

OTHER EDUCATIONAL OPPORTUNITIES

A new course entitled **Running Sports for the Amputee: Competitive and Non-Competitive** will be held January 12-13, 1994, the two days prior to the annual Sports Medicine Symposium. New advancements in artificial limbs and components utilizing space-age materials have opened new opportunities for amputees who wish to participate in sports and physical fitness programs. Passage of the American Disability Act has resulted in a mandate requiring access to recreational and competitive sports for all people when public funds are used to support such projects. The **Running Sports** course of instruction will enable participants to:

- Prescribe a course of exercise suitable for the novice to the advanced competitive athlete.
- Prescribe correct exercise equipment for each amputee according to his/her abilities.
- Find and correct abnormal gait patterns.
- Select prosthetic components based upon their biomechanical functions.
- Teach amputees (both above-the-knee and below-the-knee) techniques that will result in successful athletic efforts.

We urge you to make plans to attend both conferences. For information or to register for "Running Sports for the Amputee", contact CME at (210) 567-4444.



The University of Texas Health Science Center
at San Antonio
Continuing Medical Education
7703 Floyd Curl Drive
San Antonio, Texas 78284-7980

SPORTS MEDICINE SYMPOSIUM
JANUARY 13-15, 1994

ALSO:
RUNNING SPORTS FOR THE AMPUTEE:
COMPETITIVE AND NON-COMPETITIVE
JANUARY 12-13, 1994

Non-Profit Organization
U.S. Postage
PAID
Permit No. 1941
San Antonio, Texas

CELEBRATING 21ST ANNUAL
SYMPOSIUM ON SPORTS MEDICINE

21ST ANNUAL SYMPOSIUM ON SPORTS MEDICINE



JANUARY 13-15, 1994
THE UNIVERSITY OF TEXAS
HEALTH SCIENCE CENTER
AT SAN ANTONIO
MEDICAL SCHOOL AUDITORIUM

Sponsored by
Department of Orthopaedics
The University of Texas
Health Science Center at San Antonio
and
The University of Texas at Austin

GENERAL INFORMATION

CONCEPT

Care of the injured athlete demands the full attention and concern of the entire Sports Medicine Team: the coach, trainer, physical therapist, and physician. Foremost in the minds of this team approach should be the prevention of injuries, followed by appropriate treatment and rehabilitation of the athlete. The course provides a forum for the Sports Medicine Team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on preventing injury by conditioning and the use of proper equipment. Commonly occurring problems and injuries relating to the upper and lower extremities will be reviewed. The format will include illustrated lectures, panels, and discussions. Special workshops will include hands-on experience in taping, and exam and treatment of the knee and ankle, and of the upper extremity as well as hip and knee anatomy dissection laboratories. Participants are encouraged to bring problem cases and situations for discussion by the faculty during the question-and-answer periods. A Recertification course in Cardiopulmonary Resuscitation will also be offered.

SPECIAL FEATURE

*Cardiopulmonary
Resuscitation
Recertification*

A recertification course in cardiopulmonary resuscitation will be included in this year's program. Please note that this is a **recertification course for those who have previously been certified in CPR**. Please indicate on the registration form whether you wish to participate in this course. (Additional fee)

OBJECTIVES

By the end of this course, participants should be able to:

- Develop their concept of one's position on the Sports Medicine Team.
- Develop logical approaches to the prevention of injury by conditioning, and utilization of proper protective equipment.
- Diagnose commonly occurring injuries and advise the athletes regarding their treatment.
- Initiate logical primary treatment following injury.
- Develop comprehensive rehabilitation regimens following injuries to athletes.

CREDIT

The University of Texas Health Science Center at San Antonio is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

The University of Texas Health Science Center at San Antonio designates this continuing medical education activity for 16.5 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association.

In addition, the program is acceptable for 16.5 hours of Category 2A, American Osteopathic Association.

The University of Texas Health Science Center at San Antonio will issue 1.65 CEUs (Continuing Education Units) for completion of this course.

This symposium has also been approved for 12.5 hours of Advanced Academic Training (TEA #65) by the Texas Education Agency.

This is a continuing education offering for physical therapists and physical therapists assistants approved by the Texas State Board of Physical Therapy Examiners, and meets the requirements for 1.65 Continuing Education Units.

This program has been approved for 1.65 CEUs by the American Academy of Orthotics and Prosthetics, Inc.

This Program has been approved by the National Athletic Trainers' Association, Inc. for 1.65 CEUs.

The Administrative Services Committee of the Texas Department of Health Athletic Trainer Licensure Program has valued this program for 16.5 hours.

This course has been approved for 3 hours in CPR and 16.5 hours in lectures for EMS continuing education credit.

Please contact the Office of Continuing Medical Education Services at The University of Texas Health Science Center for information about other professional specialty credits which will be available. (210) 567-4444.

