

PROGRAM

THURSDAY, January 31, 1985

- 6:30 p.m. Final Registration for CPR
Auditorium Foyer
- 7:00 - 10:00 p.m. **Certification Course in Cardiopulmonary Resuscitation**
Charles E. Garoni
- 7:00 - 8:00 p.m. Registration for Symposium
Auditorium Foyer

FRIDAY, February 1, 1985

- 7:00 - 7:30 a.m. Bus Shuttle from Oak Hills Inn to The University of Texas Health Science Center
- 7:00 a.m. Registration Continued
Auditorium Foyer
- Introduction:** Charles A. Rockwood, Jr., M.D.
Welcoming Remarks: Jesse C. DeLee, M.D.
- 7:30 - 7:45 a.m. **Sports Medicine: The Team Approach**
Paul T. Zeek, C.A.T., L.A.T.
- 7:45 - 8:05 a.m. **The Team Physician: Responsibilities, Guidelines and Rewards**
Paul C. Trickett, M.D.
- 8:05 - 8:20 a.m. **Athletic Emergencies: Diagnosis and Management**
James D. Heckman, M.D.
- 8:20 - 8:40 a.m. **The Acute Knee Injury: Criteria for Returning to Play**
Jerry D. Julian, M.D.
- 8:40 - 9:00 a.m. **Protective Knee Bracing: Placebo vs. Reality**
T.C. "Skip" Cox, L.A.T.
- 9:00 - 9:20 a.m. **Dermatology in Athletics**
Mark Weinstein, M.D.
- 9:20 - 9:40 a.m. **Reflex Sympathetic Dystrophy: Diagnosis and Treatment**
Robert G. Stone, M.D.
- 9:40 - 10:00 a.m. **Liability in Sports Medicine**
John F. Younger
- 10:00 - 10:20 a.m. **COFFEE BREAK**

SYMPOSIUM: Nutrition in Athletics

MODERATOR: Fred G. Corley, Jr., M.D.

- 10:20 - 10:40 a.m. **The Athlete's Diet: Nutritional Requirements**
Eleanor A. Young, Ph.D.
- 10:40 - 11:00 a.m. **Nutrition Morsels: Some Good, Some Bad**
Eleanor A. Young, Ph.D.
- 11:00 - 11:20 a.m. **Carbohydrates — Before, During and After Exercise**
Ted L. Edwards, M.D.
- 11:20 - 11:40 a.m. **Dietary Prevention and Treatment of Leg Cramps**
Ted L. Edwards, M.D.
- 11:40 - 12:00 noon **PANEL: Nutrition**
- 12:00 - 1:00 p.m. **LUNCH**

SYMPOSIUM: Head and Face

MODERATOR: Jerry D. Julian, M.D.

- 1:00 - 1:20 p.m. **The Head-Injured Athlete: When Can He Return to Play**
J. Fletcher Lee, M.D.
- 1:20 - 1:40 p.m. **Injuries of the Eye and Orbit**
Jean E. Holt, M.D.
- 1:40 - 1:55 p.m. **Maxillofacial Injuries in Sports**
Tom Jeter, D.D.S., M.D.
- 1:55 - 2:10 p.m. **Injuries of the Cervical Spine**
Harry A. Snowdy, M.D.
- 2:10 - 2:25 p.m. **Brachial Plexus Injuries: Evaluation and Treatment**
Fred G. Corley, M.D.
- 2:25 - 2:40 p.m. **Common Head Injuries**
E.T. O'Brien, M.D.
- 2:40 - 3:10 p.m. **Throwing Injuries of the Upper Extremity**
Frank C. McCur, M.D.
- 3:10 - 3:30 p.m. **Rehabilitation of the Upper Extremity from a Trainer's Standpoint**
Joe Giack, Ed.D., R.P.T., A.T.C.
- 3:30 - 3:50 p.m. **COFFEE BREAK**

SYMPOSIUM: The Skeletally Immature Athlete

MODERATOR: Peter L.J. McGanity, M.D.

