*Seventh Annual Symposium on Sports Medicine February 29 & March 1-2, 1980

Health Science Center at San Antonio Auditorium

Conference

Basketball Tournament

February 28, 29, and March 1 (Evening)

San Antonio Convention Center Arena

The University of Texas *Southwest

Seventh Annual Symposium on Sports Medicine

The University of Texas Health Science Center at San Antonio Auditorium

February 29 & March 1-2, 1980

General Information

The Concept

Care of the injured athlete demands the full attention and concern of the entire Sports Medicine Team: the trainer, the coach, and the physician. Foremost in the minds of this team should be the prevention of injuries, followed by appropriate treatment and rehabilitation of the athlete. The course provides a forum for the Sports Medicine Team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on preventing injury by conditioning and the use of proper equipment. Commonly occurring problems and injuries relating to the upper and lower extremities will be reviewed. The format will include illustrated lectures, panels and discussions. There will be video-tape demonstrations of taping, protective equipment and rehabilitation. Participants are encouraged to bring problem cases and situations for discussion by the faculty during the question-and-answer periods. A certification course in Cardiopulmonary Resuscitation will also be offered to all interested.

The Objectives

By the end of the course the participants should be able to:

- 1. Develop the concept of one's position on the Sports Medicine Team.
- 2. Develop logical approaches to the prevention of injury by conditioning and utilization of proper protective equipment.
- 3. Diagnose commonly occurring injuries and advise the athletes regarding their
- 4. Initiate logical primary treatment following
- 5. Develop comprehensive rehabilitation regimens following injuries to athletes.

Credit

As an organization accredited for continuing medical education, The University of Texas Health Science Center at San Antonio designates that this continuing medical education offering meets the criteria for 15 credit hours in Category I of the

Physician's Recognition Award of the American Medical Association, provided it is used and completed as designed. The program is acceptable for 15 prescribed hours by the American Academy of Family Physicians. In addition, the program is acceptable for 15 hours of Category 2D, American Osteopathic Association.

Grateful acknowledgement is made to the following contributors for the support of this seminar:

Eli Lilly & Company Merck Sharp & Dohme McNeil Laboratories A.H. Robins Schering Corporation

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Sponsors

Division of Orthopaedics The University of Texas Health Science Center at San Antonio The Department of Athletic Medicine The University of Texas at Austin

Special Features

Southwest Conference Basketball Tournament

The Southwest Conference basketall tournement will be held at the Convention Center Arena in San Antonio February 28, 29, and March 1, 1980. Ticket order form is included for those desiring to attend.

Cardiopulmonary Resuscitation

A certification course in cardiopulmonary resuscitation will be included in this year's program. Please note that this is a certification course for those who have and have not previously been certified in CPR. Please indicate on the registration form whether you wish to participate in this course.

Hotel Information

A block of rooms has been reserved at the Oak Hills Motor Inn. 7401 Wurzbach, San Antonio. Texas 78229. Phone: (512) 696-9900. Reservations for the block of rooms must be made by the participants directly with the Oak Hills Motor Inn by February 8, 1980. Specify to the hotel that you are attending the Sports Medicine Symposium. Late requests may be able to be accommodated. Although the Inn is within walking distance of the campus, transportation will be provided from the hotel to the Medical Center for those participants who desire it. Please indicate your individual need for this transportation on the registration form.

Ticket Order Form for the 1980

SWC BASKETBALL TOURNAMENT

The 1980 Southwest Conference Basketball Classic will be held Feb. 28 through March 1, 1980, at the Convention Center Arena. Two quarterfinal games will be played Feb. 28, two semifinals Feb. 29 and the finals will be held March 1. Seat assignments will be based on the date the order is received. Tickets will be mailed in February. Mail your order with check or money order payable to:

> Classic V S.A. Chamber of Commerce P.O. Box 1628 San Antonio, Texas 78256

For additional ticket information, call 227-8181.