HOTEL INFORMATION

Rooms have been reserved at several hotels close to the Health Science Center. All offer complimentary transportation to and from the Health Science Center. Please make your own reservation directly with the hotel of your choice and indicate that you are attending the **Sports Medicine Symposium** to receive the special rate. Room reservations must be made by December 15, 1993. After that date, reservations will be accepted on a space available basis.

Wyndham San Antonio
9821 Colonnade Boulevard
San Antonio, Texas 78230
Rate: \$70 Single or Double
(210) 691-8888

Embassy Suites
7750 Briaridge
San Antonio, Texas 78230
Rate: \$74 Single or Double
(210) 340-5421
(includes breakfast and evening social hour)

Medical Center Guest House
7500 Louis Pasteur
San Antonio, Texas 78229
Rates: \$48.95 Single or
\$53.95 Double
(includes continental breakfast)
(210) 616-0030

Oak Hills Motor Inn
7401 Wurzbach Road
San Antonio, Texas 78229
Rates: \$42 Single or \$48 Double
(210) 614-9900

COURSE REGISTRATION

Advance registration is requested. Fees are \$140 for physicians and \$60 for coaches, nurses, physical therapists, and trainers. Fee for the CPR course is \$35. Late registration at the meeting, on January 14 or 15, will be an additional \$10. Fees include two luncheons, course syllabus, and Friday evening's cocktail reception. Canceled registrations will be refunded if received prior to January 8, 1993. A \$30 handling charge will be deducted. Continuing Medical Education reserves the right to limit registration and cancel any course no less than one week prior to the course. Should circumstances make this action necessary, tuition would be refunded in full.

EMERGENCY PHONE NUMBERS

Auditorium:
(210) 567-1831

University Police:
(210) 567-2801

PROGRAM

Thursday, January 14, 1993

6:00-7:00 p.m. **Final Registration for CPR Registration for Symposium**
Auditorium Foyer

7:00-10:00 **Recertification Course in CPR**
Charles Garoni, B.A., EMT-P

Friday, January 15, 1993

7:00-7:20 **Registration**
Continental Breakfast

Symposium: The Spine in Athletics

Moderator: Jerry Julian, M.D.

7:20-7:30 **Introduction and Welcoming Remarks**
Jesse C. DeLee, M.D.

7:30-7:50 **Assessing the Injured Athlete**
Don Gordon, M.D.

7:50-8:10 **Dental Injuries in Athletes: Prevention and Treatment**
Robert M. Morrow, D.D.S.

8:10-8:30 **Ear, Nose, and Throat Injuries in the Athlete**
Allen Noorily, M.D.

8:30-8:50 **Cervical Spine Injury: Evaluation and Criteria to Return to Play**
Gilbert Meadows, M.D.

8:50-9:10 **Brachial Plexus Injury: Diagnosis and Criteria to Return to Play**
Keith L. Markey, M.D.

9:10-9:30 **Lumbar Spine Injury in the Athlete**
Arvo Neidre, M.D.

9:30-9:50 **Principles of Spinal Rehabilitation**
Gerald Q. Greenfield, M.D.

9:50-10:10 **Panel Discussion**

10:10-10:30 **Coffee Break**

Symposium: The Shoulder

Moderator: Robert Schenck, M.D.

10:30-10:45 **Anatomy and Clinical Evaluation of the Shoulder**
Michael Wirth, M.D.

10:45-11:00 **Shoulder Instability: Diagnosis and Treatment**
Ralph J. Curtis, Jr., M.D.

11:00-11:15 **Rotator Cuff Injuries in the Athlete**
Carey Windler, M.D.

11:15-11:30 **Acromioclavicular Joint Injuries in Sports**
Scott L. Sledge, M.D.

11:30-11:50 **Shoulder Rehabilitation: Principles and Practice**
Bernie LaReau, L.A.T.

11:50-12:00 **Panel Discussion**

12:00-1:00 p.m. **Lunch**

Symposium: The Hand and Elbow

Moderator: Fred Corley, M.D.

1:00-1:15 **Anatomy and Examination of the Hand**
Donna Boehme, M.D.

1:15-1:35 **Sports Related Injuries of the Wrist and Hand**
James H. Dobyns, M.D.

1:35-2:00 **Diagnosis and Treatment of Elbow Injuries**
Eugene T. O'Brien, M.D.

2:00-2:15 **Panel Discussion**

Symposium: Nutrition and Drugs in Sports

Moderator: J. Pat Evans, M.D.

2:15-2:30 **Heat Illness**
Mark Hutchens, M.D.

2:30-3:00 **Basics of Nutrition**
Marsha Beckermann, R.D.

3:00-3:15 **Instituting a Drug Screening Program at the College Level**
Stephen S. Burkhart, M.D.
Janet R. Bristor, L.A.T., A.T.C.

3:15-3:30 **Control of Medications in the Training Room**
Spanky Stephens, C.A.T., L.A.T.

3:30-3:50 **Panel Discussion**

3:50-4:05 **Coffee Break**

Laboratory: Anatomy Dissection

4:05-5:00 **A. Group I: Foot and Ankle**
Jesse C. DeLee, M.D.
Peter L. McGanity, M.D.

