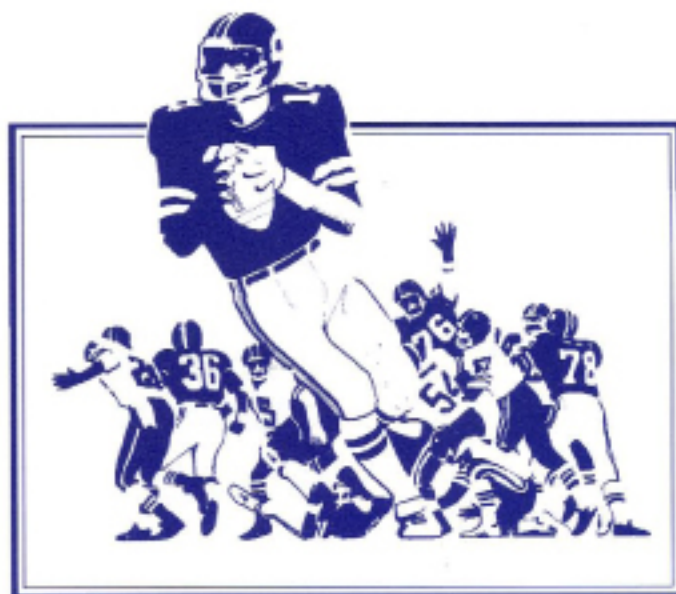


CELEBRATING NINETEENTH
ANNUAL
SYMPOSIUM ON SPORTS MEDICINE

19TH Annual
Symposium
on
**SPORTS
MEDICINE**



JANUARY 16-18, 1992

THE UNIVERSITY OF TEXAS HEALTH
SCIENCE CENTER AT SAN ANTONIO
Medical School Auditorium

Sponsored by

Department of Orthopaedics
The University of Texas Health Science
Center at San Antonio

and

The University of Texas at Austin

JANUARY 1992						
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			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Mark your
calendar today!

**19th Annual Symposium
on Sports Medicine**
January 16-18, 1992

JAMES D. HECKMAN, M.D.,
ORTHOPAEDICS/UTHSCSA
SAN ANTONIO TX 78284

TIME VALUE

Non-Profit Organization
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San Antonio, Texas

GENERAL INFORMATION

CONCEPT

Care of the injured athlete demands the full attention and concern of the entire Sports Medicine Team: the coach, trainer, physical therapist, and physician. Foremost in the minds of this team approach should be the prevention of injuries, followed by appropriate treatment and rehabilitation of the athlete. The course provides a forum for the Sports Medicine Team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on preventing injury by conditioning and the use of proper equipment. Commonly occurring problems and injuries relating to the upper and lower extremities will be reviewed. The format will include illustrated lectures, panels, and discussions. There will be videotape demonstrations of taping, protective equipment, and rehabilitation. Special workshops will include hands-on experience in taping, rehabilitation, and examination as well as knee and shoulder anatomy dissection laboratories. Participants are encouraged to bring problem cases and situations for discussion by the faculty during the question-and-answer periods. A recertification course in Cardiopulmonary Resuscitation will also be offered.

SPECIAL FEATURE

*Cardiopulmonary
Resuscitation
Recertification*

A certification course in cardiopulmonary resuscitation will be included in this year's program. Please note that this is a recertification course for those who have previously been certified in CPR. Please indicate on the registration form whether you wish to participate in this course.

OBJECTIVES

- By the end of this course, participants should be able to:
- Develop the concept of one's position on the Sports Medicine Team.
 - Develop logical approaches to the prevention of injury by conditioning, and utilization of proper protective equipment.
 - Diagnose commonly occurring injuries and advise the athletes regarding their treatment.
 - Initiate logical primary treatment following injury.
 - Develop comprehensive rehabilitation regimens following injuries to athletes.

CREDIT

The University of Texas Health Science Center at San Antonio is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education to physicians.

The University of Texas Health Science Center at San Antonio designates this continuing medical education activity for 16 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association.

In addition, the program is acceptable for 16 hours of Category 2A, American Osteopathic Association.

The University of Texas Health Science Center at San Antonio will issue 1.6 CEUs (Continuing Education Units) for completion of this course.

This symposium has also been approved for 12.5 hours of Advanced Academic Training (TEA #65) by the Texas Education Agency.

This is a continuing education offering for physical therapists and physical therapist assistants approved by the Texas State Board of Physical Therapy Examiners, and meets

Emergency Phone Numbers:
Auditorium: (512) 567-1831
University Police: (512) 567-2801

the requirements for 1.6 Continuing Education Units.

This program has been approved for 1.6 CEUs by the American Board for Certification in Orthotics and Prosthetics, Inc.

This Program has been approved by the National Athletic Trainers' Association, Inc. for 1.6 CEUs.

