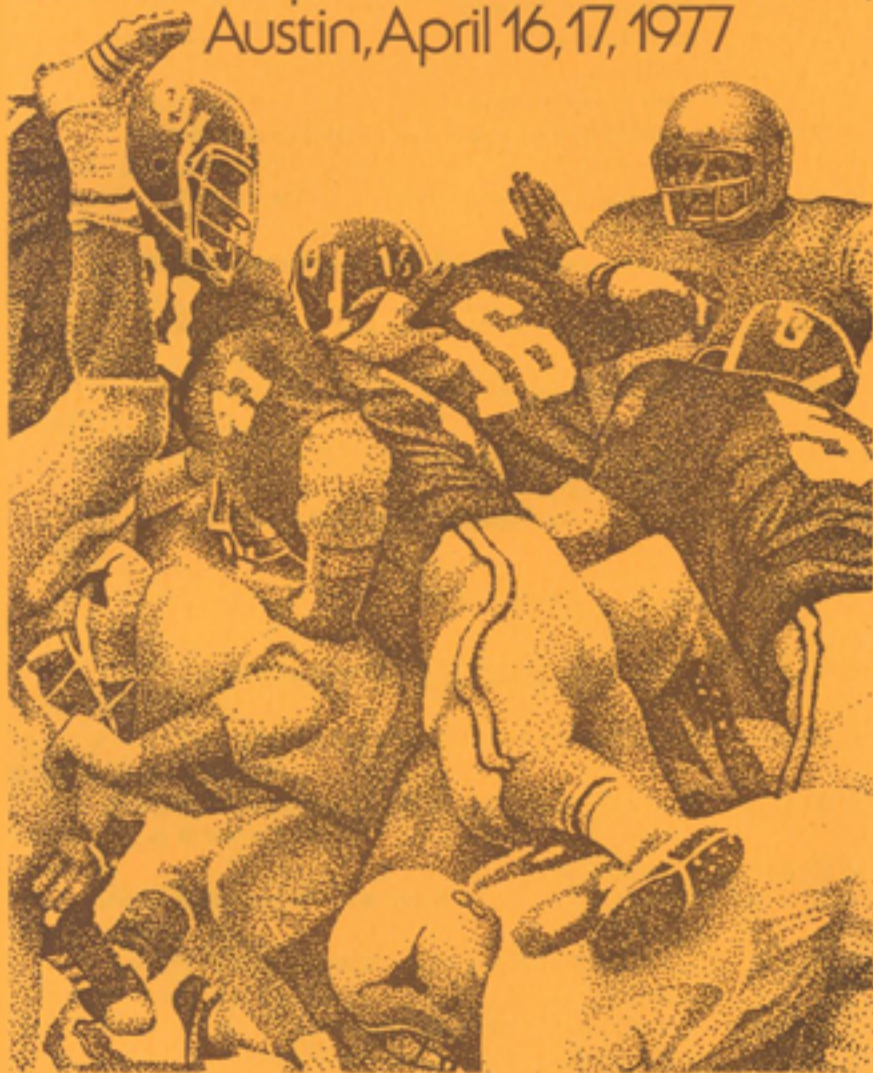


Fourth Annual Symposium On Sports Medicine

Joe C. Thompson Conference Center,
Austin, April 16, 17, 1977



Division of Orthopaedics
The University of Texas Medical School at San Antonio
Department of Athletic Medicine
The University of Texas at Austin

PROGRAM

Saturday, April 16

- 7:30 a.m. Registration, Joe C. Thompson Conference Center
8:30 a.m. Welcome and Opening Remarks
8:40 a.m. "General Condition for Prevention of Injury"
Dr. John A. Genung
9:10 a.m. "Heat Problems and Warm Weather Conditioning"
Dr. Melvin L. Thornton
9:40 a.m. "Protective Equipment in the Prevention of Injury"
Dr. Jerry D. Julian
10:10 a.m. Coffee Break
10:40 a.m. "Urologic Injuries" Dr. William P. Fitch
11:10 a.m. "Abdominal Injuries"
11:40 a.m. "Back Injuries" Dr. Arvo Neidre
12:15 p.m. Luncheon
1:30 p.m. "Soft Tissue Injuries" Dr. John A. Evans
2:00 p.m. "Injuries to the Adolescent Athlete and Pitfalls"
Dr. Kaye E. Wilkins
2:30 p.m. "Preadolescents in Sports" Dr. Melvin L. Thornton
3:00 p.m. Coffee Break
3:30 p.m. "Examination of the Ankle and Ankle Injuries"
Dr. Jack H. Henry
4:00 p.m. "Examination of the Foot and Foot Injuries"
Dr. James D. Heckman
4:30 p.m. "Rehabilitation of Foot and Ankle Injuries"
Mr. Charles W. Craven
5:00 p.m. Panel and Floor Discussion — Wrap Up of the day's session
5:30-7:00 Reception for Faculty, Registrants and Wives

Sunday, April 17

- 9:00 a.m. "Onfield Management of the Injured Player"
Dr. James D. Heckman
9:30 a.m. "Rehabilitation with Basic Equipment"
Mr. Charles W. Craven
10:00 a.m. "Physical Modalities in the Treatment of Athletic Injuries"
Dr. Kenneth B. Washburn
10:30 a.m. Coffee Break
11:00 a.m. "Examination of the Knee and Diagnosis of Knee Injuries"
Dr. John A. Evans
11:30 a.m. "Treatment of Knee Injuries and Indications for Surgery"
Dr. Jack H. Henry
12:00 p.m. "Rehabilitation of Knee Injuries" Dr. Jerry D. Julian
12:30 p.m. Panel and Floor Discussion — Closing

FACULTY

ARVO NEIDRE, M.D., F.R.C.S.(C), (Course Director), Instructor of Orthopaedics; The University of Texas Medical School at San Antonio; Assistant Chief, Orthopaedic Surgery, Audie Murphy Veterans' Administration Hospital, San Antonio.