Group II: Elbow and Wrist
Fred Corley, M.D.
Eugene T. O'Brien, M.D.

5:00-5:50 **B. Group I: Elbow and Wrist**
Fred Corley, M.D.
Eugene T. O'Brien, M.D.

Group II: Foot and Ankle
Jesse C. DeLee, M.D.
Peter L. McGanity, M.D.

5:50 **Cocktail Reception**

Saturday, January 16, 1993

Symposium: Rehabilitation and The Adolescent Athlete

Moderator: John A. Evans, M.D.

7:30-7:50 a.m. **Scientific Bases of Heat, Cold, Electricity, and Ultrasound**
Alan Bucknell, M.D.

7:50-8:10 **Cost Effectiveness of Physical Therapy of Physical Modalities**
Barry Morgan, L.P.T.

8:10-8:30 **Tips for the Training Room on a Limited Budget**
Larry Gardner, L.P.T.

8:30-8:50 **Lower Extremity Injuries in the Adolescent Athlete**
Robert Campbell, M.D.

8:50-9:10 **Upper Extremity Injuries in the Adolescent Athlete**
Earl A. Stanley, M.D.

9:10-9:30 **The Spine in the Adolescent Athlete**
Patrick Palmer, M.D.

9:30-9:50 **Panel**

9:50-10:20 **Coffee Break**

Symposium: The Lower Extremity

Moderator: Peter McGanity, M.D.

10:20-10:35 **Posterior Thigh Pain in the Athlete**
Phillip R. Craven, M.D.

10:35-10:50 **Acute Ankle Sprains: Clinical Diagnosis and Treatment**
Mayo Galindo, M.D.

10:50-11:10 **Types of Ankle Reconstructions**
Peter J. Holmes, M.D.

11:10-11:25 **Diagnosis and Treatment of Midfoot Sprains**
David Schmidt, M.D.

11:25-11:45 **Injuries of the Forefoot: Diagnosis and Treatment**
J. Pat Evans, M.D.

11:45-12:00 **Panel Discussion**

12:00-1:00 **Lunch**

Symposium: The Knee

Moderator: Jesse C. DeLee, M.D.

1:00-1:20 **Patellofemoral Joint: Diagnosis and Treatment**
Ples Kujawa, M.D.

1:20-1:40 **Posterior Cruciate Ligament: Diagnosis and Treatment Options**
Jerry Julian, M.D.

1:40-2:00 **The Anterior Cruciate Ligament: An Update of Treatment**
Jesse C. DeLee, M.D.

2:00-2:20 **Collateral Ligament Injury**
Robert Schenck, M.D.

2:20-2:40 **Principles of Knee Rehabilitation**
Steve Stratton, Ph.D.

2:40-3:00 **Panel Discussion**

3:00-3:15 **Coffee Break**

3:15-5:00 **Workshops**

WORKSHOP I: The Spine Clayton Holmes, L.A.T., L.P.T. Gilbert Meadows, M.D. Gerald Q. Greenfield, M.D.	WORKSHOP II: Taping Symposium: Principles and Techniques Rex Hartwig, L.A.T. Bernie LaReau, L.A.T. Jerry Greason, L.A.T.	WORKSHOP III: The Knee and Ankle: Clinical Exam and Treatment Jesse C. DeLee, M.D. Jerry D. Julian, M.D. Robert Schenck, M.D.	WORKSHOP IV: Basics of Physical Examination, Diagnosis and Treatment of the Shoulder Charles A. Rockwood, Jr., M.D. Michael Wirth, M.D.
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REGISTRATION FORM

Continuing Medical Education 017-3

20th ANNUAL SYMPOSIUM ON SPORTS MEDICINE

January 14-16, 1993

Location: The University of Texas Health Science Center at San Antonio, Medical School Auditorium

FEES:

___ \$60 Coaches, Nurses, Physical Therapists, Trainers, EMT's
___ \$140 Physicians
___ \$25 CPR
___ TOTAL ENCLOSED

Make checks payable to
"UTHSCSA, Continuing Medical Education"

Charge to VISA # _____

MasterCard # _____

Discover # _____

Expiration Date _____

Name _____

Social Security # _____
(as it will appear on some tag)

Office Phone _____
(for recordkeeping purposes)

Profession _____

Address _____

City, State, Zip _____

County _____

Federal Tax ID # _____
(if company pays fee)

Check here for specific options:

Yes No Friday evening cocktail reception
 Yes No Thursday, Jan. 14 CPR course
(please enclose additional \$25)

WORKSHOPS:

List in 1, 2, 3 order your preference for the Saturday afternoon workshops. Assignments will be made if selections are not given.

___ Workshop I: The Spine
___ Workshop II: Taping Symposium: Principles and Techniques
___ Workshop III: The Knee and Ankle: Clinical Exam and Treatment
___ Workshop IV: Basics of Physical Examination, Diagnosis and Treatment of the Shoulder
___ I will not be attending workshops

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