The 3-night discount ticket packages:

City, State, Zip

\$10 seats for \$24	\$	
\$6 seats for \$15 \$	\$	
Postage & Handling	\$2.00	
TOTAL	\$	
Name		
Address		

Program

Program				
Friday, February 29, 1980				
7:30 a.m.	Final Registration for CPR -			
1100	Auditorium Foyer			
8:00 a.m	Certification Course			
12:00 Noon	in Cardiopulmonary Resuscitation			
11:45 a.m.	Bus from Oak Hills Motor Inn to			
	The University of Texas Health			
	Science Center at San Antonio			
12:00 Noon	Final Registration - Auditorium			
	Foyer			
Moderator:	Charles A. Rockwood, M.D.			
1:00 p.m.	Pre-season Conditioning			
	John A. Genung, M.D.			
1:30 p.m.	The Primary Care of On Field			
	Emergencies			
	James D. Heckman, M.D.			
2:00 p.m.	Heat Illness			
	Melvin L. Thornton, M.D.			
2:30 p.m.	COFFEE BREAK			
3:00 p.m.	Principles and Application of Shoe			
	Orthotics			
2.20	David J. Drez, Jr., M.D.			
3:30 p.m.	Protective Athletic Equipment:			
	New Ideas			
4.00	Byron A. Donzis			
4:00 p.m.	Diagnosis and Treatment of Ankle			
	Injuries David J. Drez, Jr., M.D.			
4:30 p.m.	Bus returns to Oak Hills Motor Inn			
	SWC Basketball Tournament			
Evening Saturday, March				
Moderator:	Kaye E. Wilkins, M.D.			
8:30 a.m.	Injury to the Eye and Orbit			
0.50 d.111.	Jean E. Holt, M.D.			
9:00 a.m.	Head Injury in Athletics			
5.00 0.111.	Allen Fred Kingman, M.D.			
9:30 a.m.	Cervical Spine Injury in Athletics			
525 01111	Arvo Neidre, M.D.			
10:00 a.m.	COFFEE BREAK			
10:30 a.m.	Injuries About the Shoulder			
	Charles A. Rockwood, M.D.			
11:00 a.m.	Elbow Problems in Athletics			
	Jerry D. Julian, M.D.			
11:30 a.m.	Injuries of the Hand and Wrist			
	Eugene T. O'Brien, M.D.			
12:00 Noon	LUNCH			
Moderator:	Jerry D. Julian, M.D.			
1:00 p.m.	Upper Extremity Rehabilitation			
	Charles A. Craven, M.Ed.			
1:30 p.m.	"Should He Or Shouldn't He			
	Return to Play"			
	J. Pat Evans, M.D.			
2:00 p.m.	The Pediatric Athlete			
0.00	Kaye E. Wilkins, M.D.			
2:30 p.m.	COFFEE BREAK			
3:00 p.m.	Chondromalacia			
2.20	Joe W. Tippett, M.D.			
3:30 p.m.	Problems in Women Joggers			
	Paul C. Trickett, M.D.			

4:00 p.m.	Swimming Injuries
	Kaye E. Wilkins, M.D.
4:30 p.m.	Reception - Auditorium Foyer
5:30 p.m.	Bus returns to Oak Hills Motor Inn
Evening	SWC Basketball Tournament
Sunday, March 2,	1980
8:30 a.m.	Bus from Oak Hills Motor Inn to
	The University of Texas Health
	Science Center at San Antonio
Moderator:	Jesse C. DeLee, M.D.
	Symposium on Knee Injuries
9:00 a.m.	Examination of the Knee
	John A. Evans, M.D.
9:30 a.m.	Ligament Injury of the Knee
	J. Pat Evans, M.D.
10:00 a.m.	Patellar Subluxation
	Jack H. Henry, M.D.
10:30 a.m.	COFFEE BREAK
11:00 a.m.	Arthroscopy In Athletics
	Jesse C. DeLee, M.D.
11:30 a.m.	Rehabilitation of the Knee
	Jerry D. Julian, M.D.
12:00 Noon	"Hip Pointers", Pulled Hamstrings
	and Other Musculosketetal Injuries
	of the Lower Extremity
	George N. Armstrong, Jr., M.D.
12:30 p.m.	Panel on Knee Injuries with All
	Participants
1:00 p.m.	CLOSING
	Bus returns to Oak Hills Motor Inn