The Administrative Services Committee of the Texas Department of Health, Athletic Trainer Licensure Program, has valued this program for 16 hours.

This program is acceptable for Type 2 Nursing credit for Nurses in the State of Texas.

Please contact the Office of Continuing Medical Education at the University of Texas Health Science Center for information about the other professional specialty credits which will be available, (512) 567-4444.

**HOTEL
INFORMATION**

Rooms have been reserved at several hotels close to the Health Science Center. All offer complimentary transportation to and from the Health Science Center. Please make your own reservation directly with the hotel of your choice and indicate that you are attending the Sports Medicine Symposium to receive the special rate. **Room reservations must be made by December 16, 1991. After that date, reservations will be accepted on a space available basis.**

AmeriSuites Medical Center
10950 Laureate Drive
San Antonio, Texas 78249
(512) 691-1103
Rate: \$43 Single or Double
(includes complimentary use of adjacent health club)

Embassy Suites
7750 Briaridge
San Antonio, Texas 78230
Rate: \$67 Single or Double
(512) 340-5421

Marriott Courtyard at Medical Center
8585 Marriott Drive
San Antonio, Texas 78229
Rate: \$49 Single, \$59 Double
1-800-321-2211

Medical Center GuestHouse
7500 Louis Pasteur
San Antonio, Texas 78229
Rates: \$41.95 Single or Double
(includes continental breakfast)
(512) 616-0030

Oak Hills Motor Inn
7401 Wurzbach Road
San Antonio, Texas 78229
Rates: \$38 Single, \$42 Double
(512) 614-9900

**COURSE
REGISTRATION**

Advance registration is requested. Fees are \$130 for physicians and \$55 for coaches, nurses, physical therapists, and trainers. Fee for the CPR course is \$10. Late registration at the meeting, on January 18 or 19, will be an additional \$10. Fees include two luncheons, course syllabus, and Friday evening's cocktail reception. Canceled registrations will be refunded if received prior to January 11, 1992. A \$15 handling charge will be deducted. Continuing Medical Education reserves the right to limit registration and cancel any course no less than one week prior to the course. Should circumstances make this action necessary, tuition would be refunded in full.

PROGRAM

Thursday, January 16, 1992

- 6:00-7:00 p.m. Final Registration for CPR
Registration for Symposium
Auditorium Foyer
- 7:00-10:00 Recertification Course in CPR
Charles Garoni, B.A., EMT-P

Friday, January 17, 1992

- 7:00-7:20 a.m. Registration
Continental Breakfast

Symposium: The Head and Cervical Spine

Moderator: *Mark Hutchens, M.D.*

- 7:20-7:30 Introduction
James D. Heckman, M.D.
Welcoming Remarks
Jesse C. DeLee, M.D.
- 7:30-7:50 Head Injuries:
Evaluation and Criteria To Return To Play
Thomas A. Kingman, M.D.
- 7:50-8:10 Cervical Spine Injury:
Evaluation and Criteria To Return To Play
Brad B. Hall, M.D.
- 8:10-8:30 Dental Injuries in Athletes:
Prevention and Treatment
Robert M. Morrow, D.D.S.
- 8:30-8:50 Brachial Plexus Injury:
Diagnosis and Treatment
Scott L. Sledge, M.D.
- 8:50-9:10 Ear, Nose, and Throat Injuries in the Athlete
Richard K. Newman, M.D.
- 9:10-9:30 Evaluation and Treatment of Low Back Pain in Athletes
William H. Edwards, M.D.
- 9:30-9:50 Panel Discussion
- 9:50-10:10 Coffee Break

Symposium: The Shoulder

Moderator: *Ralph J. "Bud" Curtis, M.D.*

- 10:10-10:30 Clinical Evaluation of the Shoulder
Michael Wirth, M.D.
- 10:30-10:45 Rotator Cuff Injuries in the Athlete
J. Pat Evans, M.D.
- 10:45-11:05 Shoulder Instability:
Diagnosis and Treatment
Ralph J. Curtis, Jr., M.D.
- 11:05-11:25 Fractures of the Clavicle and Bony Thorax:
Diagnosis and Criteria To Return To Play
Fred G. Corley, M.D.
- 11:25-11:45 AC Joint Injuries In Sports
Ralph J. Curtis, Jr., M.D.
- 11:45-12:00 Panel Discussion
- 12:00-1:00 p.m. Lunch

Symposium: Nutrition

Moderator: *J. Pat Evans, M.D.*

- 1:00-2:15 Nutrition and New Concepts
Eleanor A. Young, Ph.D.
Ted L. Edwards, M.D.
- 2:15-2:35 Heat Illness: Diagnosis and Prevention
Robert C. Schenck, M.D.
- 2:35-2:55 Drugs In Sports
David J. Jones, Ph.D.
- 2:55-3:15 Panel Discussion
- 3:15-3:30 Coffee Break