CHARLES A. CRAVEN, M.Ed., Associate Professor of Physical Instruction; Consultant to Intercollegiate Athletics and Physical Rehabilitation, The University of Texas at Austin.

JOHN A. EVANS, M.D., F.R.C.S. (C), Instructor of Orthopaedics; The University of Texas Medical School at San Antonio.

WILLIAM P. FITCH, M.D., Clinical Instructor of Urology; The University of Texas Medical School at San Antonio.

JOHN A. GENUNG, M.D., Orthopaedic Surgeon; Austin, Texas.

JAMES D. HECKMAN, M.D., Assistant Professor of Orthopaedics; The University of Texas Medical School at San Antonio; Assistant Chief, Orthopaedic Surgery, Audie Murphy Veterans' Administration Hospital, San Antonio.

JACK H. HENRY, M.D., Clinical Assistant Professor of Orthopaedics; The University of Texas Medical School at San Antonio.

JERRY D. JULIAN, M.D., Clinical Assistant Professor of Orthopaedics; The University of Texas Medical School at San Antonio; Team Orthopaedic Surgeon, Athletic Department; The University of Texas at Austin.

FRANK E. MEDINA, B.A., Head Trainer, Department of Intercollegiate Athletics; The University of Texas at Austin.

MELVIN L. THORNTON, M.D., Clinical Professor of Pediatrics; The University of Texas Medical School at San Antonio; Chairman, American Academy of Pediatrics, Committee on Physical Fitness, Recreation, and Sports.

PAUL C. TRICKETT, M.D., Director of Athletic Medicine and Director of the Student Health Center; The University of Texas at Austin.

KENNETH B. WASHBURN, M.D., Associate Professor of Physical Medicine and Rehabilitation; The University of Texas Medical School at San Antonio.

KAYE E. WILKINS, M.D., Associate Professor of Orthopaedics; The University of Texas Medical School at San Antonio.

GENERAL INFORMATION

The Course

This year's symposium, designed for team physicians, coaches, and trainers will concentrate on injuries of the lower extremity, abdominal injuries, urogenital injuries and back injuries as well as their prevention and rehabilitation. Also included will be the topics of "Pre-season and General Conditioning," "Protective Equipment," and "The Management of Injuries With and Without Physicians." The format will be that of illustrated lectures, panels and discussion periods. There will also be demonstrations of taping and protective splinting, equipment and rehabilitation of the injured athlete. Participants are encouraged to bring problem cases and situations for the faculty to discuss in the question-and-answer sessions.

The Concept

Care of the injured athlete demands the full attention and concern of the entire sports medicine team: the trainer, the coach, and the physician. Foremost in the mind of the team should be the prevention of injury, followed by the treatment and rehabilitation of the athlete. The course provides a forum for the sports medicine team to discuss problems and concepts relating to preventing, treating, and rehabilitating injured athletes. Emphasis is placed on the prevention of injury by conditioning and the use of proper equipment. Commonly occurring problems and injuries relating to the lower limb, back, urogenital system, and abdomen will also be reviewed. The major portion of the course will be devoted to structured lectures, but with ample opportunity for interchange with the faculty provided after each didactic session and during informal group associations.

The Objectives

By the end of the course the participants should be able to:

1. Develop a concept of one's position on the sports medicine team.
2. Develop logical approaches to the prevention of injury by conditioning and utilization of proper protective equipment.
3. Diagnose commonly occurring injuries and advise the athlete regarding their treatment.
4. Initiate logical primary treatment following injury.
5. Develop comprehensive rehabilitation regimes following injuries to athletes.

HOTEL INFORMATION

A block of rooms has been reserved at the Villa Capri Motor Hotel, 2360 Inter-regional Highway, P.O. Box 1906, Austin, Texas 78767; Telephone (512) 476-6171. Reservations must be made by the participant himself directly with the Villa Capri Hotel by April 1, 1977. The Hotel is within a short walking distance from the conference center.

CREDIT

As an organization accredited for continuing medical education, The University of Texas Health Science Center at San Antonio certifies that this continuing medical education offering meets the criteria for 12 credit hours in Category I of the Physician's Recognition Award of the American Medical Association, provided it is used and completed as designed. It is also acceptable for 12 prescribed hours by the American Academy of Family Physicians.

COURSE REGISTRATION

The number of participants is strictly limited to 180; registrations will be honored in the order that they are received. Advanced registration fee is \$75.00 for physicians and \$35.00 for coaches and trainers. Advanced registration is requested, and full tuition is payable at the time of registration. Money will be refunded if requested at least two weeks prior to the beginning of the course. Late registration after April 1, 1977 will be \$90.00 for physicians and \$50.00 for coaches and trainers. The fee includes luncheon and evening cocktails on Saturday.

COURSE REGISTRATION FORM

Clip registration form, fill in and mail to:
Office of Continuing Education Services
The University of Texas Health Science
Center at San Antonio
7703 Floyd Curl Drive
San Antonio, Texas 78284

The Fourth Symposium on Sports Medicine
April 16, 17, 1977

Joe C. Thompson Conference Center
Austin, Texas

Physicians — \$75.00 Coaches or Trainers — \$35.00

Make check payable to "The University of Texas Health Science Center at San Antonio" or "UTHSCSA".

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Profession: _____ S.S. No.: _____