- 3:50 - 4:10 p.m. **Psychological Aspects of Children's Sports**
Kaye E. Wilkins, M.D.
- 4:10 - 4:30 p.m. **Sequential Motor Activity**
John R. Seals, M.D.
- 4:30 - 4:50 p.m. **Conditioning Techniques in the Immature Athlete**
Earl A. Stanley, M.D.
- 4:50 - 5:10 p.m. **Shoulder Injuries in the Adolescent**
Charles A. Rockwood Jr., M.D.
- 5:10 - 5:30 p.m. **Adolescent Lower Extremity Injuries**
Peter L.J. McGanity, M.D.
- 5:30 - 5:50 p.m. **Panel**
- 5:50 - 7:00 **COCKTAIL RECEPTION**
Auditorium Foyer
- 6:30 - 7:30 p.m. **Bus Shuttle to Oak Hills Inn**

SATURDAY, February 2, 1985

SYMPOSIUM: Techniques and Pitfalls in Rehabilitation

MODERATOR: John A. Evans, M.D.

- 7:30 - 7:45 a.m. **State of the Art Modalities**
John Krusenklau, R.P.T., A.T.C.
- 7:45 - 8:00 a.m. **Thermography**
Joel Rutstein, M.D.
- 8:00 - 8:20 a.m. **The Medical Bag: Contents and Uses**
Frank M. Ivey, M.D.
- 8:20 - 8:40 a.m. **Equipment and Taping Modifications in the Training Room**
Jim Murphy, C.A.T., L.P.T.

SYMPOSIUM: The Knee in Sports

MODERATOR: Jesse C. DeLee, M.D.

- 1:00 - 1:20 pm **Clinical Anatomy of the Knee**
J. Pat Evans, M.D.
- 1:20 - 1:40 p.m. **Principles of Knee Rehabilitation**
Larry Gardner, L.P.T., L.A.T.
- 1:40 - 2:00 p.m. **Indications for Non-operative Treatment of Knee Injuries**
Jerry D. Julian, M.D.
- 2:00 - 2:40 p.m. **Indications for Surgical Treatment in Acute Knee Injury**
J. Pat Evans, M.D.
- 2:40 - 3:00 p.m. **Anterior Knee Pain**
Jesse C. DeLee, M.D.
- 3:00 - 3:20 p.m. **Protective Rehabilitation and Functional Knee Bracing: Truth and Fantasy**
David J. Drez, M.D.
- 3:20 - 3:45 p.m. **COFFEE BREAK**
- 3:45 - 5:15 p.m. **Workshops:** Participants will be assigned to groups and will attend three of the six workshops. Indicate selection on registration form.

Workshop I: *Nutrition/Metabolism*
Eleanor A. Young, Ph.D. • Ted L. Edwards, M.D. • James Gasparó, Jr., M.D. • James F. Dunn, M.D.

Workshop II: *Taping and Rehabilitation Techniques*
Charles W. Craven, M.Ed. • Michael K. "Spanky" Stephens, C.A.T., L.A.T. • Henry J. Budwell, M.Ed., L.A.T.

Workshop III: *Myofascial Pain*
William T. Blessum, M.D. • John Krusenklaus, R.P.T., A.T.C.

Workshop IV: *The Upper Extremity in Sports*
Frank C. McCue, M.D. • Frank M. Ivey, M.D. • Joe Geick, Ed.D., R.P.T., A.T.C.

Workshop V: *Knee Evaluations*
Jesse C. DeLee, M.D. • Jerry D. Julian, M.D. • David J. Drez, M.D. • Robert G. Stone, M.D.

Workshop VI: *Ankle Evaluation*
John A. Evans, M.D. • Rex Hartwig, L.A.T. • Bernie LaReau, C.A.T., L.A.T. • Charles Cortez, L.A.T.