Laboratory: Anatomy Dissection

- 3:30-4:30 A. Group I: The Knee
Group II: The Shoulder
- 4:40-5:40 B. Group I: The Shoulder
Group II: The Knee
- 5:50 Cocktail Reception

Saturday, January 18, 1992

Symposium: Rehabilitation

Moderator: *Michael K. "Spanky" Stephens, C.A.T., L.A.T.*

- 7:30-7:50 a.m. Athletic Training: The Crisis of the 90's
Phil Harrison, L.A.T.
- 7:50-8:10 Dermatology in Athletes
Mark B. Weinstein, M.D.
- 8:10-8:30 Flexibility Training
Bobby Patton, Ed.D., A.C.T., L.A.T.
- 8:30-8:50 Closed Chain Kinetics:
Definition, Uses, and Advantages
John Krusenklau, R.P.T.
- 8:50-9:10 Concentric and Eccentric Training
Larry Gardner, L.P.T., L.A.T.
- 9:10-9:30 Modalities: An Update
Clayton Holmes, M.S., P.T., A.T.C., L.A.T.
- 9:30-9:50 Panel
- 9:50-10:20 Coffee Break

Symposium: The Lower Extremity

Moderator: *Fred G. Corley, M.D.*

- 10:20-10:40 Diagnosis and Treatment of Midfoot and Ankle Sprains
James D. Heckman, M.D.
- 10:40-11:00 Chronic Ankle Disability: Diagnosis and Treatment
J. Pat Evans, M.D.
- 11:00-11:20 Muscle Injury: Contusions and Tears
Jack H. Henry, M.D.
- 11:20-11:40 Injuries of the Hip
Peter L. J. McGanity, M.D.
- 11:40-12:00 Panel Discussion
- 12:00-1:00 p.m. Lunch

Symposium: The Knee

Moderator: *Jesse C. DeLee, M.D.*

- 1:00-1:20 Patellofemoral Joint: Diagnosis and Treatment
J. Pat Evans, M.D.
- 1:20-1:40 The Meniscus: Current Concepts in Treatment
John A. Evans, M.D.
- 1:40-2:00 Knee Rehabilitation: Tricks of the Trade
Scott L. Sledge, M.D.
- 2:00-2:20 The Anterior Cruciate Ligament: Diagnosis and Treatment Rationale
Jesse C. DeLee, M.D.
- 2:20-2:40 Medial Collateral Ligament Injury
Robert C. Schenck, M.D.
- 2:40-3:00 Panel Discussion
- 3:00-3:15 Coffee Break
- 3:15-5:00 Workshops

WORKSHOP I: The Spine

Brad B. Hall, M.D.
John Krusenklau, R.P.T.

WORKSHOP II: Taping Symposium: Principles and Techniques

Clayton Holmes, M.S., P.T., A.T.C., L.A.T.
Bernie LaReau, L.A.T.
Phil Harrison, L.A.T.

WORKSHOP III: The Knee and Ankle: Clinical Exam and Treatment

Jesse C. DeLee, M.D.
John A. Evans, M.D.

WORKSHOP IV: The Upper Extremity: Clinical Exam and Treatment

Fred G. Corley, M.D.
Ralph J. Curtis, M.D.
Scott L. Sledge, M.D.

FACULTY

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Science Center at San Antonio

REGISTRATION FORM

Continuing Medical Education 024-2

19th ANNUAL SYMPOSIUM ON SPORTS MEDICINE January 16-18, 1992

Location: The University of Texas Health Science Center at San Antonio,
Medical School Auditorium

FEES:

- ___ \$ 55 Coaches, Nurses, Physical Therapists, Trainers, EMT's
___ \$130 Physicians
___ \$ 10 CPR
___ TOTAL ENCLOSED

Make checks payable to:

"UTHSCSA, Continuing Medical Education"

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Social Security # _____
(for recordkeeping purposes)

OR

Federal Tax ID # _____
(if company pays fee)

Office Phone _____

Profession _____

Check here for specific options:

Yes No Friday evening cocktail reception

Yes No Thursday, Jan. 16 CPR course
(please enclose additional \$10)

WORKSHOPS:

List in 1, 2, 3 order your preference for the Saturday afternoon
workshops. Assignments will be made if selections are not given.

___ Workshop I: The Spine

___ Workshop II: Taping Symposium:
Principles and Techniques

___ Workshop III: The Knee and Ankle: Clinical Exam
and Treatment

___ Workshop IV: The Upper Extremity: Clinical Exam
and Treatment

___ I will not be attending workshops

Mail to: UTHSCSA ■ Continuing Medical Education
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San Antonio, Texas 78284-7980

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