuries
Brad S. Tolin, MD

2:00 - 2:20 pm Patellofemoral Instability & Pain
John C. Pearce, MD

2:20 - 2:40 pm Meniscal Injuries
E. Carey Windler, MD

2:40 - 3:00 pm Articular Cartilage: The State of the Art
William Randall Schultz, MD

3:00 - 3:20 pm The ACL
Jesse C. DeLee, MD

3:20 - 3:40 pm Panel Discussion

3:40 - 4:00 pm Break

4:00 - 5:30 pm **WORKSHOPS**
(NOTE: You will attend both of these workshops which are 45 minutes each)

WORKSHOP I: **Medicolegal Aspects of Sports Medicine**
John F. Younger, Jr., Attorney at Law

WORKSHOP II: **Sports Medicine Case Conference**
Jesse C. DeLee, MD
Philip M. Jacobs, MD
William Randall Schultz, MD

FACULTY

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