Faculty

George N. Armstrong, Jr., M.D. Clinical Faculty John Peter Smith Hospital Fort Worth, Texas Charles A. Craven, M.Ed. Associate Professor of Physical Instruction Clinical Consultant to Inter-Collegiate Athletics and Physical Rehabilitation The University of Texas at Austin Jesse C. DeLee, M.D. (Course Co-Director) Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Byron A. Donzis Athletic Equipment Designer American Pneumatics Houston, Texas David J. Drez, Jr., M.D. Associate Clinical Professor of Orthopaedic Surgery Louisiana State University School of Medicine New Orleans, Louisiana J. Pat Evans, M.D. Orthopaedic Surgeon, Dallas, Texas Team Physician for Dallas Cowboys

John A. Evans, M.D., F.R.C.S. (C) Clinical Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Charles C. Garoni Instructor, Emergency Medical Service Education The University of Texas Health Science Center at San Antonio John A. Genung, M.D. Orthopaedic Surgeon Austin, Texas James D. Heckman, M.D. Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Jack H. Henry, M.D. Clinical Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Jean E. Holt, M.D. Assistant Professor of Ophthalmology The University of Texas Health Science Center at San Antonio Jerry D. Julian, M.D. Clinical Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Team Orthopaedic Surgeon, Athletic Department at The University of Texas at Austin Allen Fred Kingman, Jr., M.D. Clinical Professor of Neurosurgery The University of Texas Health Science Center at San Antonio Arvo Neidre, M.D., F.R.C.S. (C) (Course Co-Director) Clinical Assistant Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Eugene T. O'Brien, M.D. Associate Professor of Orthopaedics The University of Texas Health Science Center at San Antonio Charles A. Rockwood, Jr., M.D. Professor and Chairman Division of Orthopaedic Surgery The University of Texas Health Science Center at San Antonio Michael K. (Spanky) Stephens Head Athletic Trainer Department of Inter-Collegiate Athletics The University of Texas at Austin Melvin L. Thornton, M.D. Clinical Professor of Pediatrics The University of Texas Health Science Center at San Antonio Chairman of the American Academy of Pediatrics Committee on Physical Fitness, Recreation, and Sports

Joe W. Tippett, M.D.
Clinical Assistant Professor of Orthopaedics
The University of Texas Health Science Center
at San Antonio
Paul C. Trickett, M.D.
Director of Athletic Medicine
Director of Student Health Center
The University of Texas at Austin
Kaye E. Wilkins, M.D.
Clinical Associate Professor of Orthopaedics
The University of Texas Health Science Center
at San Antonio

Course Registration

Advance registration is essential. Registrations will be honored in the order they are received. Advanced registration fee is \$85.00 for physicians and \$45.00 for coaches and trainers. Late registration at the meeting, on February 29, 1980, will be \$100.00 for physicians and \$50.00 for coaches and trainers. The fee includes a luncheon and evening cocktails on Saturday. Refunds will be paid with notification prior to February 15, 1980.

Course Registration Form

Clip registration form, fill out and mail with check (payable to UTHSCSA) to the Office of Continuing Education Services, The University of Texas Health Science Center at San Antonio, 7703 Floyd Curl Drive, San Antonio, Texas 78284. Telephone (512) 691 7291.

SYMPOSIUM ON SPORTS MEDICINE February 29, March 1-2, 1980 The University of Texas Health Science Center Auditorium San Antonio, Texas

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Coaches & T	rainers 🗆 \$45	Physicians □ \$85
Name:		and the contract in
Address:		
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City, State, 7	Zip:	
Profession:	SS	S No.:
		(for record purposes
Motor Inn a	nd The Universiter Auditorium.	tion between Oak Hills sity of Texas Health
reception.	I the Saturday □ No	evening cocktail

I will participate in the CPR Course on Friday,

February 29, 1980

□ No

☐ Yes